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82nd Annual
Sanibel Shell Festival
March 7, 8 & 9
The Community House



VOL. 26, NO. 35

SANIBEL & CAPTIVA ISLANDS, FLORIDA

MARCH 1, 2019

MARCH SUNRISE/SUNSET: 1 6:53 • 6:29 2 6:52 • 6:30 3 6:51 • 6:30 4 6:50 • 6:31 5 6:49 • 6:31 6 6:48 • 6:32 7 6:47 • 6:32



Part of Jeffrey Oth's collection of Victorian shell treasures

photo provided

Victorian Shell Treasures Display

Sanibel shell aficionado Jeffrey P. Oths is currently displaying nearly 100 pieces from his Victorian antique shell art collection in the lobby

at the main entrance to the Sanibel Public Library.

Elsie Malone's shell collection was in storage during the renovation and is now back on display in the main entrance. Malone's large collection of Florida and Caribbean shells includes many rare

continued on page 10

Artist Reception This Saturday

BIG ARTS will close out its fine arts season with two shows and an artist reception on Saturday, March 2 at 5:30 p.m. with complimentary wine and hors d'oeuvres. Phillips Gallery will display the exhibit Lifecycles, the works of Sue Pink, and Founders Gallery will show Homage to the Square, an open juried show featuring artists from around the country.



Watercolor by Sue Pink

image provided

Pink is an award-winning artist. All are welcome to explore her distinct style and how reflections on life impact her work. Working in the abstract manner has allowed Pink to emotionally tie her work to the viewer. She begins each work with spontaneity and immediate content, relating reflections of past experiences and acquaintances. Color and texture are major elements in her work, along with her signature muted pallet.

Pink is a signature member of the American Watercolor Society, National

continued on page 13



Jon Manasse and Jon Nakamatsu

photos provided

Island Tradition Continues With Music Festival

On Saturday, March 2, the Sanibel Music Festival, an island tradition, will begin its 33rd consecutive season of bringing outstanding repertoire and artists to the island. This year's festival will feature Jon Nakamatsu and Jon Manasse, piano and clarinet; the Horszowski Piano Trio; Wu Han and Chamber Music Society of Lincoln Center; The Handel and Haydn Society of Boston; Opera Theater of Connecticut presenting singing Sondheim on Sanibel and Star-Crossed Lovers in Opera; and the New York Brass Arts Trio. All concerts begin at 7:30 p.m.

throughout the month of March on Tuesdays and Saturdays at the intimate setting of Sanibel Congregational United Church of Christ, located at 2050 Periwinkle Way on Sanibel. For ticket information and a brochure, call the festival hotline at 344-7025 or visit www.sanibelmusicfestival.org. Tickets are \$50 for each concert and may be ordered online. Tickets are available for purchase at Bank of the Islands, located at 1699 Periwinkle Way on Sanibel. Cash and check only. Ticket order forms are available at Sanibel Captiva Community Bank, located at 2475 Library Way on Sanibel.

This year's lineup:

Saturday, March 2 - Jon Nakamatsu and Jon Manasse, Piano and Clarinet

Comprised of two of America's most distinguished artists, this duo immediately



Horszowski Piano Trio



Wu Han and Chamber Music Society of Lincoln Center

established itself with a highly-regarded 2004 performance in Boston. Pianist Jon Nakamatsu first performed for the festival in 1998 after he won the Gold Medal in the 10th Cliburn International. Jon Manasse has served as principal clarinetist

of the Metropolitan Opera Orchestra under James Levine.

The two have played some of the country's most prestigious series, including NYC's Mostly Mozart Festival, and DC's

continued on page 22

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Robin Harris and Rick Batt modeling the 2019 Sanibel Shell Festival T-shirts photo provided

Commemorative Shell Festival T-shirts Unveiled

The Sanibel-Captiva Shell Club has created a new T-shirt for the 2019 Sanibel Shell Festival. It features the shells which can be found on the beaches of Sanibel and Captiva and was created by Sanibel-Captiva Shell Club member and graphic artist Andrea Schopf. The ladies V-neck shirts come in aqua, coral and lavender. The unisex and crewneck T-shirts come in heather blue, light gray and aqua. All shirts sell for \$15.

One hundred percent of the profits from T-shirts sales, like the other income from the Sanibel Shell Show, are given out in the form of grants to marine science-related programs and scholarships to the marine science departments of the University of South Florida and Florida Gulf Coast University.

The T-shirts will be available for sale at the Sanibel Shell Festival, which will take place at The Community House on Thursday, Friday and Saturday, March 7, 8 and 9. Hours are 9 a.m. to 5 p.m. Thursday and Friday, and 9 a.m. to 4 p.m. Saturday.

The Community House is located at 2173 Periwinkle Way on Sanibel.*



Sanibel Captiva Art League members will have original works in a variety of media for sale photo provided

Art On The Veranda Sale Next Saturday

The Sanibel Captiva Art League will hold its Art on the Veranda sale at Bailey's General Store on Saturday, March 9 from 10 a.m. to 3 p.m. Award-winning artists from the Sanibel Captiva Art League will bring their original works

of art for sale. Among the media will be watercolors, acrylics, oils, pastels and collage. Styles and subjects are diverse and there is always plenty of local interest art.

A number of the artists will be on hand to visit with shoppers and discuss their works.

Bailey's General Store is located at the corner of Periwinkle Way and Tarpon Bay Road on Sanibel. For more information, visit www.sancapart.com.*



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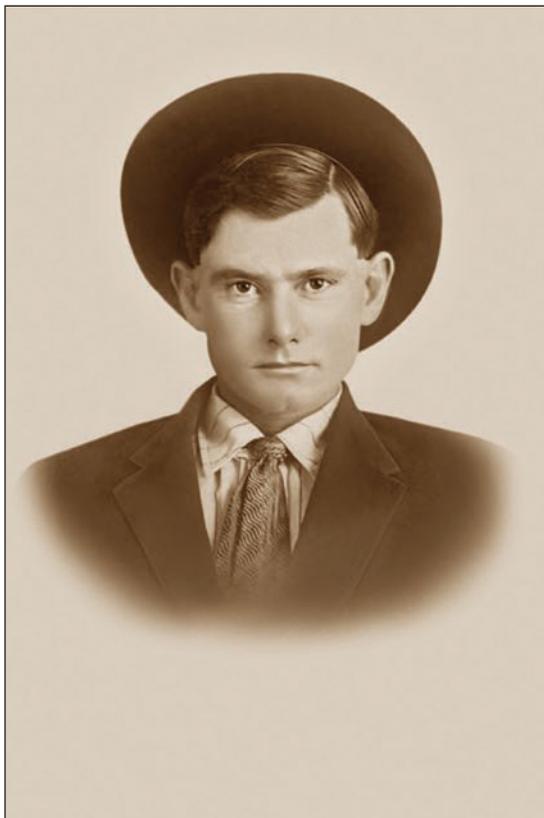
Captiva Island Historical Society

Looking Back: Gordon Bennett Brainerd

This photograph, circa 1910, is of Gordon Bennett Brainerd. He was the adopted son of Herbert D. and Hattie Brainerd, and father of Beulah Brainerd Wiles. He suffered an untimely death on Buck Key on April 1, 1912.

The History Gallery, developed by the Captiva Island Historical Society (CIHS), features many photos like this. All ages are welcome to step aboard a wooden replica of the old mailboat, *Santiva*, to capture the spirit of Captiva and learn through graphic and video panels about the events and people that shaped the island. The History Gallery is accessed through the Captiva Memorial Library, located on Chapin Lane and open during library hours. Call 533-4890 for information.

Visit the Captiva Island Historical Society website www.captivaishistorical.org/archives/research to view many more images to bring you closer to Captiva. ✨



Gordon Bennett Brainerd (1887-1912)
photo courtesy CIHS archives

Churches/Temples

ANNUNCIATION GREEK ORTHODOX CHURCH

Reverend Father Dean Nastos, Orthos Service Sunday 9 a.m., Divine Liturgy Sunday 10 a.m., Fellowship Programs, Sunday School, Bible Study. www.annunciation.fl.goarch.org, 8210 Cypress Lake Drive, Fort Myers, 481-2099.

BAT YAM-TEMPLE OF THE ISLANDS

The Reform Jewish congregation has Friday Shabbat services at 7:30 p.m. (7 p.m. from May to Sept.) in Fellowship Hall of Sanibel Congregational UCC. Rabbi Stephen Fuchs, President Alan Lessack. www.batyam.org, 2050 Periwinkle Way, 579-0296.

HISTORIC CAPTIVA CHAPEL BY THE SEA

The Rev. Dr. John N. Cedarleaf Services every Sunday 11 a.m. November 11, 2018 thru April 28, 2019. 11580 Chapin Lane, Captiva, 472-1646.

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SANIBEL FELLOWSHIP, sbc

Join us for Bible study and Worship Sunday 10 a.m. at Island Cinema. Call Pastor Mark Hutchinson, 284-6709.

SANIBEL COMMUNITY CHURCH

Dr. Stephen LeBar, Interim Senior Pastor Sunday Worship: 8 a.m. Traditional in Historic Chapel; 9 a.m. Contemporary and Children's Church in Main Sanctuary; 11

a.m. Traditional in Main Sanctuary. Childcare available at all services. www.sanibelchurch.com, 1740 Periwinkle Way, 472-2684

SANIBEL CONGREGATIONAL UNITED CHURCH OF CHRIST

The Reverend Dr. John H. Danner, Sr. Pastor. The Reverend Deborah Kunkel, Associate Pastor. 7:45 a.m. Chapel Service, 9 a.m. Blended Worship Service, 11 a.m. Traditional Worship Service. Sunday School and nursery care at 9 a.m., www.sanibelucc.org, 2050 Periwinkle Way, 472-0497.

ST. ISABEL CATHOLIC CHURCH

Pastor Reverend Christopher Senk, Saturday Vigil Mass 5 p.m., Sunday Mass 8:30 and 10:30 a.m., Sunday Mass through October 9:30 a.m. only. Daily Mass Wednesday, Thursday and Friday 8:30 a.m. Holy Days call. 3559 San-Cap Road, 472-2763.

ST. MICHAEL & ALL ANGELS EPISCOPAL CHURCH

The Rev. Dr. Ellen Sloan, Rector. Saturday Eucharist 5 p.m. Sunday Eucharist 8 and 10:30 a.m. Sunday School 10:30 a.m. (until May 20). Tuesday Morning Prayer 9 a.m. Wednesday Healing Eucharist 9 a.m. Prayer and Potluck first Wednesdays 6 p.m. Taizé Service third Wednesdays 6 p.m., www.saintmichaels-sanibel.org, 2304 Periwinkle Way, 472-2173.

UNITARIAN UNIVERSALISTS OF THE ISLANDS

Meets 5 p.m. on the second Sunday of each month from December through April at the Sanibel Congregational Church. A pot luck is held at a member's home on the third Sunday of each month. ryi39@aol.com, 2050 Periwinkle Way, 433-4901. ✨



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The Community House



Oscar the Octopus will be in the Sanibel Shell Show Artistic Division this year. He was too big to qualify for the competition so he will be a non-competitive exhibit. He was created by Diane Seeger from Punta Gorda. photos provided

Kids Cooking

Young chefs are invited to work alongside Chef Jarred Harris and cook up a Caribbean feast on Friday, March 1 from 2:30 to 5:30 p.m. Cost is \$50 per child.

Sanibel Shell Festival

The 82nd annual Sanibel Shell Festival will be held on March 7, 8 and 9. Hours are 9 a.m. to 5 p.m. on Thursday and Friday, and 9 a.m. to 4 p.m. on Saturday. A raffle drawing for six prizes will be held on Saturday at 3 p.m. Tickets will be available during the festival and you need not be present to win.

There is no admission charge for the outdoor shell show. There is a \$5 donation to enter the Scientific and Artistic Division Exhibition Hall featuring artists and shell collectors from around the world. Your donation includes a bag of local shells and one free admission to the Bailey-Matthews National Shell Museum redeemable during the 2019 Sanibel Shell Festival (up to \$15 value). Funds raised from donations are awarded in grants to local educational and conservation organizations, as well as marine science scholarships for students at local universities.

Noted authors will also be signing and selling copies of their books inside at the Authors' Table.

Chef Demonstration

Chef Jarred Harris will lead a vegetarian cooking demonstration on Thursday, March 12 from 10 a.m. to noon. Cost is \$50 for members and \$60 for guests.

Dine and Design Workshop

Discover the Wonderful World of Window Treatments with the design team from Decorating Den Interiors on Monday, March 18 from noon to 2 p.m. The presentation will begin after lunch,



The next Dine and Design workshop will be held on March 18

prepared by Chef Jarred Harris. Cost is \$30 and reservations are required by March 11.

Yoga Classes

Yoga for all levels with Barbara Cline is held on Mondays and Thursdays at 8:30 a.m.

On Tuesdays, Vinyasa yoga with Susan Pataky begins at 10 a.m.

Sanibel Yoga for all levels is held at 10 a.m. on Thursdays with Susan Pataky.

Sanibel Yoga Chi (gentle) is held at 11:15 a.m. on Tuesdays and Thursdays with Susan Pataky.

Free Health Talk

Ross Hauser, MD, and Marion Hauser, MS, RD, will hold a free health talk and answer questions on Wednesday, March 13 from 5:30 to 7:30 p.m. Among the

topics to be discussed will be how to avoid joint and spine surgery.

The Hausers are full-time Sanibel residents and owners of Caring Medical Regenerative Medicine Clinics in Fort Myers and Chicagoland. They have authored over 30 medical research articles and nine books, including *Prolo Your Pain Away*.

RSVP to Rachell Vera at 303-4069 or verar@caringmedical.com.

Shell Crafting

Shell craft lessons are held at 10 a.m. on Mondays. All ages are welcome but

children must be accompanied by an adult. Shell Crafters are on site until 1 p.m. on Mondays for those who would like to view or purchase their work.

Honey For Sale

Locally harvested honey is for sale, as well as chutneys and other products made by Chef Jarred Harris.

*The Community House is located at 2173 Periwinkle Way. For more information, visit www.sanibelcommunityhouse.net or call 472-2155.**

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Before the movie, youngsters had ice cream at Joey's Custard

photos provided

A Night At The Movies For Youth Ministry

In the late evening on February 1, Sanibel Community Church H2O Youth Ministries gathered at Bailey's Center. Their first stop at 9 p.m. was Joey's Custard. Each student had a two-scoop ice cream sundae with unlimited toppings. Joey Almeida, owner of Joey's Custard, donated the ice cream sundaes to the students. When the group entered the business, youth leader Rick Zurbriggen welcomed everyone and handed out a gold coin. The students could trade their gold coin for a box of movie theater candy, compliments of H2O Youth Ministries.

Connect Four, ring toss, Uno and other nostalgic games kept the teens busy while conversing with friends.

Students then walked over to Island Cinema for a feature presentation of *God's Not Dead*. Island Cinema owners donated their time and opened the theater to the group. Every seat in the theater was filled, and some teens were even sitting on the floor. Over 70 middle school and high school students watched the movie while having popcorn and water, compliments of Joey's Custard and H2O Youth Ministries. At the end of the movie, the News Boys sang their song *God's Not Dead* and challenged the audience to text everyone in their contacts list with that message.

Sanibel Community Church extends its thanks to Bailey's Island Cinema and Joey's Custard for investing in the teens



Ready to watch the movie at the theater

and for partnering with the youth group in providing a Friday night of food, film, fun and friendship.

H2O Student Ministries is a youth ministry program for sixth through 12th grade young men and women. The group meets on Wednesday evenings from 5 to 7 p.m. for middle school students, 6 to 8 p.m. for high school students, and on Sunday mornings from 11 a.m. to noon in the youth center at Sanibel Community Church. All students on the island and surrounding communities are welcome to attend.

Sanibel Community Church is an evangelical, non-denominational congregation and is located at 1740 Periwinkle Way (next to Jerry's Market).✱

Chapel By The Sea Lent And Easter Services

The season of Lent, 40 days not including Sundays, begins on Ash Wednesday, March 6. There will be a service at noon that day at Captiva's Chapel by the Sea, which will include Holy Communion and the imposition of ashes. Each Wednesday during the Lenten season, there will be a brief service of Holy Communion at noon.

Palm Sunday commemorates the entrance of Jesus into Jerusalem where he would die on Good Friday. Maundy or Holy Thursday, April 18 remembers Jesus' last supper with his disciples in the upper room. There will be a service of Holy Communion and Tenebrae at 7 p.m. Tenebrae is an ancient service of readings and extinguishing of candles, which recalls the last events in the life of Jesus.

Good Friday, the day on which Jesus died, will be commemorated with a service at noon. On Easter Day, April 21, there will be a gathering to celebrate the resurrection of Jesus from the grave on the first Easter. There will be Easter music and the story of Jesus' resurrection will be read.

Sunday services at Captiva Chapel by the Sea are held at 11 a.m. from the second Sunday of November through the last Sunday of April. All are welcome. The chapel is located at 11580 Chapin Lane on Captiva.✱

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OBITUARY



**WILLIAM "BILLY"
EDWARD KLIER, JR.**

William Edward Klier, Jr. (Billy Klier) of Sanibel, Florida died suddenly on February 18, 2019 at HealthPark in Fort Myers, Florida. He was born on December 8, 1941 in Detroit, Michigan. He was a tradesman;

a retired heavy equipment operator, a master of masonry.

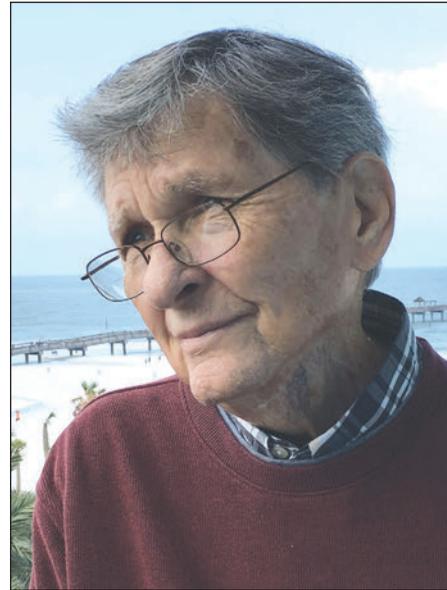
William was very proud to have served our country as a Vietnam veteran of the Army with two honorable discharges along with many honors and awards. He was a pilot, loved airplanes, motorcycles, golfing, fishing, gardening and cooking.

Billy loved, touched and knew Sanibel Island. He could share a story and history to go along with almost anything you could point at while taking a drive or a stroll through the islands. He loved the days of the Sanibel airstrip. Billy met everyone with a smile bright enough to rival even the sunniest days on Sanibel. He was warm, kind, genuine and loved near and far by so many.

Billy was preceded in death by his parents; survived by a sister, Judy Wilkenson of Michigan; brother, Robert Klier of California; and brother, Stephen Redmond of South Carolina; as well as many loving nieces and nephews. Billy will be greatly missed by friends and loved ones near and far.

A celebration of his life will be held oceanfront at 3 p.m. this Sunday, March 3 at 6351 Sanibel-Captiva Road on Sanibel. Friends and family are welcome.✧

OBITUARY



JOHN PATRICK DOWLING

John Patrick Dowling, 84, passed away Sunday, February 3, 2019 at his home in San Antonio, Florida from heart failure. He was surrounded by his loving family. He was born July 30, 1934 in Brooklyn, New York. He

was a Korean War veteran, U.S. Army. He and his wife, Maggie, lived for several years in Gulf Shores on Sanibel.

He retired in Washington, DC from the American Federation of State County Municipal Employees union, as director of education. He was one of the unions' most effective union organizers.

After retiring, he worked extensively in East Europe with trade unions in Romania, Belarus, Bulgaria, Croatia, Kosovo, Russia, Slovakia and Solidarnosc in Poland. His initial work was an integral part of the political action initiatives in the Presidents Reagan and Bush administrations to promote democracy and strengthen unions as a bulwark against Communism. He lived in Warsaw, Bern and Copenhagen with his wife, Maggie, on her U.S. Foreign Service assignments.

He survived by his wife, Maggie, his three children, John, Carrie and Anne, two grandchildren, many nieces and nephews, including Jim Dowling (wife, Marina of BIG ARTS), Tom Dowling (wife Maureen) and Dave Horn (wife Margaret).

He will be interred at Arlington National Cemetery at a later date. The funeral mass was at Point Lookout, New York, Our Lady of Miraculous Medal Catholic Church.✧

Email editorial copy to: press@islandsunnews.com

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Planners Approve Tennis Court, BIG ARTS Permits

by Jeff Lysiak

On Tuesday, members of the Sanibel Planning Commission voted unanimously to approve a development permit that will allow the construction of a single-family dwelling with both a screen-enclosed swimming pool and screen-enclosed tennis court at a property within the Gumbo Limbo subdivision.

According to the community services department staff report, Ryan Martinson, owner of the two-lot parcel at 1639 Serenity Lane, submitted an application to construct an elevated two-story residence to include a screened pool and tennis court. Together, the residence and accessory structures measure approximately 75 feet by 150 feet, with the screen enclosure above the tennis court approximately 33 feet tall.

Following the presentation delivered by senior planner Roy Gibson, several commissioners questioned a number of details included within the application. Commissioner Karen Storjohann asked if the city's department of natural resources had reviewed the vegetation plan for the residence, noting that vegetation along the tennis court side of the property looked "a little scant." Holly Milbrandt, deputy director of natural resources, confirmed that the proposed vegetation plan was sufficient. "There's more existing vegetation there than what's shown," she added.

Commission Chairman Chuck Kettelman asked what the applicant's rationale was for enclosing the tennis courts. Martinson responded that in addition to providing some shade, the screening would help protect the court's surface from natural elements and environmental conditions (i.e. storms, rain, wind). Storjohann also questioned what hours the homeowner planned on playing tennis, since the plans called for the courts to be illuminated.

Gibson also pointed out that the Gumbo Limbo Property Owners Association supported approval of the

proposed application, as did a majority of emails and letters received by the city from immediate neighbors surrounding the property. However, a number of local residents expressed their concerns over the application. Ray Seacrest asked why the tennis court enclosure had to exceed 30 feet while Nina Orwell and Renee Brand worried about the level of noise generated by tennis play.

Following some additional debate, Vice Chair Roger Grogman made a motion to approve the application subject to 13 conditions – including compliance with the city's lighting standards – recommended by staff. Commissioners approved the application, 7 to 0.

In other business, a conditional use permit to allow for the complete redevelopment and re-establishment of existing uses for the BIG ARTS building complex on Dunlop Road was approved.

According to the staff report, presented by Gibson, BIG ARTS plans to redevelop its leased building complex site by demolishing all existing buildings and replacing them with a new building approximately 30,865 square feet. That would include a 410-seat performance hall, galleries, classrooms, meeting space and administrative offices. Proposed site improvements include new landscaping, patios, decks, walkways and a reconfigured parking area.

"In staff's opinion, the applicant has demonstrated compliance with the specific and general requirements for the conditional use permit application submitted for institutional use approval," Gibson said.

Represented by Executive Director Lee Ellen Harder, project engineer Ahmad Kareh, project architect Amy Nowacki and others, the BIG ARTS group answered a number of questions from commissioners. Storjohann asked whether the proposed kitchen facility would be a full kitchen or a catering kitchen, and what impact the construction would have upon the neighboring Sanibel Historical Museum & Village. Harder responded that no foods would be cooked onsite, while Kareh said that accommodations have been made to redirect traffic from the existing ingress/egress to a temporary one during construction.

"It's been a great experience and a

great process," said Harder. "We're really excited about this project."

Commissioners voted, 7 to 0, to approve the application. Plans call for the BIG ARTS project to begin by April 1, with an expected completion timeframe of 10 months. Programming is anticipated to return to the new complex in January 2020, with staff moving in to their new facilities the following month.✪

City Honoring Purple Heart Medal Recipients

On Tuesday, March 5 at 9 a.m., the City of Sanibel will recognize members of the community who are Purple Heart recipients. Mayor Kevin Ruane and the Sanibel City Council invite all residents and visitors who have been awarded the Purple Heart medal to gather in the Sanibel council chambers at city hall to be honored. Family members of persons who have received a Purple Heart medal are also welcome to attend.

The Purple Heart medal is presented to service members who have been wounded or killed as a result of enemy action while serving in the U.S. military. In 1782, President George Washington created the Badge of Military Merit as our country's first military decoration and the predecessor of the Purple Heart. President Washington designed the original award as a badge in the form of a cloth purple heart. Before 1782, most military awards were presented only to officers for grand victories in battles. The Purple Heart was one of the first awards in military history to also be presented to enlisted soldiers and noncommissioned officers for their outstanding service.

In 1932, Army General Douglas MacArthur developed the current design of the Purple Heart medal in conjunction with the bicentennial of George Washington's birthday.

Upon honoring Purple Heart recipients, the Military Order of the Purple Heart will present a plaque to Mayor Ruane and the council designating Sanibel a "Purple Heart City."

Sanibel City Hall is located at 800 Dunlop Road.✪

Volunteers Sought For Invasive Plant Removal

Volunteers are needed to help remove invasive plants at Lee County's Mullock Creek Preserve on Saturday, March 2 from 8 a.m. to noon. This is part of the statewide Weed Wrangle volunteer effort.

Weed Wrangle is a one-day, statewide volunteer effort organized by the Garden Club of America, the Florida Invasive Species Partnership and Florida's 16 regional Cooperative Invasive Species Management Areas (CISMAs). It is intended to protect local conservation areas through the removal of especially harmful trees, vines and invasive plants.

The effort is planned as part of National Invasive Species Awareness Week from February 25 through March 3. Lee County's Conservation 20/20 is partnering locally with Southwest Florida CISMA to host a volunteer project to remove invasive vegetation at Mullock Creek Preserve, located near the intersection of U.S. 41 South and Shadow Creek Boulevard in south Fort Myers, about two miles north of Koreshan State Park. Detailed location and parking instructions will be provided to volunteers who register.

Volunteers are asked to register in advance, as space is limited. To register, contact Roxanne Taylor, Conservation 20/20 coordinator, at 220-9914. Anyone age 13 and up may volunteer.

Volunteers will be hand-pulling and removing non-native and invasive plants. Conservation 20/20 staff will supervise and provide all tools and protective gloves.

Volunteers must wear long pants (comfortable lightweight jeans or khakis recommended), lightweight long-sleeved shirt and closed-toed shoes that can get dirty. No sandals or flip-flops.

Volunteers should bring a hat, sunglasses, sunscreen, bug spray and a refillable water bottle.

Each volunteer will receive a free one-day pass to a Lee County Parks & Recreation year-round pool.✪

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Sanibel & Captiva Islands

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CARD OF THANKS



Kyler Kouril photo provided

Boy Scout Troop 1740 of Sanibel would like to thank the residents of Heron's Landing 1 and 2 for their kindness and generosity in participating in the Scouting for Food drive that took place at the end of January. The Scouts were able to collect several items of dry goods that they delivered to FISH of SanCap to help stock the food pantry.

For more information about Scouting, contact Kim Kouril at kouril2013@gmail.com.*

Hymn Sing At Sanibel Church

Sanibel Community Church invites the residents and visitors to an old-fashioned hymn sing on Sunday, March 3 at 6 p.m. Participants will gather in the over 100-year-old historic chapel and share songs of faith. You might be able to stump the organist with a request, but if you do, you'll have to sing it.

Cookies and punch will be served afterwards in the courtyard. Everyone attending will receive a gift.

A love offering will be received for the church mission focus in Haiti.

Sanibel Community Church is an evangelical, non-denominational congregation with the church campus at 1740 Periwinkle Way on Sanibel. For more information, call 472-2684 or visit www.sanibelchurch.com.*

Southwest Florida Birding Seminar

The 5th annual Southwest Florida Birding Seminar will take place at Florida Gulf Coast University (FGCU) on Friday, March 15 and Saturday, March 16. The annual seminar explores the science and value of birds in Southwest Florida and beyond.

The event, sponsored by UF/IFAS Lee County Extension and Conservation 20/20, will include field trips to local bird hot spots. Birders of all levels are

welcome.

Friday's activities will be held from 8 a.m. to 4 p.m. and include:

Six Mile Cypress Slough Preserve North birdwatching tour – Participants will join a Conservation 20/20 guide at one of Lee County's newest Conservation 20/20 preserves opened to the public; possible sightings include birds of prey, warblers and woodpeckers.

San Carlos Bay-Bunche Beach Preserve sunrise birdwatching tour – Participants will join a Lee County bird patrol guide to explore the natural beach habitat at this Conservation 20/20 preserve, which is critical to the survival of many shorebird species.

Daniels Preserve at Spanish Creek birdwatching tour – Participants will

join a Lee County bird patrol guide to explore this birding hotspot in Alva; possible sightings include swallow-tailed kite, wading birds and warblers.

Photographing Birds instructional workshop at Powell Creek Preserve in North Fort Myers – Participants will learn beginners' tips for photographing birds, including scouting for birds, anticipating behavior and recommended camera angles.

Saturday's activities will be held from 8:30 a.m. to 4 p.m. at Florida Gulf Coast University and include presentations from expert speakers about birds. Topics will include birdwatching around the world, the effects of red tide on birds and tracking bird sightings using online apps.

Among the list of speakers are Robin Bast, staff veterinarian with the Clinic for the Rehabilitation of Wildlife (CROW) on Sanibel who will speak about treating birds affected by red tide, and Mark McBride, a biologist with the Florida Fish and Wildlife Conservation Commission who will discuss ducks in Florida.

Registration is \$35 for both days, which includes a catered lunch on Saturday. To register, visit www.2019birdingseminar.eventbrite.com.

For more information, contact Jason Boeckman, Conservation 20/20 coordinator, at jboeckman@leegov.com, or 204-1125.*



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Friendly Faces Luncheon is a monthly luncheon offered on the 2nd Tues. of each month, year-around, in partnership with George & Wendy's Seafood Grille. The price fixed lunch includes an entrée, a side dish, non-alcoholic drink and dessert and is an opportunity to meet new friends and reconnect with old ones. May be subsidized to qualifying participants

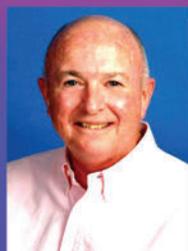
The Visitation Program offers visits with neighbors who may be homebound, or desire a friendly conversation or whose caregiver needs a respite break. Participants receive visits as needed or on a set schedule and may opt in/out of the program. Offers socialization and conversation to help combat loneliness

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Sanibel Captiva Orchid Society Meeting

John Romano, who runs orchid groups on Facebook and You Tube, will be the speaker at the Monday, March 18 meeting of the Sanibel Captiva Orchid Society. Romano started growing orchids in 1979 at the age of 13. He has worked as grower at a number of nurseries including JEM Orchids in Delray Beach, Florida. He is a member of the Coalition of Orchid Species and is a popular speaker at orchid societies. The meeting will take place at 1:30 p.m. at St. Michael & All Angels Episcopal Church, located 2304 Periwinkle Way on Sanibel.

Orchid enthusiasts are encouraged to come to the meeting's fundamentals session at 1 p.m. to hear members talk about their techniques for growing orchids. In March, Gary Murza will speak on Water: It's Not Just H2O. Anyone with questions or an "ill orchid" that needs diagnosis can bring their plants to the meeting during show and tell.

Orchid society members are invited to participate in a monthly show. Ribbons are awarded for best hybrid and best species orchids. Most meetings will have orchids for sale as well as an orchid raffle. Annual society membership is \$25 for individuals



Michael Coronado of RF Orchids at a recent meeting. A visit to RF Orchids is being planned by the society sometime next year. photo provided

and \$45 for couples. Guests are \$5. For more information, visit www.sancaporchid.org.

From page 1

Victorian Display

specimens. Oths has worked to arrange the collection to allow for better viewing. "The importance of Elsie M. Malone's donation of her mother's collection cannot be overstated. For me, the nicest thing is allowing thousands of library visitors to enjoy her lifetime of collecting," Oths said. "I appreciate the opportunity to contribute to the restoration as others have previously. In addition, the newly-renovated lobby has more display space, allowing me to exhibit some of my antique mother-of-pearl pieces."

Oths moved to Sanibel in 2003 but was a shell collector for more than 30 years before living on the island. He is past president of the Sanibel-Captiva Shell Club, and past chair of the annual Sanibel Shell Festival, which is scheduled for March 7, 8 and 9 this year. He has also been an artistic judge at the shell festival.

An avid sheller, Oths has found some rare specimens, including the long spined star shell (*astralium phoebium*) which had never previously been documented on Sanibel. His enthusiasm for all things shell-related has led to media interviews, including one for Public Radio International's *Living on Earth* show, as well as local TV appearances promoting the Sanibel Shell Festival.

Oth's display includes many antique, shell-encrusted items like a Victorian shoe, dioramas, pincushions, mother-of-pearl opera glasses, carved cameos, thimble-holders, and a postcard box.

Goz Gosselin's award-winning



Jeffrey Oths photo provided

three-foot-tall floral arrangement, titled *Millenium Shellabration* is also back on display at the library, near the Book Sale Room.

Sanibel Public Library is located at 770 Dunlop Road, open from 9 a.m. to 8 p.m. Monday and Thursday and from 9 a.m. to 5 p.m. Tuesday, Wednesday, Friday and Saturday.

Sanibel Public Library cards are available to all residents of Sanibel and Lee County at no charge. Visitor library cards are available for a \$10 annual fee. For more information, call 472-2483 or visit www.sanlib.org.

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SCCF Program On Sharks And The Ecosystem

The Sanibel-Captiva Conservation Foundation (SCCF) is offering a presentation entitled Sharks: A Cultural and Conservation Story of these Misunderstood Creatures at the Bailey Homestead Pavilion on Thursday, March 14. The program, led by SCCF CEO Ryan Orgera, will begin at 7 p.m. The presentation is part of SCCF's Evenings at the Homestead series at the Bailey Homestead Preserve, located at 1300 Periwinkle Way on Sanibel. Tickets are \$10 and available through Eventbrite (visit www.sccf.org, click on Programs, then Evenings at the Homestead, then Eventbrite). Doors open at 6:30 p.m. and light refreshments will be available. Advance registration is required as space is limited.

Sharks have long been perceived as mindless beasts who kill indiscriminately, but today their very existence is in peril. Humans kill over 100 million sharks per year, largely for their fins. We know that sharks are integral to a healthy ocean; without them entire ecosystems fail. The talk will explore how we understand sharks collectively and how these perceptions have led to the drastic reduction of global shark



Great white shark in Australia

photo by Ryan Orgera

populations. Orgera will also talk about the Convention on International Trade in Endangered Species (CITES) – and why there is hope at home and abroad.

Before joining SCCF, Orgera worked for years as an international shark advocate for The Pew Charitable Trusts where he urged countries to support

meaningful shark management measures. He is an expert on sharks in American culture.

The presentation is part of SCCF's Evenings at the Homestead series at the Bailey Homestead Preserve, located at 1300 Periwinkle Way on Sanibel. For more information, call 472-2329.✪

Mardi Gras Sunday At Church Of Christ

It's a tradition. On the last Sunday before the Lenten season begins, Sanibel Congregational United Church of Christ celebrates the spirit of Mardi Gras at the 9 and 11 a.m. services. This year's Mardi Gras Sunday is March 3. As always, everyone is welcome.

Both services will feature musicians from the Island Jazz band, and greeters will hand out strings of Mardi Gras beads. The service is festive and fun.

"I just love this service," said Senior Pastor John Danner. "It's such a vibrant celebration of God's good world."

In many parts of the world, the days

or weeks before Ash Wednesday, the start of Lent, are observed as festive times, most notably in New Orleans where Mardi Gras (French for Fat Tuesday) is marked by parades and parties. This year, Ash Wednesday falls on March 6. The church will mark that important day with a worship service, complete with ashes, at 7:30 p.m. in the sanctuary.

But before the days of fasting come the feasting and celebration of Mardi Gras.

This was a time for cleaning out all the fats before the Lenten time of fasting; hence the name, Fat Tuesday.

Sanibel Congregational United Church of Christ is located at 2050 Periwinkle Way, across from the Periwinkle Place shopping center. For more information, visit www.sanibelucc.org, or call 472-0497.✪

Birding Course



Participants at a previous birding course

photo provided

Sanibel Sea School will offer a two-part birding course for adults involving woodland birds on Tuesday, March 5 and seabirds on Tuesday, March 12. Both courses will begin at the sea school and be held from 9 a.m. to noon.

Participants are invited to attend one or both sessions of this intensive identification course. Cost is \$75 per student per session, which includes optional loaner binoculars.

"We are going to modify each session based on our students' interests and existing knowledge, so no matter how much birding experience you have, you will be able to enhance your skills," said Dr. Bruce Neill, the organization's executive director.

Sanibel Sea School is located at 455 Periwinkle Way on Sanibel. For more information or to register, visit www.sanibelseaschool.org or call 472-8585.✪

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From page 1

Artist Reception

Watercolor Society, Southern Watercolor Society, Florida Watercolor Society, Georgia Watercolor Society, Texas Watercolor Society, Tallahassee Watercolor Society, and elected to the Florida Artist Group.

"Fine arts is a cornerstone of BIG ARTS' core mission and this year we really focused on bringing in world-class artists," said Executive Director Lee Ellen Harder "Having Sue close out the season really punctuates an incredible lineup of artists that we have had the pleasure to work with."

The exhibit Homage to the Square will feature works that are restricted

to the 8-inch by 8-inch square canvas. Displayed in a grid, each work will be different from the next in medium, subject matter and style. The open juried show attracted over 100 submissions from artists all over the country.

"The response we had to this show was really incredible," said gallery manager Lauren Huff "This is going to be a diverse show in terms of style and medium that will feature something for everyone."

Both exhibits will be on view through March 22. Gallery hours are Monday through Friday, 9 a.m. to 4 p.m. and Saturday, 9 a.m. to 1 p.m. For more information, visit www.bigarts.org or call 395-0900.✳

Audubon Bird Walk At Bunche Beach

The next Sanibel-Captiva Audubon bird walk will be held on Saturday, March 2 at Bunche Beach. Meet at the beach parking lot at 8 a.m. at the end of John Morris Road. The parking fee is \$2 per hour. Waterproof shoes are a must as you will walk through tidal pools. These bird walks are open to public and all levels of experience. A \$5 donation is appreciated.

For more information, visit www.san-capaudubon.org.✳



Marbled godwit photo by France Paulsen

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Plant Smart

Giant Reed

by Gerri Reaves

Giant reed (*Arundo donax*) is a non-native member of the grass family and a native of eastern Asia.

It was introduced to the U.S. in the early 19th century in the Los Angeles area. It has now spread throughout the lower half of the continental U.S. and into the Midwest, as well as in Hawaii.

In a few states, it is listed as noxious or invasive.

The reed self-propagates and spreads not only by rhizomes, underground horizontal stems, but when plant fragments are carried by water.

This fast-growing species prefers freshwater habitats and full sun, and it typically grows in uncultivated lands and alongside ditches.

The erect culms, or jointed stems, are hollow and divided by partitions at the nodes. In general appearance, they resemble bamboo or cane stalks.

The coarse leaves are opposite and resemble those of corn. They measure up to three feet long, two to three inches wide, and taper to a point. The edges are sharp.

The whitish brown panicles, or plumes, are about two feet long and reach above the stalks.

Each spikelet has several florets and their long silky hairs, or awns, give them a feathery look. In Florida, the plant blooms all year long.

Wind disperses the fluffy seeds.



Fast-growing non-native giant reed can be as tall as 20 feet photos by Gerri Reaves

Masses of thick penetrating roots can be more than three feet thick and cover several acres with dense monocultures.

The lack of diversity renders the plant of little value to wildlife as food or cover. Even insects are repelled by its many defensive chemical compounds.

Giant reed has low drought and salt tolerance and high fire tolerance.

It has been cultivated in some parts of the world for thousands of years and used to make everything from paper, building



The feathery inflorescences can be dried and used in floral arrangements

materials and baskets to industrial cellulose, reeds for musical instruments and medical remedies. Cattle find it unpalatable.

Another practical use is for erosion control.

The dried plumes can be used in floral

arrangements.

Sources: www.floridata.com, www.fs.fed.us, <http://plants.ifas.ufl.edu>, and www.plants.usda.gov.

*Plant Smart explores the diverse flora of South Florida.**

Registration Open For Benefit Fishing Tournament

Registration is under way for the 23rd annual LCEC United Way Catch & Release Tournament to be held at D&D Bait and Tackle on Saturday, April 13. To register, visit www.uw.lcec.net.

Registration cost before April 11 is \$65 per angler and \$50 per student. After April 11, registration increases to \$75 and \$55 respectively.

A captains meeting will be held at

D&D Bait and Tackle on Friday, April 12 at 5 p.m. In addition to cash and prizes being awarded, there will be a silent auction, raffle and barbecue. All proceeds from this tournament go directly to the United Way of Lee, Hendry, Glades and Okeechobee.

Due to the toxic algae blooms and red tide that has plagued the area and caused an unprecedented kill of gamefish in recent months, this year's LCEC United Way Fishing Tournament will be catch and release.

D&D Bait and Tackle is located at 3922 Pine Island Road NW on Matlacha. For more information, visit www.uw.lcec.net, email fish@lcec.net or call 656-2122.*

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Spring Snook Bite



by Capt. Matt Mitchell

Fishing this week can only be described as, “the switch was flipped to the on position.” Snook came out of a long winter hibernation and started feeding and, wow, are they hungry.

Over what was only a three-day period, our water temperature went from the high 60s to mid-70s degreewise. The latter is the magic number for the whole sound to come alive with life.

Shiners flooded into the bay with the warming waters and can now be caught on most grass flats throughout the sound. Inside the passes, we have now begun to see ladyfish and Spanish mackerel feeding on the surface. After what was an early and cold winter, it’s great to finally change gears from sheephead fishing to catching snook. It’s still a little early to think we won’t get another cold front, though it certainly seems spring is here.

After not catching shiners for over two months due to the cold water, it felt great to have a livewell packed full. I pulled into the usual deeper channels where I target snook this time of year, and the bite was nonstop. On half-day trips, we have been catching and releasing 20 to 30 snook. The better snook bite for me came on the eastern side of the sound in the cleaner water.

Along with snook, we also caught several really large trout this week while fishing around oyster bars. It is great to see some 20-inch-plus trout as they have been really hard to come by since our water issues of summer. Clean clear water in the middle sound has made sight fishing for many species possible.

While fishing with a group of Michigan clients on an afternoon trip this week, we caught the first inshore slam I’ve put on the boat in months. Starting our trip on an oyster bar in the middle sound, we caught lots of 20- to 24-inch snook and did manage to catch one right around 30 inches. At the next oyster bar, we caught a 20- and 21-inch trout. A few minutes later, we caught a 19-inch redfish.

Although our seasons are not as black and white as they are up north, watching our waters come back to life after several months of unusual cold is a great sign that spring is here. The influx of bait fish and feeding birds wakes up all the fish after a lean winter.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.com.



Mark from Michigan with a 30-inch snook caught and released with Capt. Matt Mitchell this week photo provided

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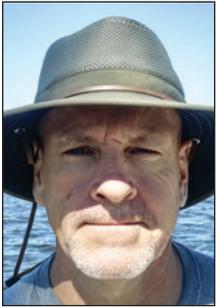
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CROW Case Of The Week:

American White Pelican



by Bob Petcher

An American white pelican (*Pelecanus erythrorhynchos*) is a familiar coastal bird that has broad wings, a long neck and a gigantic bill. You can view these large waterbirds floating around and

feeding from the water's surface near bridges and other areas.

White pelicans feed by dipping their bills in water, a contrast to brown pelicans that tend to plunge-dive for their next meal. While cartoons depict pelicans as carrying fish in their massive bills, reports say this is not a true characteristic of their behavior. They are more known to scoop up their catch and swallow it before flight.

At CROW, an adult American white pelican was admitted from near mile marker 2 on Sanibel. Veterinary staff noted the patient to be exhibiting clinical signs that were consistent with brevetoxicosis (red tide poisoning) including head tremors, an inability to stand, extreme weakness and a decreased blink reflex. Although the red tide organisms have disappeared from our coasts for now, the toxins produced by the harmful algal organisms can still have

lingering impacts on wildlife as they get passed through the food web.

"Red tide poisoning is caused by brevetoxins which are produced by the *Karenia brevis* organism. These toxins can be passed through the food web and can take time to accumulate in an animal's body," said Dr. Robin Bast, CROW staff veterinarian. "An animal may not accumulate enough toxins through its food to make it sick until well after the algae organisms that produced the toxin have dispersed."

The pelican was given a "very guarded to grave" prognosis based on the severity of its symptoms. The CROW team placed an IV catheter in the bird's leg to administer fluid therapy which remained in place for several days, along with other treatments.

"Upon admission, we initiated intensive critical care treatments to stabilize the bird. This included placement of an IV catheter to administer fluid therapy and medications. Nutritional support was also provided, starting with a specially formulated liquid diet and working up to whole fish," said Dr. Bast. "After one week of IV medications, the bird was transitioned to oral medications, and diagnostics were repeated to evaluate its progress."

The pelican rebounded from its ill fate and recovered after nearly two weeks of care. It was taken off medications and moved outdoors.

"The pelican spent a couple days in the outdoor enclosure so that we could monitor its ability to fly. It was eating well on its own before being released," said



Patient #19-0314 is released back into its natural habitat with fellow white pelicans in sight
photo by Brian Bohlman

Dr. Bast.

On February 20, the patient was cleared for release and was taken to the JN "Ding" Darling National Wildlife Refuge and set free in a location with other American white pelicans.

There, it will blend in with like birds without the need of monitoring.

"CROW does not provide any form of tagging unless it is specially requested by permitted individuals," said Dr. Bast. "This pelican was not tagged, but refuge staff and volunteers are always quick to notify us if any animal is in need of help."

With not quite two months in the books for the new year, the number of

patients suffering from red tide poisoning continues to rise.

"As of February 24, CROW has admitted 52 patients diagnosed with brevetoxicosis, or red tide poisoning, in 2019," added Dr. Bast.

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.*

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Shell Of The Week

Plicate Mangelia



by José H. Leal, PhD, Bailey-Matthews National Shell Museum Science Director and Curator

At 1.6 mm in length,

Pyrgocythara plicosa (C.B. Adams, 1850) is

one of the local small-sized gastropods. The shell is elongate-fusiform, with the spire (coiled part minus last whorl) measuring about half shell length. The sculpture consists of 11 to 12 strong axial ribs crossed by about five to six spiral cords. The aperture has a strong indentation on the internal side of outer lip, and shell color is light-brown to reddish-brown, with bluish-white remnants of a periostracum. Read more about local Southwest Florida mollusks and their shells at www.shellmuseum.org/southwest-florida-shells and www.shellmuseum.org/blog.

Shell Museum Events

See truly giant shells. Watch a live Tank Talk. Take a daily beach walk. Check out our family programs. We are the only natural history museum in North America devoted entirely to shells. Drop by and let us inform and inspire you. Visit www.shellmuseum.org or call 395-2233.



The Plicate Mangelia, *Pyrgocythara plicosa*, from Sanibel

photo by José H. Leal

The Bailey-Matthews National Shell Museum is located at 3075

Sanibel-Captiva Road. Call 395-2233 or visit www.shellmuseum.org.

Shell Found



John Marinan

photo provided

John Marinan from Hebron, Connecticut found a junonia near Sanibel Arms Condominiums on February 21. The 16-year-old visits Sanibel every year with his family, and his interest in shelling has been passed down through four generations of Sanibel relatives.

Marinan was shelling in the early morning at low tide on the east end of the island when he saw a small amount of the shell buried in the sand and recognized the pattern. He was surprised to find that it was a whole junonia shell.

Sanibel has always been a special place for the Marinan family, and finding a junonia adds another incredible memory.*

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Fashion Show Raises Funds For Culinary Center

by Jeff Lysiak

A capacity crowd filled the Great Hall of The Community House last Friday afternoon for the annual The Fashions of Periwinkle Place Shops Fashion Show & Luncheon, a fundraiser for the Culinary Education Center of Sanibel.

Resident Chef Jarred Harris prepared a lunch featuring soup and salad while models wearing apparel provided by a number of Periwinkle Place businesses – including Peach Republic, Island Pursuit, Sea Glass Lane, Her Sports Closet, Fresh Produce, Chico's, Butterfly Beach, Trader Rick's and Beach Daisy – slowly strolled through the audience, showing off garments and accessories from head to toe.

Mistress of Ceremonies Nancy Dreher described each of the outfits throughout the 30-minute presentation of the latest island-themed fashions.

This year's models included Kathy Dubuque, Lainy Kenerson, Kim Kouril, Mary Ann Kanzius, Nicole McHale, Susan and Jim McCallion, Salli Kirkland and her granddaughter, Lyla Flynt, Dottie Federico, Carol Hawk, Kerry Salatino, Mary Avgoulas, Heather Deiner, Arabella Arado, Babs Maughan, Sharon McDonald and Brooklyn McDonald.

Event organizers, including fashion show chair Carol Townsley, thanked Sanibel Community Association staff members Teresa Riska-Hall and Sarah Jacobson, Dahlmann Properties, Gene Federico, RS Walsh Landscaping and the owners and management of Periwinkle Place Shops.✧



Babs Maughan modeling one of the outfits featured during last week's Periwinkle Place Shops Fashion Show & Luncheon, held at The Community House photos by Jeff Lysiak



Mary Ann Kanzius



Kerry Salatino



Lyla Flynt



Kathy Dubuque



Jim and Susan McCallion



Entertainer Gene Federico



At the end of the fashion show, all of the models paraded around the Great Hall



Brooklyn McDonald



Visitors viewing the scientific division exhibits at a previous show photos provided

Sanibel Shell Festival Begins Next Thursday

The 82nd annual Sanibel Shell Festival is coming to The Community House next Thursday to Saturday, March 7, 8 and 9. Shell collectors and artists from around the world will compete in artistic and scientific divisions of the shell show. Their entries will be on view inside The Community House.

The Authors' Table will feature local authors who will be on hand throughout the festival for book signings and to talk about their books with visitors.

In the Shell Tent, you'll find thousands of shells for sale with prices starting at 25 cents. Large shells and fossils will also be for sale.

Next door to the Shell Tent, the Sanibel-Captiva Shell Crafters will be selling shell jewelry, mirrors, flower arrangements and "shell critters." The crafters meet every Monday at The

Community House throughout the year to make the items that are sold at the festival.

The Sanibel School sixth graders will man the Live Tank Exhibit, educating visitors about shells and mollusks.

While there is no entrance fee to the shell festival grounds, a \$5 donation is requested to attend the inside shell show. Donation includes one free admission to the Bailey-Matthews National Shell Museum during the Shell Festival, a \$15 value.

All the funds raised by the Sanibel-Captiva Shell Club are given in the form of grants to several local marine education and conservation organizations and for scholarship funds at the University of South Florida and Florida Gulf Coast University Departments of Marine & Ecological Science. All the funds raised by the outdoor activities go to the maintenance of The Community House.

Hours for the festival grounds are 9 a.m. to 5 p.m. Thursday and Friday, and 9 a.m. to 4 p.m. on Saturday. The Community House is located at 2173 Periwinkle Way on Sanibel.✪



Sanibel-Captiva Shell Crafters display



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SHELLMUSEUM.ORG/BEACH-WALK

From page 1

Music Festival

Dumbarton Oaks and National Gallery of Art. The artists also serve as co-directors of the Cape Cod Chamber Music Festival. They have lengthy discographies and are dedicated to expanding the concert repertoire for the beautiful sound of their combined instruments.

Sponsored by Gene and Lee Seidler, and Janet and Joseph Davie.

Program – Brahms: *Sonata for Clarinet and Piano in f minor, Op. 120 No. 1*

Chopin: *Nocturne in F-sharp Major, Op. 15, No. 2*

Chopin: *Scherzo No. 3 in c-sharp minor, Op. 39*

L. Bernstein: *Sonata for Clarinet and Piano (1942)*

G. Goodwin: *Four Views for Clarinet and Piano*

J. Novacek: *Full Stride Ahead+ from Four Rags for Two Jons*

Tuesday, March 5 – Horszowski Piano Trio

The *New York Times* hailed this young trio as “impressive, lithe, persuasive” when they played together for the first time. Two-time Grammy-nominated violinist Jesse Mills first performed with Raman Ramakrishnan, founding cellist of the prize-winning Daedalus Quartet, at the Kinhaven Music School over 20 years ago, when they were children. In New York City, they met pianist Reiko Alzawa, who had made her U.S. debuts at the Kennedy Center and Carnegie Hall. She was the last pupil of legendary pianist Mieczyslaw Horszowski at the Curtis Institute.

In the four-year period following their debut performance, they were booked for almost 200 concerts in the U.S. and tours in India and Japan. They will make their European debut this year. The trio is ensemble-in-residence at the Longy School of Music of Bard College.

Sponsored by Patricia and Davis Thurber.

Program – Shostakovich: *Trio No. 2*
Mendelssohn *Trio No. 2*

Germaine Tailleferre: *Trio*

Saturday, March 9 – Wu Han and Chamber Music Society of Lincoln Center

Pianist Wu Han ranks among the most influential classical musicians in the world today. Leading an unusually multifaceted artistic career, she has risen to international prominence as a concert performer, artistic director, recording artist, educator and cultural entrepreneur. She tours extensively with her husband, Emerson Quartet founding member David Finkel, with whom she serves as co-artistic director of the Chamber Music of Lincoln Center, and founding co-artistic director of Music@Menlo. She is the recipient of Musical America's Musician of the Year award. Wolf Trap Foundation for the Performing Arts recently appointed her artistic director for Chamber Music at The Barns.

This year, she joins Chamber Music of Lincoln Center violinists Arnaud Sussman and Alexander Sitkovetsky, violist Matthew Lipman and cellist Nicholas Canellakis in a program titled *Russian Mastery*.

Sponsored by Sue and Tom Pick.

Program – Rachmaninov: *Trio elegiaque in G minor for Piano, Violin and Cello*



The Handel and Haydn Society of Boston

photos provided



Singing Sondheim on Sanibel

Tchaikovsky: *Souvenir d'un lieu cher for Violin and Piano, Op. 42*

Prokofiev: *Sonata in C Major for Two violins, Op. 56*

Taneyev: *Quintet in G minor for Piano, Two Violins, Viola and Cello, Op. 30*

Tuesday, March 12 – The Handel and Haydn Society of Boston

Founded in Boston in 1815, “H+H” is among the oldest continuously performing classical music ensembles in the U.S. It is a period-instrument orchestra, originally formed as a choral society, which has a fresh and vital take on Baroque and early Classical period music. Its orchestra and chorus delight more than 50,000 listeners each year with a nine-concert subscription series at Symphony Hall and other leading venues, in addition to a robust program of events in museums, schools and community centers.

Under the leadership of Artistic Director Harry Christophers, the ensemble embraces historically informed performance, bringing classical music to life with the same immediacy it had the day it was written. This concert will feature a rarely heard Baroque trumpet concerto.

Sponsored by Jackie and Roy Sweeney Fund of the Greater Cincinnati Foundation, and Gaye and Jim Pigott.

Program – Arcangelo Corelli: *Concerto Grosso in B-flat major, Op. 6, no 11*

Giuseppe Torelli: *Sonata for Trumpet in D Major, G.1*

Francesco Geminiani: *Concerto gross in e minor, Op. 3, No. 3*

Antonio Vivaldi: *Concerto for violoncello, strings, and basso continuo in G, RV 413*

Georg Phillip Telemann: *Overture – Suite “Burlesque de Don Quixotte,” TWV 55:G10*

Johann Sebastian Bach: *Concerto for violin, strings, and basso continuo in a minor, BWV 1041*



New York Brass Arts Trio

Tuesday, March 19 – Singing Sondheim on Sanibel

Stephen Sondheim is described by Frank Rich of *The New York Times* as “the greatest and perhaps best-known artist in American Music Theater.”

Celebrate Sondheim's amazing career with Opera Theater of Connecticut and a group of first-rate professional singers through an exciting selection of pieces from his acclaimed shows, including *Sweeney Todd*, *Follies*, *Into the Woods*, *A Little Night Music*, *Merrily We Roll Along* and *A Funny Thing Happened on the Way to the Forum*. Artistic Director Alan Mann will add his unique and informative comments from the stage. Sponsored by LAT Foundation and Lee Ann Tauck.

Saturday, March 23 – Star-Crossed Lovers in Opera

The truly thrilling characters in the world of opera are the ill-fated star-crossed lovers whose lives and loves are challenged by insurmountable obstacles. This makes for great drama and music for Puccini's *Mimi and Rodolfo*, Gounod's *Romeo and Juliet*, Donizetti's *Lucia di Lammermoor* and *Edgardo*, Verdi's *Violetta and Alfredo*, and happiness for the would-be lovers in *The Elixir of Love* and *The Merry Widow*.

These and more will be performed by six professional opera singers in a delightful evening of best-known and best-loved arias and ensembles, all with projected supertitles. Alan Mann, noted opera historian, adds informative narration.

Sponsored by the Estate of Christine Johnson.

Tuesday, March 26 – New York Brass Arts Trio

Three world-class virtuoso soloists have come together to revolutionize the brass trio, and are being hailed as the first brass group ever to play with the sensitivity and musicality of a string quartet. Trumpeter Joe Burgstaller, French hornist David

Jolley and trombonist Haim Avitsur all bring great experience to the table.

Burgstaller is a former featured trumpeter and arranger with the legendary Canadian Brass, has performed with many notable orchestras, and has recording credentials that include solo CDs, three Top-10 Billboard hits, and a Top-50 Jazz Radio hit. Jolley is the preeminent horn soloist of his generation, performing as a soloist with major orchestras, collaborating with Guarneri, Orion and American string quartets, and is a founding member of the Grammy-winning Orpheus Chamber Orchestra. Avitsur is the only trombonist named a 2005 and 2007 Emerging Artist by *Symphony Magazine* and has premiered over 80 compositions.

Sponsored by Jackie and Roy Sweeney Fund of the Greater Cincinnati Foundation.

Program – Johann Sebastian Bach (arr. Jolley): *Three Sinfonias*

Ludwig van Beethoven (arr. Avitsur): *Trio in C Major, Op. 87*

Richard Strauss (arr. Jolley): *Till Eulenspiegel*

Igor Stravinsky (arr. Jolley): *Selection from Pulcinella Suite*

Bela Bartok: *Romanian Folk Dances*
Chick Corea (b.1941) (Arr. Burgstaller):

Three Children's Songs

George Gershwin: *Selections from Porgy and Bess*

Astor Piazzola (arr. Burgstaller): *Libertango*

The Sanibel Music Festival presents world-renowned artists during the month of March at Sanibel Congregational United Church of Christ. Incorporated in 1987 as a non-for-profit organization, its mission is to present classical music of the highest standard at affordable prices and to promote the careers of young artists through performance opportunities. Sanibel Music Festival is grateful for the support of the Lee County Tourist Development Council.*

Day Trip Destination: Mound Key Park

by Kealy McNeal

Southwest Florida has many small, uninhabited mangrove islands that are great for paddlers to explore. Mound Key, just south of Fort Myers Beach, looks similar to the other islands around it but has a special history. This isolated, 125-acre state park was once the center of the thriving Calusa Indian civilization.

This island is one of the stops along Lee County's 190-mile Great Calusa Blueway paddling trail. The easiest way to



get to the island is by launching from Lovers Key. The journey from Lovers Key to Mound Key is about five miles round trip. Keep in mind that there will be a half-mile open water crossing, so check the weather conditions before you launch. It is a beautiful paddle, with amazing views of Estero Bay, the surrounding mangrove islands, and an abundance of wildlife.

Even though the island hasn't been inhabited by the Calusa since the 1500s, signs of their largest compound are still present today. Mound Key is thick with native trees and plants, with two small beaches where paddlers can land. Feel free to beach on the sand and walk the trail into the island to see the surprisingly tall shell mounds for yourself. Don't forget to say hello to the goats that call Mound Key home – yes, there are goats. You do not need to travel far to have a unique and memorable paddling experience in Southwest Florida!

*Ocean Tribe Paddlers is a branch of Sanibel Sea School that helps the local paddling community better explore, enjoy and understand the ocean. Visit www.oceantribepaddlers.org or follow on Facebook to learn more.**

Top Ten Books On The Island

1. *Final Resting Place* by Jonathan Putnam
 2. *Our Towns* by Deborah and James Falls
 3. *Auntie Poldi and the Sicilian Lions* by Mario Giordano
 4. *Lost Girls of Paris* by Pam Jenoff
 5. *Need to Know* by Karen Cleveland
 6. *Where the Crawdads Sing* by Delia Owens
 7. *Becoming* by Michelle Obama
 8. *Threat* by Andrew McCabe
 9. *Only Woman in the Room* by Marie Benedict
 10. *Gown* by Jennifer Robson
- Courtesy MacIntosh Books and Paper.*



THIS WEEK AT SCCF

Mon - 4

WEEDS & SEEDS

Walk Silver Key (near Blind Pass) with this group of amateur botanists, armed with a plant list. Walk lasts about two hours. Please bring a hat, water, sunblock, and comfortable enclosed shoes with socks. Meet at the Nature Center at 8:30 a.m. Walks are free but donations to SCCF are welcome.

Thurs - 7

TURTLE TRACKS

Sanibel Island had one of the first sea turtle monitoring programs in the country. Learn about the life cycles and habits of the sea turtles that nest on our beaches, SCCF's monitoring activities, and what we are doing to protect them. You can also learn more about the devastating impacts on sea turtles of this past summer's Red Tide, when 204 dead sea turtles washed up on island beaches between July and November. Thursdays at 10 a.m. \$5. Free to members and children.

Programs meet at the Nature Center, 3333 Sanibel-Captiva Rd, unless otherwise noted.

Wed - 6

BOWMAN'S BEACH WALK

Meet your SCCF guide at Bowman's Beach at the foot of the bridge to the beach. Walk towards Blind Pass, exploring the beach habitat, and then head back along the back dune/bayou trail, looking for shorebirds and gopher tortoises. Free to all but you must pay to park. Wednesday, March 6 at 9 a.m.

Tues to Thurs

TRAIL WALKS: EXPLORE

SANIBEL'S INTERIOR WETLANDS

Sanibel Island is a unique barrier island in Florida because it still has an interior freshwater wetland ecosystem that has not been lost to development. Join us for a guided walk through the interior wetlands and mid-island ridges of the Center Tract with discussion of native habitats, natural and cultural history and preservation efforts. Guided trail walks offered Tuesday through Thursday at 11 a.m. Meet at the Nature Center and proceed to the trails. \$5. Free to members and children.

SCCF 239/472-2329

www.sccf.org

SCCF Nature Center — 3333 Sanibel-Captiva Road

Bailey Homestead Preserve — 1300 Periwinkle Way

Native Landscapes & Garden Center — 1300 Periwinkle Way — 472-1932

SCCF at Work

Monofilament



SCCF staff took this Black Skimmer — found tangled and hanging from monofilament — to CROW.

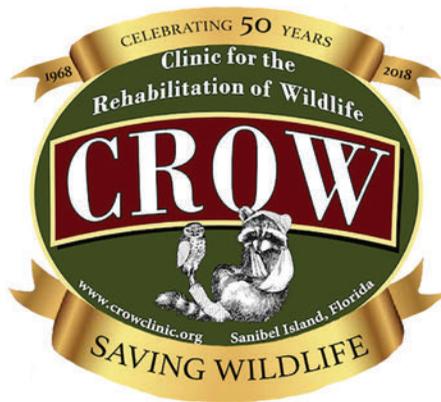
Please discard Monofilament safely.

Wildlife Habitat Management staffers Victor Young, Kelly Sloan and Audrey Albrecht found and rescued this Black Skimmer and took the bird to CROW but, unfortunately, it did not survive. On a happier note, Audrey photographed an eaglet on the nesting platform in the West Sanibel River Preserve. She has also been conducting shorebird surveys on the beach several times a week.



Learn about the importance of Sharks on March 14 at 7 pm at the Bailey Homestead Pavilion. Advance registration required: sccf.org, click on Programs.

CROW Calendar Of Events



The Clinic for the Rehabilitation of Wildlife (CROW) has specialty programs available for residents and visitors. Meet the staff and learn what it takes to rescue, rehabilitate and release wildlife in Southwest Florida.

For reservations, contact the Visitor Education Center at 472-3644 ext. 229 or reservations@crowclinic.org. Hours are 10 a.m. to 4 p.m. Monday through Saturday. Daily presentations are offered at 11 a.m. and 2 p.m. Wildlife Walk hospital tours are offered Monday through Friday at 11 a.m., and Wednesday, Thursday and Friday at 2 p.m. CROW is located at 3883 Sanibel-Captiva Road.

Friday, March 1, 11 a.m. to 12:30 p.m., \$25 per person, advance registration with payment required – Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Friday, March 1, 11 a.m., adults: \$12, ages 4 to 12: \$7, age 3 and under no charge – Species Profile: Snakes of Southwest Florida (daily presentation).

Florida is home to 46 species of native snakes, only six of which are venomous. Although there is a widespread fear and misunderstanding of this animal, most species are harmless to humans and form vital links in the ecosystem. Snakes are extremely valuable because they are efficient at monitoring pest populations without relying on chemical pesticides which can degrade the environment and harm other animal species. One of CROW's animal ambassadors will be present.

Friday, March 1, 2 to 3:30 p.m., \$25 per person, advance registration with payment required – Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Friday, March 1, 2 p.m., adults: \$12, ages 4 to 12: \$7, age 3 and under no charge – Patient Profiles: Owls of Southwest Florida (daily presentation).

Raptors are birds that prey on other animals in the wild to survive. Their specialized beaks and talons make them some of the most effective hunters. This presentation discusses the unique adaptations of the native and migratory raptors of Florida, specifically the five species of nocturnal hunters known as owls. One of CROW's animal ambassadors will be present.

Saturday, March 2, 11 a.m., adults: \$12, ages 4 to 12: \$7, age 3 and under no charge – Baby Care at CROW (daily presentation).

Wildlife parents are devoted to the care of their young and rarely abandon them, and juveniles found "abandoned" might actually be in a natural stage of

development. Those needing assistance are placed in a specialized wing of the wildlife hospital and are provided supportive care around the clock until they are old enough to care for themselves.

Saturday, March 2, 2 p.m., adults: \$12, ages 4 to 12: \$7, age 3 and under no charge – Patient Profiles: Gopher Tortoises (daily presentation).

The life of a gopher tortoise revolves around its burrow. These tortoises are found digging from southern Georgia to southeast Florida. Because of its contributions to the ecosystem, it is classified as a keystone species. CROW's presenter explains why they are admitted and how the medical staff treats this species. One of CROW's animal ambassadors will be present.

Monday, March 4, 11 a.m. to 12:30 p.m., \$25 per person, advance registration with payment required – Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

It is required at the time of reservation. **Monday, March 4, 11 a.m.**, adults: \$12, ages 4 to 12: \$7, age 3 and under no charge – Patient Profiles: Birds of Prey (daily presentation).

Raptors are birds that prey on other animals in the wild to survive. Their specialized beaks and talons make them some of the most effective hunters. This presentation discusses the unique adaptations of the native and migratory raptors of Florida. One of CROW's animal ambassadors will be present.

Monday, March 4, 2 p.m., adults: \$12, ages 4 to 12: \$7, age 3 and under no charge – CROW Case of the Week (daily presentation).

CROW's teaching hospital offers externship, fellowship and internship opportunities for natural science and veterinary medicine students. While on site, students learn the ins and outs of conservation medicine and wildlife rehabilitation, and share their favorite patient stories. One of CROW's animal ambassadors will be present.

Tuesday, March 5, 11 a.m. to 12:30 p.m., \$25 per person, advance registration with payment required – Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation

with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Tuesday, March 5, 11 a.m., adults: \$12, ages 4 to 12: \$7, age 3 and under no charge – Patient Profiles: Virginia Opossums (daily presentation).

Virginia opossums are the only marsupial, or pouched mammal, native to the United States. They are highly adaptable animals and can live in a variety of habitats, both natural and human made. Although it may not be obvious to some people, opossums are a unique member of Florida's wildlife, playing an important role in the function of a healthy ecosystem. One of CROW's animal ambassadors will be present.

Tuesday, March 5, 2 p.m., adults: \$12, ages 4 to 12: \$7, age 3 and under no charge – Species Profile: Snakes of Southwest Florida (daily presentation).

Florida is home to 46 species of native snakes, only six of which are venomous. Although there is a widespread fear and misunderstanding of this animal, most species are harmless to humans and form vital links in the ecosystem. Snakes are extremely valuable because they are efficient at monitoring pest populations without relying on chemical pesticides which can degrade the environment and harm other animal species. One of CROW's animal ambassadors will be present.

Tuesday, March 5, 4:15 p.m., adults: \$10, ages 13 to 17: \$5, ages 12 and under no charge, advance registration recommended (seasonal program) – Speaker Series: Wintering Shorebirds of Sanibel & Captiva presented by Audrey Albrecht, shorebird program coordinator for Sanibel-Captiva Conservation Foundation (SCCF).

Take an in-depth look at the interesting life histories of some of the most commonly observed shorebirds on the beaches of Sanibel and Captiva. Many species migrate thousands of miles each way every winter. Learn about the threats they face across their range, and how the recent water quality crisis in Southwest Florida has affected these birds.

Wednesday, March 6, 11 a.m. to 12:30 p.m., \$25 per person, advance registration with payment required – Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Wednesday, March 6, 11 a.m., adults: \$12, ages 4 to 12: \$7, age 3 and under no charge – Wildlife Rescue 101 (daily presentation).

Have you ever come across wildlife in "distress" but did not know the appropriate steps to help? Florida is home to more than 700 terrestrial animals and other invertebrates, and they all depend on sustainable recreational practices to survive. From posturing to vocalizations, animals communicate in a variety of ways and, at times, indicate their need for human assistance. Whether deterring visitors from feeding birds on the beach or detaching a pelican from fishing line

in the mangroves, this program will cover rescue assessment as well as handling techniques.

Wednesday, March 6, 2 to 3:30 p.m., \$25 per person, advance registration with payment required – Wildlife Walk with Rehabilitators and Staff (hospital tour).

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Thursday, March 7, 11 a.m. to 12:30 p.m., \$25 per person, advance registration with payment required – Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

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Go Wild for "Ding" SOARED this year.



Nearly \$500,000 raised to support land preservation and acquisition from a sold out event. Thank you to everyone who made this event soar!



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We would also like to thank all of those who donated to our auction!

50% Off Framing, BB Man, Mark & Gretchen Banks, Jim Bennight, Ben Biery, Billy's Bikes & Rentals, Broadway Palm, Clyde Butcher, Jerry Edelman, Kate Fitmier, Elizabeth Gardner, Heather O'Keefe, Dick & Pat Levinson, John MacLennan, Kathy McCabe, Birgie Miller, Elizabeth Miller, Mary Rice, Jim Sprankle, Patty Sprankle, Bill & Diane Valerian, Cal & Jill Werner



Clam Linguini with Tomato, Basil, Lemon and Cortez Bottarga

- 20 live clams, rinsed
- 2 large tomatoes, diced
- 4 cloves garlic, peeled and chopped small
- 1 cup vegetable broth
- 2 tablespoons panko breadcrumbs, toasted
- 1/2 teaspoon lemon zest, chopped fine
- 1 tablespoon Parmesan cheese, grated
- 1 pound linguini pasta, cooked (8 ounces raw pasta = 1 pound cooked)
- 1/2 lemon, juiced
- 1/4 cup fresh basil, chopped
- 2 heaping tablespoons Cortez Bottarga, shaved (or more to taste)
- 3 teaspoons olive oil
- Sea salt and fresh ground pepper, to taste

Preheat a large sauté pan over medium-high heat. Add 1 tablespoon of olive oil to the preheated pan. Carefully add the diced tomatoes and garlic to the pan. Cook tomatoes and garlic for 2 minutes. Season the tomatoes lightly with salt and pepper. Add the vegetable broth and whole clams to the tomato mixture. While the clams are cooking,



Clam Linguini with Tomato, Basil, Lemon and Cortez Bottarga

photo courtesy Fresh From Florida

combine the toasted panko breadcrumbs, lemon zest, Parmesan cheese and 2 tablespoons of olive oil into a small mixing bowl. Stir bread crumb mixture to combine. Cook the clams until they start to open, adding the cooked pasta to the pan when the clams are ready. Lightly toss ingredients to combine. Add lemon juice and the basil to the clam pasta. Taste sauce and adjust seasoning

lightly with salt and pepper. The clams should all be open and ready to serve; discard unopened clams. To serve, place an even amount of pasta in each bowl. Nestle the clams around the pasta. Pour the remaining tomato sauce over the pasta. Drizzle the breadcrumb mixture over the clams and garnish with the Cortez Bottarga.✪

LIVE ON THE ISLANDS

Il Cielo has live entertainment with Scott McDonald on Tuesday, Wednesday, Thursday, Friday, Saturday and Sunday.

Island Cow on Periwinkle Way has live entertainment on Friday with Dan Confrey. Peter Redpath plays on Saturday. On Sunday, it's Dan Confrey.

Traditions on the Beach at Island Inn has live entertainment on Friday with Woody Brubaker and Marvilla Marzan. Dusk performs on Saturday. Mike Arnone plays on Sunday and Monday. Woody Brubaker and Oran Hollasch play on Tuesday (Mardi Gras). Dusk performs on Wednesday. On Thursday, it's Woody Brubaker.

*Restaurant owners/managers, please email or fax any changes to your entertainment schedule to press@islandnews.com or 395-2299.**

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Shells Found



Tristan and Joseph Fell photo provided

Tristan and Joseph Fell from the United Kingdom found a Scotch bonnet and alphabet cone on the beach along West Gulf Drive. The boys were visiting their grandparents.✧

Shell Found



Monica Fry photo provided

Monica Fry from Centerville, Ohio found a junonia while shelling on the morning of February 21 at Beach Access 5. Fry said, "I discovered it in the gentle surf line and because of its size (over 3 1/2 inches long) and perfection, I couldn't believe it was real. But it is!"

Fry has been shelling since the 1960s and is a member of the Sanibel-Captiva Shell Club. This is her first junonia, and her favorite find.✧

Shell Found



Jill Tonachio with her dad, Bill Bevevino photo provided

Jill Tonachio of Chester Springs, Pennsylvania found a Scotch bonnet at Cayo Costa State Park while on a trip with Captiva Cruises. Tonachio said, "Our family has been coming to Sanibel/Captiva for many years and we love visiting the state park for shelling. We often find sand dollars and a variety of other shells, but did not know what this unique shell was until we asked our captain on the cruise."✧



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Event co-chairs Sherry Halleran and Mary Bondurant



photos provided From left, President Bill Bachman, Bev Becher and Gail Bachman

Historical Village Gala Raises Nearly \$120,000

The Sanibel Historical Village gala fundraiser, held on February 19, had about 200 people in attendance and raised almost \$120,000 to help sustain and improve the village.

"We exceeded our fundraising goal thanks to our many sponsors and guests, while at the same time everyone enjoyed a really lovely evening," said event co-chair Sherry Halleran. "This was a great way for everyone to support the historical village."

The evening was highlighted by a representation of the *Algiers* paddlewheel boat up on the stage, with a curtained entrance out front. Purple and gold were the theme colors throughout. Many village volunteers wore signs, "Ask Me About the Algiers" as a way to share facts, unknown by most attendees, about the iconic boat.

"I think everyone had a great time. There was a lot of talk about the *Algiers* thanks to the sandwich-board signs worn by our volunteers," said Executive Director Emilie Alfino. "The meal was wonderful thanks to Sanibel Catering by Bailey's, and Kelly and Shelly did their usual great job providing music for dancing. As they say, 'A good time was had by all.' We thank everyone who attended and especially all our sponsors for making it possible."

Business sponsors included: Allegra Printing, Sanibel Catering by Bailey's, Bank of the Islands, Congress Jewelers, Doc Ford's Sanibel, *Island Sun*, The Grog Shop, *Times of the Islands*, John Grey Painting, Sanibel Captiva Beach Resorts, The Sanibel Captiva Trust Company, and VIP Realty Group.

Individual sponsors included: Edward and Catherine Anderson, Bill and Gail Bachman, Dennis and Blair Wyatt Berry, Wayne and Linda Boyd, Liz Clark, Ralph and Billye Curtis, Dorothy Donaldson and Aaron Cohen, Garlinghouse Foundation, Doug and Sherry Gentry, Roger and



From left, Jane Holder, Jan Halliday, Kay Wightman and Terry Jacob

Sandra Grogman, Neal and Sherry Halleran, Pete and Jan Halliday, Bob and Jane Holder, Friedrich and Daniela Jaeger, Scotty Kelly, Karl and Jeri Magg, Edward and Dorothy Miller, Kevin and Deirdre O'Donnell, Bill and Stephanie Rahe, Todd and Karen Roberts, Ron and Faith Souders, Davis and Patricia Thurber, Rod and Gerry Verblauw, Alex Werner and Karen Storjohann, and Larry and Judy Yenkolle.

The Sanibel Historical Village is open Tuesday through Saturday from 10 a.m. to 4 p.m. Full guided tours take place at 10:30 a.m. and 1:30 p.m. at no additional charge, depending on docent availability. The village is located at 950 Dunlop Road (next to BIG ARTS) and there is handicap access to the buildings. Admission is \$10 for adults over 18; no charge for members and children. For more information or to make a donation, visit www.sanibelmuseum.org or call 472-4648.*



Harriet and Bruce Pattison. Harriet created the centerpieces.



Mandy and Steve Greenstein



Scot and Melissa Congress



Georgianna and Steve Sorensen



Gail and Roland Garlinghouse



Patty and John Grey



Friedrich and Daniela Jaeger



Guests will be treated to beautiful bay views at Octifest 2019

photo provided

Octifest Ocean Celebration Slated For April

Sanibel Sea School's annual fundraiser, Octifest on the Beach, will be held on Saturday, April 13 at 6:30 p.m. The 501(c)3 nonprofit

organization invites community members to attend in celebration of their efforts to provide meaningful ocean experiences to thousands of children in the region each year. The event committee is planning a fun evening for guests.

The event is unique among island fundraisers for its bayside location on Causeway Island A, where guests are treated to cocktails with sunset views over San Carlos Bay and an evening

of stargazing. There will also be music, a sustainable dinner, plus a variety of opportunities to support the school's ocean conservation mission, along with a few other surprises.

"We depend on Octifest as our largest source of funds to support our outreach and scholarship programs each year," said Sanibel Sea School Executive Director

Dr. Bruce Neill. "We are so grateful for our community members, who have made it possible for us to help so many students explore the ocean each year, who otherwise might not have that opportunity."

For information about sponsorship opportunities or to purchase tickets, visit www.octifest.org or call 472-8585.✪



BIG ARTS Community Chorus

photo provided

BIG ARTS Chorus Rehearsing For Spring Concerts

BIG ARTS Community Chorus members are gearing up for their spring concerts on Thursday and Friday, March 14 and 15 in BIG ARTS Schein Hall. The chorus, which is made up of local members of the Southwest Florida community, will be performing a diverse lineup of classic mainstays and contemporary favorites. The chorus, which does not require auditions, is open to those from all walks of life.

One of the members, Fred Nordstrom, retired to Sanibel in 1988 and joined the chorus shortly after. "My wife, Marjorie, a music teacher and performer, was

the second director for the BIG ARTS chorus from 1993 to 1995 so I sang in the chorus," said Nordstrom. He was a 38-year veteran of the agricultural industry who began singing at a young age. "I was raised on an Iowa farm and attended a country school where the teacher had us sing a lot," Nordstrom said. "I continued singing in church as well as the University of Iowa Chorus and received a number one rating in the state for solo singing. I really enjoy singing and especially being involved in community activities. In my opinion, singing a message is selling that message to the audience. When they smile, you know you have made a sale!"

For Charlene Gulbrandsen, the BIG ARTS Community Chorus offers her a place to continue to make music. "As a non-audition chorus, the BIG ARTS

continued on page 36



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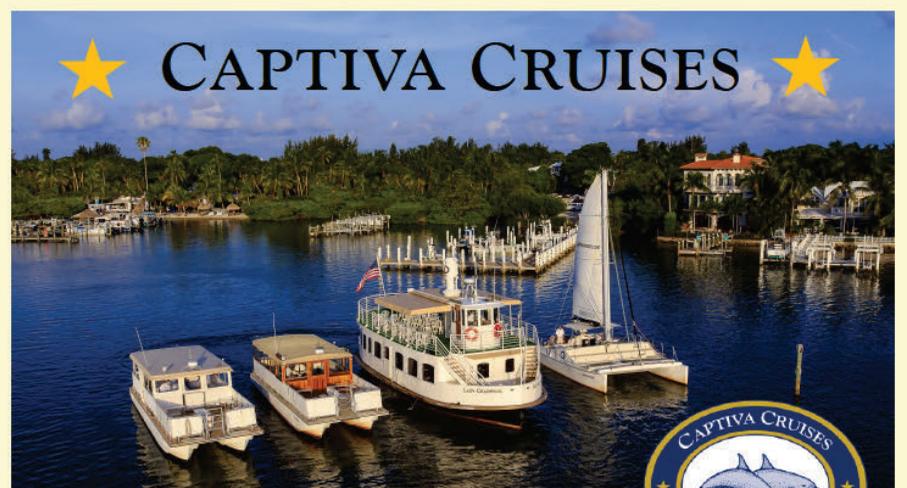
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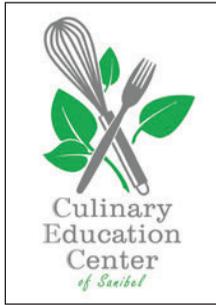
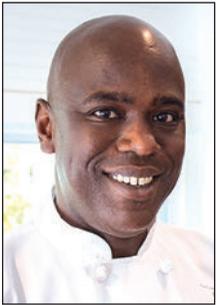
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The Community House

Parsley



by Resident Chef Jarred Harris

Parsley is one of the most popular herbs in the world and has been cultivated throughout the Mediterranean region for more than 2,000 years. It belongs to the same family as carrots, celery and cumin. The name "parsley" comes from the Greek word meaning "rock celery," because parsley grows well on stone walls and rocks.

There are two types of parsley, "curly" parsley and "flat leaf" or "Italian" parsley. Curly parsley is slightly bitter and has curly or wrinkled leaves and is used mainly as a garnish. Italian or flat leaf parsley has flat leaves and a strong, less bitter flavor. Both are used as an ingredient for soups, salads and stews.

Parsley was used by the ancient Romans as an ingredient for salads and

to eliminate the effects of a hangover. Ancient Greeks used parsley for medicinal purposes, funeral wreaths and garlands for the winners of sporting games.

Parsley contains powerful antioxidants and antihistamines. It also contains anti-fungal and anti-bacterial properties. The herb is a very good source of folate, iron, vitamin C, vitamin A, vitamin B and an excellent source of vitamin K. In fact, two tablespoons of parsley contain 153 percent of the recommended daily allowance of vitamin K.

The health benefits of parsley include preventing halitosis, fighting diabetes and improving blood circulation. Other health benefits include fighting arthritis, promoting good bone health and boosting the immune system.

Gardeners plant parsley around roses to help intensify its smell. Parsley is also planted around tomatoes to attract bees to help pollinate the plant.

Here is a simple recipe to try using parsley;

Tabbouleh Salad

Ingredients

- 2 bunches of flat leaf parsley (roughly chopped)
- ½ bunch of fresh mint (roughly chopped)
- 1 bunch scallions (finely sliced)
- 1 English cucumber (skin-on, finely diced)
- 1 pound of vine-ripe tomatoes (roughly chopped)
- 2 cups quinoa (cooked and chilled)

Juice and zest of 1 lime
1 clove of garlic, minced
2/3 cup extra-virgin olive oil
Salt and fresh black pepper to taste
Method

Place the first five ingredients in a large mixing bowl. Add the quinoa and gently toss.

Whisk the lime juice, zest and garlic in a small bowl. Gradually whisk in the olive oil. Season with salt and pepper to taste.

Drizzle all the dressing over the salad and toss.

Serve with warm pita bread and hummus.

*Resident Chef Jarred Harris heads the Culinary Education Center at The Community House on Sanibel. For volunteer opportunities or questions, contact him at kitchen@sanibelcommunityhouse.net or call 472-2155.**

American Legion Post 123



The American Legion Post Auxiliary's 123 Sale will be held this Friday, Saturday and Sunday, March 1, 2 and 3. Hours are 4 to 8 p.m. on Friday and noon to 6 p.m. Saturday and Sunday. There will be treasures galore, Auxiliary Bake Sale on Saturday and Sunday, and a backyard barbecue with pulled pork and bratwurst on Sunday from noon to 8 p.m.

The following Sunday, barbecued ribs and chicken are on the menu from noon to 8 p.m.

Every Monday night beginning at 5 p.m., the 8 Ball Pool League is in play.

On Tuesdays, tacos are served all day on Wednesday. On Fridays, a six-ounce ribeye steak sandwich is on the menu. There are daily specials as well as half-pound burgers. Food is served from 11 a.m. to 8 p.m.

If you have a flag that needs to be retired, drop it off at Post 123.

American Legion Post 123, located at Mile Marker 3 on Sanibel-Captiva Road, is open Monday through Saturday from 11 a.m. to 9 p.m. and Sunday from noon to 9 p.m. The public is welcome. For more information, call 472-9979.*

Overeaters Anonymous

If food is a problem for you, Overeaters Anonymous can help. Meetings are held in Room 132 at Sanibel Community Church on Tuesdays at 5:30 p.m. and on Fridays at 4 p.m.

For more meeting information, visit www.southwestfla.org.

Sanibel Community Church is located at 1740 Periwinkle Way.*

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Radu Paponiu photos provided

Symphony Hosting Bach Birthday Bash

The Southwest Florida Symphony continues its 58th season of small stage symphonies with Back to Back Bach: the Bach Birthday Bash. The concerts will be held at 7:30 p.m. on Wednesday, March 20 at the Sidney & Berne Davis Art Center; Thursday, March 21 at the Village Church at Shell Point; and Friday, March 22 at The Community House.

In keeping with the Southwest Florida Symphony's exploration in the fusion of classical music with other genres, this series features Bach reimagined, reinterpreting the music from a contemporary perspective. The music of JS Bach is infused with rich harmonies, fluid counterpoints and a rhythmic groove in a multitude of musical styles. Drawing on his extensive experience in a variety of musical idioms, pianist/arranger Matt Herskowitz lends a unique voice to the music while maintaining the compositional



Matt Herskowitz

integrity of the original, resulting in new settings that feel completely natural. These performances are conducted by Naples Philharmonic Assistant Conductor Radu Paponiu.

Tickets begin at \$20 and vary by venue. For more information or tickets, visit www.swfso.org, stop by the box office, located at 8290 College Parkway, Suite 103 in Fort Myers, call 418-1500 or get tickets at the door of each venue, one hour prior to each concert.

The Sidney & Berne Davis Art Center is located at 2301 First Street in downtown Fort Myers. The Village Church at Shell Point is located at 15100 Shell Point Boulevard in South Fort Myers. The Community House is located at 2173 Periwinkle Way on Sanibel.*

Jeweler Hosting Famed Designer, Annual Wine Fest

Lily & Co. Jewelers is hosting two special events this weekend. Meet famed designer Charles Krypell at a cocktail party from 5 to 8 p.m. this Friday, March 1 and at open houses from noon to 4 p.m. on March 2 and 3. The 11th annual Sanibel Uncorked – Sanibel Winter Food & Wine Festival will top off the festivities from 1 to 5 p.m. on Sunday, March 3.

“Charles is a genuine people person who loves to meet collectors or those who admire impeccable pieces of jewelry,” said Dan Schuyler, co-owner of Lily & Co. with Karen Bell. “When you meet him, you will love the man and his jewelry.”

Krypell, who was a sculptor before becoming an internationally-known jewelry designer, has seamlessly woven his two beloved crafts together by sculpting exquisite pieces destined to touch the hearts of those who wear them.

The Sanibel-Captiva Optimist Club's Sanibel Uncorked fundraiser is a food and wine festival that features an extensive wine and craft beer tasting paired with some of the islands' top chefs sharing signature creations during cooking demonstrations.

A silent auction will accompany the culinary excitement with treasures from gourmet wines, jewelry and artwork to hotel and golf packages. This special event has provided multiple-year scholarships for



Part of the Krypell collection photo provided

aspiring college students and continues to provide that opportunity for more young people every year.

“We are honored every year to assist the Optimist Club with Sanibel Uncorked,” said Schuyler. “This organization does great things for our community that can sometimes go unnoticed.”

There is a \$30 donation or \$25 for designated drivers suggested for tickets, which are available at Bailey's General Store, Sanibel Captiva Community Bank, Sanibel Cafe or at the door at Lily & Co Jewelers, located at 520 Tarpon Bay Road, across from Bailey's. For more information, call 472-2888.*

San Cap Art League Presents Its 2019



FAIR



Fine Artists displaying their works inside and outside the Sanibel Community House

Saturday March 2
9am to 3pm

RAIN OR SHINE

Book Review

The Force

by Di Saggau



The Force by Don Winslow is based on years of research deep inside the New York City Police Department. It takes the reader step by step through operations of a special task

force called "Da Force." It's led by Denny Malone, a man who talks to himself constantly. His voice serves as the narrator telling how they take care of their own and how they see things they don't share with family – terrible things. The language is tough and raw and very realistic. I read this book over a year ago and kind of forgot about it until I saw Winslow interviewed on *CBS Sunday Morning*. I decided to send it your way because it is a very good read.

Malone, a highly decorated NYPD detective sergeant has a crew of the smartest, toughest, quickest, bravest and baddest. They are an elite unit given unrestricted authority to wage war on gangs, drugs and guns. What few people know is that Malone and his crew are dirty. This is explained early on in the book. Malone and his crew are responsible for the biggest heroin bust in the history of the city. It actually would have been twice as big if half

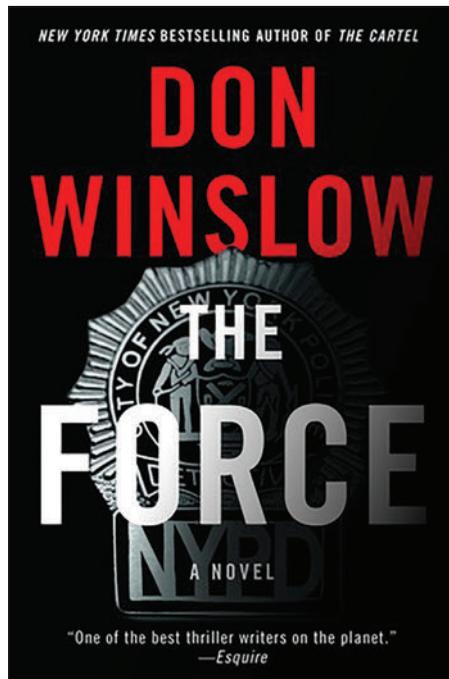


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the heroin and half the money hadn't ended up in the hands of Denny and his team. It's their retirement money, college money for their kids. Money to take care of cop widows and their kids. Denny asks himself, "How do you cross the line? Step by step."

The first three pages are a sobering reminder of law enforcement personnel murdered in the line of duty while Winslow was writing this novel. The book is dedicated to them. *The Force* is a terrific read with good cops and bad

cops, police privilege, love of partners and loyalty to their job. Denny and the unit are fictitious and, aside from the dirty cop aspect, you get a real look into the lives of cops and what they go through. You'll find yourself rooting for Denny and his crew and won't be able to put this book down until it reaches its dramatic ending.

The Force is a haunting story of greed and violence, inequality and race,

crime and injustice, retribution and redemption that reveals the seemingly insurmountable tensions between the police and the diverse citizens they serve. It's a masterpiece of urban realism full of shocking twists with flashes of dark humor. Stephen King says, "*The Force* is mesmerizing, a triumph. Think *The Godfather*, only with cops. It's that good." Put it on your list.*

School Smart

by Shelley M. Greggs, NCSP



Dear Shelley,

My three-year-old daughter goes to a preschool, and he is having a lot of difficulty at school and at home with hitting, fighting and

anger. We are very worried. His teachers are very concerned as well, and they have suggested that he may have some severe problems that would be helped with medication. I am not ready to give up and put him on medicine at such a young age. What are some things we can do to help him?

Alyssa K, Fort Myers

Dear Alyssa,

Aggressive behavior can emerge as a normal behavior during the second and third years of life. It is important not to assume that such behaviors represent a personality trait. When adults assume that children are being intentionally aggressive, the expectation for undesirable qualities can become established and can lead to a "recursive cycle" (Katz and McClellan, 1991) in which children come to fulfill the expectations set for them.

Aggressive toddlers or preschoolers can benefit from support and encouragement for replacing aggressive behaviors with more socially acceptable alternatives. Important techniques include helping young children label and verbalize their feelings and those of others, developing problem-solving approaches to conflicts and teaching them to ask for help. Age-appropriate anger management techniques as well as discussion of the causes and consequences of her aggressive behavior can help both young children and their caregivers handle this situation more effectively. Adult guidance that is consistent, supportive, non-punitive and includes the child in understanding the reactions of all participants and the reasons for limits will help even very young children cope with aggressive behaviors.

Parents and teachers can recognize and promote the cooperative behaviors that all children demonstrate as they develop. You should acknowledge and praise your daughter's efforts to initiate appropriate social interactions, her helping behaviors and use positive discipline techniques. Communicate respect and high expectations to her and support her struggle to resolve her

frustrations.

Teach your child to anticipate frustrating situations such as sharing favorite toys, turn-taking and following directions, which may induce aggressive behavior. Simple scripts that you can teach to your child about what to say in these challenging situations and therapeutic storybooks are a great way to help children learn to anticipate and change behavior.

Help your child develop more socially acceptable and less destructive means of channeling her anger. Find something that is OK for her to do when she is angry, like punching the air or a pillow, until she gradually gains greater control over aggressive impulses.

If it becomes necessary to remove your child from an aggressive situation, it should be done without comment and with as little aggression or physical restraint as possible on the part of the adult. A cooling-off period should then follow before any reasoning begins. When reasoning is attempted, emphasis should be placed on helping your child realize the negative consequences that the behavior causes for her.

These interventions will take some time to take effect, but with your consistent guidance and support, you should see less aggression soon.

Shelley Greggs is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.*

Community Appraisal Day

The Alliance for the Arts, in partnership with Leslie Hindman Auctioneers, will host a Community Appraisal Day on Saturday, March 16 from 10 a.m. to 4 p.m.

Meet with auction house experts from Leslie Hindman Auctioneers and find out the value of your fine jewelry, artwork, decorative objects, furniture, Asian works of art, books, maps, silver and beyond.

A 20-minute appraisal session is \$10 for Alliance members or \$20 for non-members. Pre-registration is required.

Alliance for the Arts is located at 10091 McGregor Boulevard in Fort Myers. For more information, call 939-2787 or visit www.artinlee.org/ appraisal.*



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BIG ARTS Monday Night Film Series

This Changes Everything

by Di Saggau



The BIG ARTS Monday Night Movie for March 4 is *This Changes Everything*, an American documentary that examines sexism in the Hollywood film industry. The film contains interviews with a variety of actresses and women filmmakers on their experiences in the industry. This outstanding film was featured at the 2018 Toronto International Film Festival and the Miami Film Festival.

As an added bonus, the producer of the film, Ilan Arboleda, along with producer Azza Cohen will be in attendance for the film and for the question and answer reception following the screening. Judy Adler, member of the BIG ARTS Film Society board, is responsible for putting this exciting event together.

This Changes Everything features a strong, eclectic and impressively starry roster of women working in front of and behind the camera. It offers up a quick-fire history lesson that shows how, for generations, sexism and prejudice in the entertainment industry have shut out and silenced filmmakers who aren't straight white men. It also explains what is being done to change the numbers and it's a story worth telling. You'll hear from Geena Davis, Natalie Portman, Sandra Oh, Meryl Streep, Shonda Rhimes, Reese Witherspoon and many others.

In the last 100 years, Hollywood has

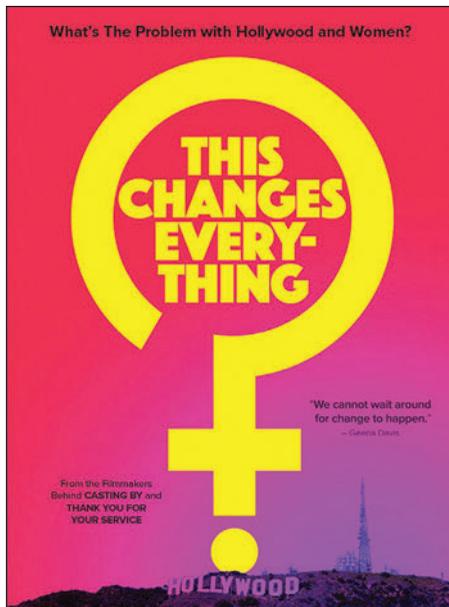


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emerged as one of the most influential forces in shaping our society's perceptions and expectations of women in everyday life. What comes out of Hollywood reaches the entire world. Who is creating these stories, and how does this shape the on-screen portrayal of women? It all begins with the storytellers. The film uncovers what is behind one of the most confounding dilemmas in the entertainment industry, the under-representation and misrepresentation of women.

The documentary takes an incisive look behind and in front of the camera, into the historical and empirical evidence, and systemic forces that foster gender

discrimination and reinforce disparities in our culture. The film is a call for change and accountability, seeking and proposing solutions from inside Hollywood and around the world. The film runs 97 minutes. Moderator for the evening is Judy Adler.

Admission to BIG ARTS Monday Night Film Series is \$10 and all screenings begin at 7 p.m. in Schein Performance Hall. Each film is followed by a complimentary reception and discussion. BIG ARTS is located at 900 Dunlop Road. Tickets are available at www.bigarts.org, at the door or by calling 395-0900.*

BIG ARTS Corner

Workshops And Seminars

BIG ARTS is offering the following workshops and seminars:

Drawing Basics with Douglas David – Tuesday, March 5, 9:30 a.m. to 3:30 p.m.

Intermediate Acrylic Painting Techniques with Nancy Tome – Tuesdays, March 5 to 26, 1 to 4 p.m.

Adult Tap with Bobby Logue – Tuesdays, March 5 to 26, 12:30 to 2 p.m.
Beginner Tap with Bobby Logue – Tuesdays, March 5 to 26, 2:15 to 3:15 p.m.

Creating with Polymer Clay with Martha Grattan – Tuesday, March 5, 4 to 6 p.m.

Adobe Lightroom with Denny Souers – Tuesdays, March 5 to 26, 1 to 4 p.m.

The Roosevelts with James Rudin – Wednesdays, March 6 to 20, 9:30 to 11 a.m.

Step by Step Acrylic Painting with Marjorie Bronsted – Wednesdays, March 6 to 27, 1 to 3 p.m.

Experimental Mixed Media with Bea Pappas – Wednesdays, March 6 to 27, 9:30 a.m. to 4 p.m.

Glass Fusing with Petra Kaiser – Wednesdays, March 6 to 27, 9:30 a.m. to 12:30 p.m.

Beginner Watercolors with Pen and Ink with Linda Benson – Thursdays and Fridays, March 7 to 15, 9 a.m. to noon.

Experimental Mixed Media with Bea Pappas – Thursdays, March 7 to 28, 9:30 a.m. to 4 p.m.

Glass Fusing with Petra Kaiser – Thursdays, March 7 to 28, 9:30 a.m. to 12:30 p.m.

Photography, advanced, with Denny Souers – Thursdays, March 7 to 28: first

class, 9 a.m. to noon; classes 2, 3 and 4, 7 a.m. to noon.

Shells 2 Share/Seashell Decorating with Meg Scott – Saturday, March 9, 9:30 to 11:30 a.m.

Keepsake Art Journal with Kat Kirby – Tuesday, March 12, 9 a.m. to 5 p.m.

Intro to Opera (Part II) with Thomas Cimarusti – Mondays, March 18 to April 8, 1 to 4 p.m.

Block-in and Rendering in Charcoal with Francesco Gillia – Tuesday, March 19, 9:30 a.m. to 3 p.m.

HD LIVE at the Met Lecture on *Walküre* with Tom Cimarusti – Friday, March 29, 1 to 3 p.m.

Call 395-0900 or stop by the BIG ARTS Center at 900 Dunlop Road to enroll. Preregistration is recommended. For complete course descriptions and the full season's workshops and class schedules, visit www.bigarts.org/workshops, or email info@bigarts.org.*

From page 30

BIG ARTS Chorus

Community Chorus is fast becoming a most musically dedicated group of performers. Whether it be dancing, acting, narrating, composing, directing, instrumental or singing," said Gulbrandsen, a former church choir director who moved to Sanibel in 2013. For many like Gulbrandsen, the chorus has become like an extended family. "Each season, I am saddened when our spring (final concert) concludes as I look forward to fall and reuniting with the choristers," Gulbrandsen said.

For other members like 12-year chorus veterans John and Judy Pryor, the BIG ARTS Community Chorus offers a way to share their passion of music. When asked what the chorus means to them, they said, "Everything! There are lots of talented singers and really interesting people who love to sing. There is a joy in singing with this group. One of our songs this year is *How can I keep from singing?* That's how we all feel. And, of course, we have a terrific director."

Tickets to the BIG ARTS Community Chorus Spring Concert are \$12 for adults; no charge for students and children. Tickets can be purchased at the BIG ARTS box office located at 900 Dunlop Road, by phone at 395-0900 and online at www.bigarts.org. For more information on how to join the BIG ARTS Community Chorus, email info@bigarts.org or the call the box office.*

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- Fresh local grouper, yellowtail snapper, hogfish, mahi-mahi, tripletail, ahi tuna and salmon.
- Choice grilled ribeye and flat iron steaks
- Homemade desserts, quality cakes from epicurean bakeries
- Craft, Import and Domestic beers, as well as a comprehensive wine list

Call Ahead Seating Available
BIG PARTIES DON'T SCARE US (call ahead for reservations)

Share your comments, photos and stories: [Facebook.com/lighthousecafeofsanibel](https://www.facebook.com/lighthousecafeofsanibel)

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Community Players To Read British Comedy

A reading of the comedy *Table Manners* by Alan Ayckbourn will be performed on Saturday, March 2 at 7:30 p.m. at the BIG ARTS Strauss Theater, located at 2200 Periwinkle Way on Sanibel. Tickets are \$12 each and may be purchased by calling 395-0900 or online at www.bigarts.org prior to the performance. Tickets may also be purchased at the door the night of the performance beginning at 6:30 p.m.

In *Table Manners*, Annie has decided to go away for a weekend with her brother-in-law Norman. Her plans are changed by the arrival of Annie's brother Reg and his wife Sarah, who have come to take care of Annie's mother while she goes away. When Sarah finds out that the weekend involves Norman, she tries to put a stop to it. The situation is made even more complicated by the presence of Annie's friend and would-be suitor Tom, a veterinarian. The humor climaxes with a round-robin dinner party that includes Norman's wife, Ruth.

Local artists will perform the following roles: Judy Koloski (Annie) studied with the New York School of Dramatic Arts, has taken theater

courses with the Florida Repertory Theater, and appeared in several productions of the Sanibel Community Players. Leslie Anding (Sarah) danced with the New York City Ballet and has worked with several theater groups. On Sanibel, she appeared in *Chasing Manet*, *Dearly Departed* and *An Evening of Radio Theatre*. The theater experience of Michael Cullen (Tom) includes several summer seasons at the Barn Community Theatre in Minnesota. He particularly enjoyed participating in *Oklahoma*, *Carousel* and *South Pacific*. Helen Barber (Ruth) since early childhood has engaged in formal training in ballet, tap and modern dance. From her teens and throughout her life, she has been active in amateur dramatics and choirs.

Alan Levine (Reg), a retired ophthalmologist, plays Tom, a veterinarian. He was in the Community Players productions of *Copenhagen* and *Blythe Spirit*. Robert Runck (director) has directed and performed in several play readings for the Community Players. He has acted professionally with the American Repertory Theater, and directed plays in Florida, Massachusetts and New Hampshire.

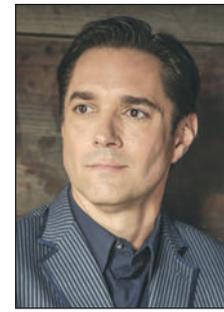
Alan Ayckbourn is a prolific British playwright and director who has written and produced more than 70 comic plays, of which *The Norman Conquests* is a trilogy which includes *Table Manners*.*



Ann McMahon Quintero



Julie Davies



Harold Meers



Stephen Morschcheck

Symphony Lecture And Performance

The Southwest Florida Symphony continues its 58th season on Saturday, March 2 with *Masterworks IV: Verdi Requiem* at Barbara B. Mann Performing Arts Hall at FSW. The performance begins at 7:30 p.m. with Maestro Kabaretti's popular pre-concert lecture taking place at 6:30 p.m. These lectures are offered in order to better educate audiences about the pieces being performed and often feature a guest artist question-and-answer session and demonstrations.

Masterworks IV: Verdi Requiem is conducted by the Southwest Florida Symphony's internationally renowned

music director, Maestro Kabaretti and features Giuseppe Verdi's dramatic tribute to his dear friend, Italian poet and cultural icon Alessandro Manzoni.

The Symphonic Chorale of Southwest Florida, the Fort Myers Symphonic Mastersingers and the Southwest Florida Symphony will share the stage with soprano Julie Davies, mezzo-soprano Ann McMahon Quintero, tenor Harold Meers and bass-baritone Stephen Morschcheck for this powerful choral work.

Tickets are between \$25 and \$105 per person and may be purchased online at www.swfiso.org, by visiting the Southwest Florida Symphony Box Office, located at 8290 College Parkway, Suite 103 in Fort Myers, by calling the symphony box office at 418-1500 or at the door an hour and a half prior to the concert.

Barbara B. Mann Performing Arts Hall is located at 13350 FSW Parkway in Fort Myers.*

Email editorial copy to: press@islandsunnews.com

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Writer J. David Truby

photos provided

Programs For All Ages At Sanibel Public Library

Weekly children's programs with Youth Service Librarian Deanna Evans continue at Sanibel Public Library during the month of March. The full event schedule, which includes technology programs in virtual reality, is on the calendar at the library's website at www.sanlib.org.

The German invasion of Norway in April 1940 was a daring use of land, sea

and air power. On Friday, March 1 at 10 a.m. Sanibel Public Library's Duane E. Shaffer will review tactics of this World War II campaign, with an encore at 2 p.m.

On Monday, March 4 at 4 p.m., there will be an overview of comic book collecting with Todd McDevitt. McDevitt is the owner of six New Dimension Comics stores based in Pittsburgh. In addition to insight on collecting comics, McDevitt will be available to appraise your comic books and estimate their value.

Writer J. David Truby returns to the library at 10 a.m. on Wednesday, March 6 with an encore presentation of his Dark



Comic Book Collecting is March 4

Side Sanibel, a humorous poke at the tourists, the elected, absentee owners, and other locals who make Sanibel so out-loud funny.

On March 6 at 2 p.m., see the Women of Note: Forgotten Prodigy program at the library. Portrayed by historical actor Damaris Peters-Pike, Mozart's talented older sister, Nannerl, will talk about her life, and how she was not given a chance for fame because of her gender.

Sanibel-Captiva Art League and Shell Island Garden Club's Art in Bloom – floral arrangements inspired by artwork, displayed with the coordinating art – opens at noon on Tuesday, March 12. Art in Bloom will also be on display Wednesday, March 13 from 9 a.m. to 5 p.m. and Thursday, March 14 from 9 a.m. to noon.

Weekly Children's Schedule

Geared specifically for children in fourth through sixth grade, the After-School Clique will meet on Tuesdays at 3 p.m. The group will be crafting, building, and playing, with books and a snack provided.

Storytime for preschoolers and their caregivers will be held on Wednesdays and Thursdays at 11 a.m.. This program helps develop pre-reading skills through songs and stories. A special Saturday Family Storytime will be held at 11 a.m. on March 9.

The After-School Crew, for children in



Historical actor Damaris Peters-Pike

kindergarten to third grades, will meet at 3 p.m. on Thursdays.

The public is invited to attend these library programs. There is no registration required and no additional cost to participate.

For more information, call 472-2483 or visit www.sanlib.org.

Lighthouse Cafe

The World's Best Breakfast

NOW SERVING DINNER! Dec 14-May 1
Dinner Reservations Recommended

- Slow-roasted prime rib au jus, burgers, fish sandwiches, salads, chicken parmesan, pasta, ribs and more.
- Fresh local grouper, yellowtail snapper, hogfish, mahi-mahi, tripletail, ahi tuna and salmon.
- Choice grilled ribeye and flat iron steaks
- Homemade desserts, quality cakes from epicurean bakeries
- Craft, Import and Domestic beers, as well as a comprehensive wine list

Call Ahead Seating Available

BIG PARTIES DON'T SCARE US (call ahead for reservations)

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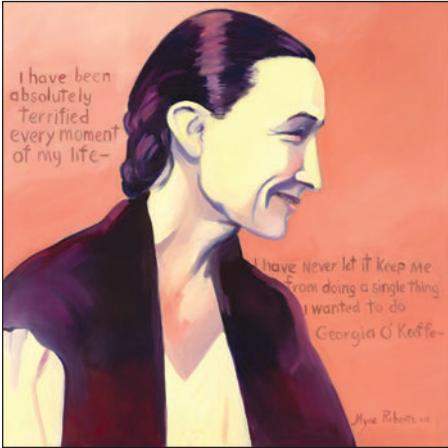
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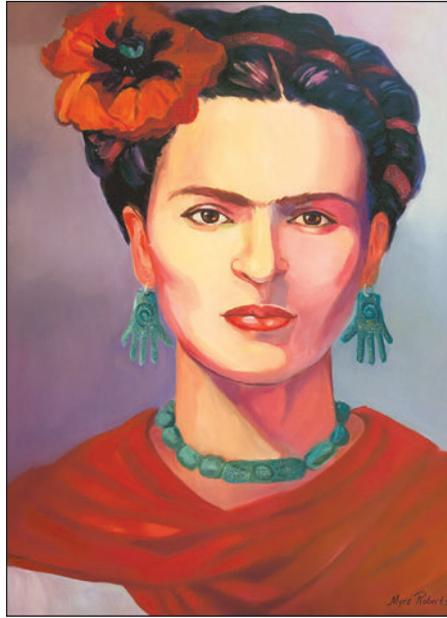
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Porches

Shelves



Georgia O'Keeffe by Myra Roberts
images provided



Frida Kahlo by Myra Roberts

The afternoon will include a mini cooking session, including recipes for healthy and easy-to-prepare superfoods with servings for each participant, as well as a yoga session (the theater has a few extra mats available). Roberts will guide each participant through an empowerment exercise using her favorite medium, art.

The Laboratory Theater of Florida is located at 1634 Woodford Avenue in downtown Fort Myers. For more information or tickets, visit www.laboratorytheaterflorida.com.*

Reknowned Artist To Speak At Theater Workshop

Sanibel artist Myra Roberts will be presenting a three-hour workshop at The Laboratory Theater of Florida on Saturday, March 2 beginning at 1 p.m. Tickets are \$100.

Beyond the Brush – The Social Commentary and Lifestyle of Myra Roberts will be an interactive afternoon encompassing various aspects of this powerful artist's lifestyle that allow her to maintain the energy levels and balance of her passions with the everyday demands she juggles.

BIG ARTS Concert Band To Perform



The BIG ARTS Concert Band

photo provided

The BIG ARTS Concert Band will present its second program of the year at Schein Hall on Saturday, March 9 at 7 p.m.

BIG ARTS Schein Hall is located at 900 Dunlop Road on Sanibel. For more information or tickets, visit www.bigarts.org or call the box office at 395-0900.*

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First Female Big Year Winner To Speak At Refuge

Naples resident Yve Morrell, who became the first woman to tally the most species of birds for the American Birding Association's North American Big Year with a count of 817 in 2017, will present two programs at JN "Ding" Darling National Wildlife Refuge on Friday, March 8. The programs, which are part of the 2019 "Ding" Darling Friday Lecture series and in celebration of International Women's Day and Women's History Month, will be held at 10 a.m. and 1 p.m.

The North American Big Year sees birders canvassing the continent to break previous records. The highest record count to date was in 2016 with 836 species recorded.

From Florida to Arizona, Hawaii and the Aleutian Islands, Morrell covered more than 127,000 miles by air and



Yve Morrell photo provided
another 30,000 by car, not to mention how many she hiked. She also spent 20 days at sea to capture pelagic species,

despite bouts of seasickness. She recorded her sightings on her blog at www.thedancingbirder.com.

HighTower/Thomas & Swartz Wealth Management sponsors the 11-lecture series with support from the "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS). The free lectures are held twice each Friday through April 12.

Lectures take place in the admission-free "Ding" Darling Visitor & Education Center. Seating is limited and available on a first-come basis. Early arrivals can save their seat and one extra with personal items. Saved seats must be filled 15 minutes before lecture time or they will be given to the next in line.

As usual, Wildlife Drive closes on Friday, but visitors are welcome to explore the Visitor & Education Center, Indigo Trail and recreational opportunities at Tarpon Bay Explorers, the refuge's official recreation concession located at its Tarpon Bay Recreation Area.

Note: Opinions expressed in guest lectures do not necessarily reflect

the views of refuge and DDWS management, staff and board of directors.

The season's remaining schedule is:
March 15 – Jeremy Conrad, Sea Level Rise: Globally & Locally
March 22 – Dusty "Wildman" Crum, Robbie & Geoff Roepstorff, Mike Kirkland, Pythons: The Hunters, the Science

March 29 – Marine scientist Lauren Blickley, Drastic Plastic – Turning the Tide on Plastic Pollution

April 5 – Ornithologist Dr. Jerry Lorenz, Flamingos & Spoonbills: Pink Canaries in a Coal Mine

*April 12 – Author Denege Patterson, *Five Islands Never Flooded: A Tour of the Islands of Pine Island Sound, Florida*. There will be a book signing following this presentation.

JN "Ding" Darling National Wildlife Refuge is located at 1 Wildlife Drive on Sanibel. For more information, call 472-1100 ext. 241 or visit www.dingdarlingsociety.org/articles/lecture-and-film-series.✧



Langhorne Slim photo provided

Early Bird Tickets Offered For Beer In The Bushes

The 8th annual Beer in the Bushes, hosted by Sanibel-Captiva Conservation Foundation (SCCF), is scheduled for Saturday, April 20. A limited number of early bird tickets go on

sale Friday, March 1 through Eventbrite at www.beerinthebushes.com.

Break out your dancing shoes because Langhorne Slim will bring a funky good time to an evening filled with amazing food and craft beer from the area's finest food trucks and breweries.

Langhorne Slim is no stranger to the world of popular culture and commercial success. Throughout his career, he has

continued on page 6B

Classic Car Show This Saturday



A 1959 Cadillac Series 62. It was the last year of the twin "bullet" tail lights. The 1959 Cadillac had the largest tail fins on any production car that year. photo provided

San Cap Motor Club is hosting its monthly Cars and Coffee Cruise-in this Saturday, March 2 from 9 to 11 a.m. at Periwinkle Place Shopping Center on Sanibel. All are welcome to stop by and see scores of muscle cars,

antique cars, hot rods and other vehicles on display for two hours only. No pre-registration is necessary to bring your vehicle out for display.

A continental breakfast, coffee and continued on page 14B

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Tamara Joffe of She Sells Sea Shells presents the check to Rae Ann Wessel of SCCF, who is displaying one of the reusable shopping bags photo provided

Business Donates Proceeds From Sales To SCCF

She Sells Sea Shells raised over \$500 during the holiday season – Thanksgiving to New Year’s – from the sales of their reusable shopping bags. In support of the environment, She Sells Sea Shells has been donating \$1 to the Sanibel-Captiva Conservation Foundation (SCCF) for every bag sold and is continuing this campaign through 2019.

The National Environment Agency

(NEA) reports that the use of one reusable bag over a year could replace the use of 125 single-use plastics bags or 52 single-use paper bags.

The reusable bags are \$5 each. They are made from recycled materials and available in several “island inspired” designs including sea turtles, manatees, dolphins, mermaids and beach scenes. They are washable and durable.

“Our customers are eager to support this important environmental cause, and have also been purchasing extra bags as gifts to further spread the awareness,” said Tamara Joffe of She Sells Sea Shells.

The Joffe family, owners of the store, believe this will have a positive impact on

Sanibel Island and the planet. Giving back to the community is a core value of She Sells Sea Shells and has been an ongoing practice for its 40-plus years on Sanibel.

SCCF is a nonprofit organization dedicated to the conservation of coastal

habitats and aquatic resources on Sanibel and Captiva and in the surrounding watershed.

She Sells Sea Shells is located at 1157 Periwinkle Way on Sanibel. For more information, call 472-6991.✪

Goodall Topic Of ‘Ding’ Darling Film Screening

The 7th annual “Ding” Darling Wednesday Film Series continues its biweekly showings on March 6 with *Jane* at 1 p.m. in the JN “Ding” Darling National Wildlife Refuge Visitor & Education Center on Sanibel.

Jane, a National Geographic film, tells the story of Jane Goodall and her extraordinary work in the once male-dominated field of chimpanzee research.

Called the “best documentary of 2017,” it uses never-before-seen footage that has been locked away in National Geographic archives for more than 50 years. The movie follows the trailblazing conservationist’s early journey and research in Tanzania.

“Ding” Darling Wildlife Society-Friends of the Refuge hosts the free film showings with sponsorship from Sanibel-Captiva Beach Resorts. Seating is limited and on a first-come basis.

Following are the season’s remaining scheduled films. All films begin at 1 p.m. There will be a short discussion after each film to allow visitors to gain more from



image provided

their documentary-viewing experience by listening to other people’s points of view and analyzing what they just watched. For full descriptions of the films, visit www.dingdarlingsociety.org/articles/lecture-and-film-series.

March 20 – *Invasion of the Giant Pythons*

April 3 – *Saving Atlantis*.✪

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Tool For Near-Term Relief To Coastal Estuaries



submitted by Kevin Ruane, Mayor, City of Sanibel

The relationship between water quality and Florida's economy has never been more apparent than it is today. The lost summers of 2013, 2016 and 2018 were beyond challenging for the

coastal communities situated along the St. Lucie and Caloosahatchee estuaries. The countless images on social media of guacamole-like algae in our rivers and canals and piles of dead fish and other

marine life scattered along our beaches do not begin to capture the very real impacts that poor water quality is having on our communities.

On Sanibel Island alone, we removed more than 850,000 pounds of dead marine life from our beaches. Our local chamber of commerce reported lost revenue from July through December of more than \$46.8 million, with lodging cancellation rates at 78 percent during the same time period. The City of Cape Coral endured months of toxic blue-green algae blooms that clogged up canals and incited public health concerns. Other communities in Lee and Martin counties experienced similar impacts.

One of the most common questions that I receive from residents, business owners and visitors is: How could the state of Florida and our federal government allow polluted water from Lake Okeechobee to be discharged to our estuaries? The response that I often receive from water managers is: This is how the

system was designed (part of the Central and Southern Florida Project) and nothing can be done until the projects outlined in the Comprehensive Everglades Restoration Plan (CERP) are completed.

That answer is no longer acceptable. Our communities cannot wait another 20-plus years.

There is an opportunity for near-term relief to the plight of our coastal estuaries. On February 5, the U.S. Army Corps of Engineers kicked off a series of public scoping meetings to gather input on development of a new Lake Okeechobee Regulation Schedule (LORS), now referred to as the Lake Okeechobee System Operating Manual (LOSOM). LOSOM will provide operational guidance to the Army Corps on how to manage lake levels for multiple purposes, including the ecology of the lake, water supply for agricultural, urban and environmental uses, and it will establish criteria for releases to the estuaries.

Lake Okeechobee discharges have the single greatest impact on water quality in our coastal estuaries during wet periods. Changes to the way the lake is managed could provide immediate relief to the coastal estuaries. The reality is, according to the current schedule, there is no single CERP project that will provide immediate relief from the harmful discharges. On the other hand, modifying the lake schedule to maintain water levels lower and providing beneficial water releases to the Caloosahatchee and other natural systems when it is needed would reduce the volume of water that must be discharged during the wet season.

Some interests would like to maintain the status quo or even exacerbate the water quality problems within the lake and our coastal estuaries by holding the lake higher. They propose going back to the Water Supply and Environment (WSE) Lake Regulation Schedule – the schedule that preceded LORS 2008. This would be a huge mistake for Florida's economy, and the health, safety and welfare of the people that live, work and recreate on Lake Okeechobee and the coastal estuaries. The WSE schedule held the lake much

higher than the current schedule, resulting in devastating impacts to the ecology of the lake and its water quality. It also cut off beneficial flows to the estuaries when conditions were dry, holding significantly more water in the lake for water supply. When conditions were wet, it allowed for higher releases to the coastal estuaries, compared to LORS 2008. For additional impacts, see Audubon Florida's: Setting the Record Straight – A Deeper Lake Okeechobee is More Dangerous, Dirtier, and Unhealthy.

The corps is proposing completion of LOSOM in 2022. The health of our communities cannot wait until 2022. The LOSOM process must be accelerated and should not be held back by the completion of the Herbert Hoover Dike repairs – especially those components of LOSOM that reduce risk to the dike by maintaining the lake lower. As part of LOSOM, the corps should also do a thorough evaluation and modeling of each of the lake water management bands, including the Beneficial Use and Water Shortage Management bands. We must reevaluate where flows are measured in the Caloosahatchee to ensure that watershed runoff is taken into consideration when distributing flows. The new schedule must be equitable for all affected communities and stakeholders.

Several public scoping meetings are planned during the next two weeks on the east coast of Florida. I encourage all affected communities to participate in the process. The deadline for providing comments to the corps is March 31, 2019. For more information, visit www.saj.usace.army.mil/LOSOM/*

From page 1B

Beer In The Bushes

been defined by reflective songwriting and passionate delivery. According to *The New Yorker*, (Langhorne Slim has) "Leadbelly's gift for storytelling and Dylan's ability to captivate crowds."

The 2019 Beer in the Bushes will be held at the SCCF Nature Center. For more information, call 472-2329.*

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FISH Celebrates Volunteers At Annual Luncheon

FISH of SanCap, the nonprofit organization that provides programs, services and workshops for those that live, work on or visit Sanibel and Captiva islands, held its annual meeting and volunteer recognition luncheon on February 20 at The Community House.

Special guests included the BIG ARTS Chorus which entertained guests prior lunch catered by Sanibel Catering by Bailey's. FISH celebrated its volunteers, who tirelessly provide treasures of time, to assist island neighbors. In 2018, FISH volunteers provided 7,065 hours of service and drove 33,797 miles on behalf of FISH program that serve neighbors in need. A special token of appreciation was given to Tom Dunham, son of one of the original founders of FISH and to Jacque Cramer, volunteer, who is retiring as the luncheon coordinator.

Financial information was presented showing that 93.1 percent of all donations go directly to FISH programming. Plans for 2019 and beyond include offering additional workshops, exploring mental health, and depression and suicide prevention; enhancing programming for adult and youth education; combatting isolation and encouraging socialization; addressing medical needs of the aging population; increasing donor base; and volunteer recruitment.

If you are not familiar with FISH,



image provided

call 472-4775 to arrange a tour, meet the staff and see how the agency works to help neighbors. FISH of SanCap is the only human services organization on Sanibel and Captiva, and for 37 years, has been a "neighbors helping neighbors" organization offering a wide range of human services. To learn more about the programs and services of FISH, contact Alicia Tighe, executive director, at 472-4775 or visit www.fishofsanacap.org.

FISH relies on community support to fund all programs and accepts unopened, unexpired food items which are delivered directly to island families in need. All contributions are used by FISH to support its mission to lend a helping hand to those who live, work or visit here. FISH of SanCap is a United Way house and an equal opportunity provider.*

Kiwanis Club Scholarships

The Sanibel-Captiva Kiwanis Club is accepting scholarship applications for the 2019-20 school year. Scholarships of \$4,000 per year, over a period of four years, will be awarded. Additionally, several one-year scholarships in varying amounts are available, including Sam Bailey's Islands Night Scholarships.

Eligible applicants must be Sanibel or Captiva residents, employed full time

on the islands or a family member of such (of any age) attending a college or vocational school.

The club collects the applications and an independent committee makes the selection. Applications must be submitted by March 29, 2019. They can be obtained on the Kiwanis website, www.sanibelkiwanis.org, or by contacting: Antoinette Radicchi at 579-0660 or antoinette@sanibelinsurance.com; Bill Traum at 671-0155 or billtraum@me.com; or Chris Heidrick at 579-0660 or chris@sanibelinsurance.com.*

City Resources Director To Speak On Sea Level Rise

On Friday, March 8 at 5 p.m., James Evans, director of natural resources for the City of Sanibel, will visit Sanibel Sea School to speak about sea level rise, environmental challenges and the community's plans and options as they face these issues. Evans has been employed by

the City of Sanibel since January 2000, when he started working as a conservation officer. Since 2012, he has served as the director of natural resources. Evans earned a bachelor of arts degree in environmental studies and his master of science degree in environmental science from Florida Gulf Coast University. He has worked on several key habitat restoration projects including Bowman's Beach Park and Lighthouse Beach Park.

Cost is \$10 per person.

For more information and to RSVP, call 472-8585.*



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Gold medal-winning pickleball teams, from left, Doreen Ruane, Melissa Rice, Besty Ventura and Jean Baer photos provided

Islands' Golden Girls Claim Pickleball Titles

by Jeff Lysiak

At the 2nd annual Can Am Super Slam Pickleball Tournament, played at Sundial Beach Resort and Spa over the weekend of February 22 to 24, four of Sanibel's prominent community participants took home the "gold" for the top women's doubles teams.

Jean Baer and Betsy Ventura, founders and co-owners of Local Roots, LLC and the Sanibel and Captiva Islands Farmers Markets, teamed up to defeat Laura Uggerholt and Mary Ann Simpson, winning the women's doubles 3.5 skill level in the 50 to 54 age bracket.

"During the recent tournament at Sundial, Jean and I set up a 10 by 10 tent. It was a perfect home base for the Sanibel players to congregate before, during and after," said Ventura. "We offered each other advice, support and healthy snacks between matches. So much positive energy. I love that the



Jean Baer and Betsy Ventura in pickleball action

sport is more about the 'we' than the 'I.'

Melissa Rice, executive director of Community Housing & Resources (CHR), and teammate Doreen Ruane, CHR board member and wife of Sanibel Mayor Kevin Ruane, defeated Dessiree Bennett and Maria Bos to win the women's doubles 3.0 skill level in the 50 to 54 age bracket.

"Doreen has been my women's doubles partner for the past year," said Rice, who noted that her mixed doubles partner, Kevin Jolicoeur, hails from Derry, New Hampshire. "We're a great team. She hits a strong fast forehand."

"What a great weekend of pickleball at Sundial," added Ruane. "It was fun to play in as well to watch."

Other local medal-winning teams from the Can Am Super Slam Pickleball Tournament include Bob Blakely and Linda Horst, mixed doubles 3.5 champions in the 65 to 69 age group; Bob Vinson and Susan Vinson, mixed doubles 3.5 winners in the 70 to 74 age group; and Diane McDonald and Mike "Moon" Murray, mixed doubles 3.5 runner-ups in the 60 to 64 age group.

Rice and Jolicoeur captured gold in the mixed doubles 3.5 competition in the 50 to 54 age group.

Pickleball tournament action returns to Sanibel next month, with the return of Gamma's Sundial Grand Slam, to be held April 4 to 7. Open to men and women of all ages, the tournament also includes a clinic with professional players on



Bob Blakely and Linda Horst, mixed doubles 3.5 champions in the 65 to 69 age group

Friday, April 5 from 4 to 6 p.m. Sundial Beach Resort and Spa is located at 1451 Middle Gulf Drive on Sanibel. For more information, contact Lucy Kitcher at 954-534-6292 or ZeroZeroStay@yahoo.com.

"I just love playing pickleball and am fortunate to have found an amazing group of local Sanibelians who like playing pickleball just as much as me," said Rice. ✨

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Historical Village Elects New Board Members, Officers

The Sanibel Historical Village held its annual meeting of members February 24 at which three new board members were elected. Afterwards, in an executive session, the board elected officers.

New to the board are Mary Bondurant, Bonnie Frankel and Nancy Siegel, all volunteers at the village.

Bondurant is a realtor with Kingfisher Real Estate, Inc., Community Association manager and Florida notary. She attended Keystone College then served in the United States Air Force and the Pennsylvania Air National Guard for almost 10 years.

Born in Ireland, Bondurant immigrated to the United States, and has lived in New Jersey and Pennsylvania. After marrying her husband, Fred, she moved to Minnesota. In the spring of 1997, they took a short trip to Sanibel Island to visit a friend, spent a week, bought a house and moved the next month with their two children, John and Bonnie.

Bondurant is a great supporter of her Sanibel community. Currently, she is the incoming chairwoman for the Sanibel and Captiva Islands Chamber of Commerce; past president and secretary of the American Business Women's Association (ABWA), where she earned Chapter and Southwest Florida Council Woman of the Year; a member of the Military Officers Association; a member of America's



Mary Bondurant photos provided

Boating Club of Sanibel and Captiva, a member of the Island Cotillion; organizer of the annual Thanksgiving Celebration; and a volunteer at the Sanibel Historical Museum and Village.

Bondurant is a breast cancer survivor and founder of the islands' Let's Pink Out picnic and breast cancer awareness fundraiser. In her free time, she loves traveling the world with her family, but on Sanibel you will find her shelling, biking and cooking with her family and friends.

Siegel has been in "show business" her entire working career. In high school and college, she sold refreshments and tickets at movie theaters in the Chicago area. After college, at Western Illinois University,



Bonnie Frankel

she went into advertising and bought television air time at an advertising agency in Chicago. She sold air time at the ABC station in Denver for three years, then went back to Chicago and the ABC-owned television stations, where she spent the next 24 years.

Siegel worked as an account executive for nine years and then as vice president and sales manager for WLS-TV in Chicago for 15 years. Through ABC, she received a master of business administration degree from Simmons College in Boston.

Now retired, Siegel comes full circle, selling tickets and refreshments where she volunteers at the New Phoenix Theatre, newly opened in Fort Myers. Along the



Nancy Siegel

way, she served on the board of the Scholarship and Guidance Association in Chicago.

Currently, Siegel volunteers as a board member of the Hilton Grand Vacations property of Hurricane House on Sanibel, CROW, the New Phoenix Theatre, and the Sanibel Historical Museum and Village. At the village, Siegel works on the archive and display committee and assists the executive director in the museum store. Siegel and her husband, Steve, a financial planner, split time between Chicago and Sanibel.

Frankel graduated from Bard College with a bachelor of arts degree in political science and continued labor law education

continued on page 10B



Sanibel Historical Village

Sanibel Historical Village presents a Twilight Talk

Wednesday, March 13, 2019 • 7:00 - 8:30 p.m.

The Sanibel Community House

Complimentary wine and light refreshments.

If you like the Jeopardy! game on TV, you'll love the way the game is going to be played on Sanibel. Using the Jeopardy! game format with local residents as contestants, you'll discover a treasure trove of historical information about this island.

Cost \$10 per person. Call Emilie Alfino at 472-4648 for tickets.



Rotary Happenings

submitted by Shirley Jewell

Just as predicted in last week's column, the Presidents' weekend Sanibel-Captiva Rotary Arts and Crafts Festival was an outstanding success. At our February 22 meeting, Scot Congress announced that, barring any unreported expenditures, the festival's gross intake was estimated around \$194,000. Expenditures are estimated to be somewhere around \$70,000, leaving \$124,000 to be transferred to our Rotary Club of Sanibel and Captiva Trust for disbursement to qualified Sanibel-Captiva Rotary grant applicants and college scholarship funding this year.

This is outstanding news since this year, there are several island nonprofits that are running capital campaigns that are in need of funding for construction renovations, rebuilds and land acquisitions. San-Cap Rotary's \$75,000/five-year pledge for the renovations and rebuilding of The Community House is almost satisfied and the club trust board is now considering



capital campaign requests from the Bailey-Matthews National Shell Museum and BIG ARTS. Board discussions will take place in the next couple of weeks regarding these requests and will then be passed on to the trust board for discussion and review before grant approval.

This past Friday, our speaker was Dorrie Hipschman, executive director of the Bailey-Matthews National Shell Museum. But to be totally transparent, Hipschman is one of our own, a member of the Sanibel-Captiva Rotary Club. Last week, the shell museum went public with its ALIVE! campaign by publishing an informational insert on the project in the *Island Sun* and *The River Weekly News*. Although this transformational project is only new for the public, discussion and planning for has been ongoing since 2015 as part of a master plan for the museum over the next few years. The shell museum wants to expand the opportunity to educate the public about mollusks and their significant environmental value.

Even islanders are rather naïve about the shells that lie on their very own beaches. Visitors come to collect our island beautiful shells, but do they really know about the sea animals that produce them? Inquisitive minds will find answers to so many questions about shells and the live sea creatures that create the shells/mollusks that we find so fascinating.

Visitors will marvel at how sea creatures produce their own shells.

Mollusks, snails, clams, cuttlefish, live junonias, Florida horse conk, squid, octopus and so much more will be housed in the new aquarium section of the ground floor entrance-level of the shell museum. The footprint of the current museum will not change but the new entrance will have you entering the under-sea world. Along with the large aquarium showcases, there will be two 15-foot touch tanks for up-close experiences with wonderful live mollusks. Educational material will be displayed alongside of the live specimens and video monitors will allow viewing of these sea animals in their own natural environments. There will be pop-up tanks to display various marine displays. The aquarium space will be mostly glass, allowing viewing of the room from wall to wall, giving a surreal feeling of visiting these marine animals in their natural environments. The ground floor will be 7,500 square feet.

Mollusks spend their entire lives in their shells and only when they die should the seashells be collected. The carcasses of the dead mollusks supply nutrients as part of the food chain for sea creatures. Continuing this circle of marine life is

important to our oceans' well-being and to our healthy well-being.

Education and research studies will be an important part of what will go on in the inner sanctum of the new Bailey-Matthews National Shell Museum. The visual component of the shell museum will be the one that gets the visitors in the door, but the educational component will be the one that provides a respect for our under-the-sea environment and the importance of its well-being going forward.

Upper floors will hold traveling exhibits, educational displays, meeting/lecture space, and research/study areas.

Donations at all levels are appreciated by the museum. Check out the website at www.shellmuseum.org/ALIVE for more information.

I am also proud to say that many of our Sanibel-Captiva Rotarians are instrumental in the Bailey-Matthews National Shell Museum ALIVE! Capital Campaign. The campaign committee includes Roger Grogman, John Henshaw, Holli Martin, Dorrie Hipschman, Scot Congress, Richard Green and Jane Henshaw.

*The Sanibel-Captiva Rotary Club meets Friday mornings at 7 a.m. at The Dunes Golf & Tennis Club. Guests are welcome.**

From page 9B

Board Members

classes. From 1971 to 2003, she was senior legal administrator in the corporate law department of the Polaroid Corporation. She was responsible for administering a corporate multi-level employee grievance system, collaborated with human resources to implement anti-discrimination programs, was liaison with outside law firms representing Polaroid on a wide range of issues, and represented the company at hearings held by various state and federal government agencies.

Frankel was a member of the New England Labor Counsel and for two years was elected town meeting member for Precinct 12, Brookline, Massachusetts. She was president of the League of Women Voters in Brookline for two years, continuing as ex-officio member of the board of directors until 2018. For almost 20 years, Frankel was a member of the board of directors of the Sara K. Wallace Fund for Voter Education. She has served on the board of directors and as secretary for the Gumbo Limbo Homeowners Association.

Since 2011 to present, Frankel has been a volunteer at the Sanibel Historical Museum and Village. She serves as a tour guide, a member of the acquisitions and display committee, member of the luminary decorating committee, and co-chair of Village Luminary 2018.

Her special area of interest is Calusa Indian history. Her memberships include the Medfield, Massachusetts Historical Society; Colonial Williamsburg Foundation; Museum of Fine Arts, Boston, Massachusetts; National Museum of African-American History and Culture; National Museum of the American Indian; National Trust for Historic Preservation; National Women's History Museum; The Community House; Southwest Florida Archaeological Society; The Archaeological Conservancy; Historic New England; and the Smithsonian Institute.

Bill Bachman has been elected to a

second-year term as president of the board of directors. He has been a member of the board for eight of the last nine years and has been a volunteer at the village for 13 years. Before becoming president, he served as treasurer of the board and has chaired a number of board committees. Bachman and his wife, Gail, bought a home on Sanibel in 1998 and have been residents since 2004. He maintains a summer home in Maine, has three children, eight grandchildren and one great-grandson.

Bill Rahe was re-elected to serve as board vice-president. A docent at the village for two years, Rahe worked in management at a major U.S. corporation and after retiring, worked as a management consultant. He has served in volunteer capacities at the Sanibel-Captiva Rotary Club, the Sanibel and Captiva Islands Chamber of Commerce, Sanibel Recreation Center, and Saint Michael and All Angels Episcopal Church. He served in the U.S. Army, achieving the rank of captain. He and his wife of 54 years, Stephanie, have two children and five grandchildren.

Pete Halliday was re-elected to serve as treasurer. Halliday was in the investment business for 30 and was president and major shareholder of a NYSE firm in Columbus, Ohio. The company was sold, and he and his wife, Janet, retired to Florida. He has served on numerous boards and enjoys the experience afforded him to part of the historical village board. Janet is a past board member and has served as a docent for more than 24 years.

Gail Garlinghouse was re-elected to serve as secretary. Garlinghouse is a member and docent of the Sanibel Historical Museum and Village since the museum was housed only in the Rutland House. She is also a member of Sanibel Congregational United Church of Christ and Captiva Island Yacht Club. Garlinghouse has served on many fundraising events for the village, from luncheons and style shows to the village's gala dinners.*

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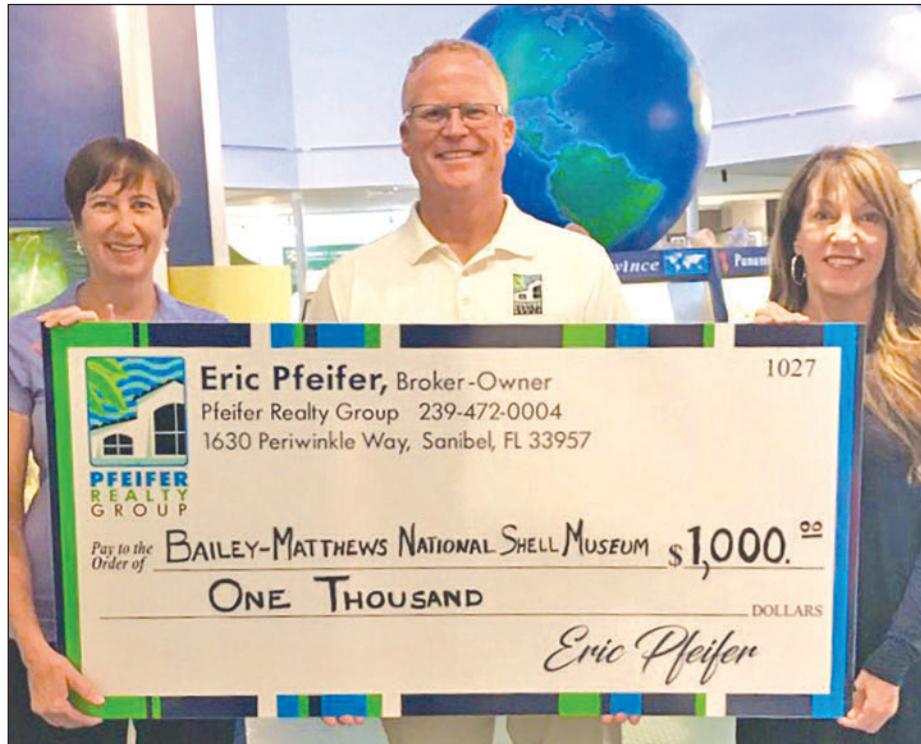
Campaign Continues With Gift To Museum

Pfeifer Realty Group recently launched its 2019 Community Support Campaign with pro-active giving. The campaign continues with a \$1,000 donation to the Bailey-Matthews National Shell Museum. Since opening to the public in 1995, this natural history museum remains the only museum in the United States solely focused on shells and the mollusks that make them.

“As a nonprofit, our ability to educate, advocate and research depends on public support,” said Dorrie Hipschman, executive director of the Bailey-Matthews National Shell Museum. “Donations allow us to continue our mission to connect people with the natural world and to develop environmental stewards both locally and globally.”

Eric Pfeifer, broker-owner of Pfeifer Realty Group said, “To be quite honest, Sanibel’s shells and the role they played in my wife’s childhood are the reason we chose to move to the island in 2001. My wife Mary Ellen’s obsession with shells and her love of science and marine ecology has filled our home and office with shells, shells and more shells. Supporting the Bailey-Matthews National Shell Museum’s mission is a privilege. They are a national treasure in our own backyard.

“We look forward to the national shell



From left, Dorrie Hipschman, Bailey-Matthews National Shell Museum executive director, accepts the donation from Eric and Mary Ellen Pfeifer photo provided

museum’s next major transformation: the incorporation of a new aquarium facility. This will make them the first aquarium in the world solely devoted to mollusks,” Pfeifer said.

“Because of the enormous generosity of the Sanibel community, we were recently able to break ground on adding a living aquarium to our existing extensive

shell collection. This work could not be accomplished without our community partners,” said Hipschman. The new aquarium facility is expected to be completed in 2020 and the national shell museum plans to remain open during the renovations.

The Bailey-Matthews National Shell Museum is open daily from 10 a.m.

to 5 p.m. For more information on the museum’s programs, volunteer opportunities and ways you can support its mission, visit www.shellmuseum.org or call 395-2233.*

Record-Breaking Month At Airport

During January, 1,050,093 passengers traveled through Southwest Florida International Airport in Fort Myers, an increase of 8.7 percent compared to January 2018.

The traffic leader in January was Delta Air Lines with 190,395 passengers traveling to and from Fort Myers. Rounding out the top five airlines were Southwest (180,711), American (133,274), Frontier (126,059) and Spirit (126,033).

Southwest Florida International Airport had 9,338 aircraft operations, an increase of 1 percent compared to January 2018. Page Field saw 9,320 operations, a 10.5 percent increase from January 2018. In addition, slightly more than 2.8 million pounds of air freight moved through Southwest Florida International Airport in January 2018.

Southwest Florida International Airport served nearly 9.4 million passengers in 2018 and is one of the top 50 U.S. airports for passenger traffic. No ad valorem (property) taxes are used for airport operation or construction. For more information, visit www.flylcpa.com or www.facebook.com/flylcpa.



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Gulf Access Lot 1.29 Acres **\$997,000**

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Small Business **\$199,000**



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Panoramic Gulf Views

- Rare ground floor 2BR gulf front at Sanibel Moorings
- Completely remodeled from top to bottom in 2018
- 2 lanais to watch the sunrise/set!
- Boat slips available in complex, steps to beach
- \$999,990 (2190262)

Amy Wainwright 472-5187 x 206



East End Canal Home

- Large 3BR/2BA multi-level canal home
- Located on quiet, dead-end street with pool
- Boat dock with 4,500lb lift
- 2 car garage, updated kitchen & baths
- \$749,000 (2190038)

Robert Cronin 472-5187 x 225



REDUCED

Plenty of Privacy

- 4BR/3BA in main home & guest house
- 2 car garage & huge workshop
- New plumbing, new interior/exterior paint
- Room for a pool & elevator
- \$674,000 (2181035)

Connie Walters 472-5187 x 229



JUST LISTED

Seek the Sun at Sundial!

- Spacious A1 Club Suite with 928 total sq. ft.
- Fabulous Gulf Views from the screened lanai
- Full amenities resort with everything you can imagine
- Beaching, kayaking, fishing, swimming from this perfect 1/1
- \$439,555 (2190270)

Charles Sobczak 472-5187 x 255



Direct Gulf-Front Walk-Out

- 2BD/2BA, newly renovated kitchen & bathrooms
- Jenn-Air appliances, bamboo flooring, plantation shutters
- Walk out lanai to beach, pool, BBQ & tennis/pickleball courts
- Weekly rentals, on-site management, great rental income
- \$959,000 (2190144)

Tina DiCharia/Glen Simmons 472-5187 x 259



Invest in the Best - Sundial

- Wonderful amenities await you at Sundial Resort
- Lots of options for beach, sports, dining, spa
- One-bedroom popular for rental income
- Come and enjoy what Sanibel has to offer at Sundial
- \$469,750 (2181077)

Robin Humphrey & Martha Smith 472-5187 x 218/241



JUST LISTED

Spectacular Gulf Views

- Tastefully remodeled 2/2 condo at Island Beach Club
- Spectacular Gulf Views!!
- Quartz counter tops, tile floors, glass back splash, turnkey
- On site managers, large pool, clubhouse, under bldg parking
- \$769,000 (2190269)

Susan Dunn 472-5187 x 238



Sanibel Bayous

- Alive with color & charm! Robb & Stuckey Designer Mid Century Décor
- New wood flooring. Views of Lagoon.
- Room for a pool. Custom Built ins & office space.
- Mins. to Bowman Beach. Island Car included!
- \$627,000 (2180941)

Jayne Lumley 472-5187 x 237



Privacy Abounds!

- Private 3BR/2BA at the end of a cul-de-sac
- Open and spacious floor with cook's kitchen
- Almost 180 degree view of the water!
- Screened porch & amazing salt water pool
- \$875,000 (2181085)

GG Robideau 472-5187 x 210



REDUCED

Magical East End Cottage

- 1959 cottage on 100 x 150 lot
- Just 3 homes from deeded beach access and quaint shops
- Very "East End"
- 1BR/1BA
- \$528,000 (2180552)

Glenn Carretta/Teresa Baker 472-5187 x 221/220



Ideal Island Location!

- Beautiful 3+den/2.5BA Sanibel home is fully furnished
- Split floor-plan with 2 master suites
- Great neighborhood pool & tennis courts
- Close to fishing, kayaking, bird watching, sunset
- \$719,000 (2190193)

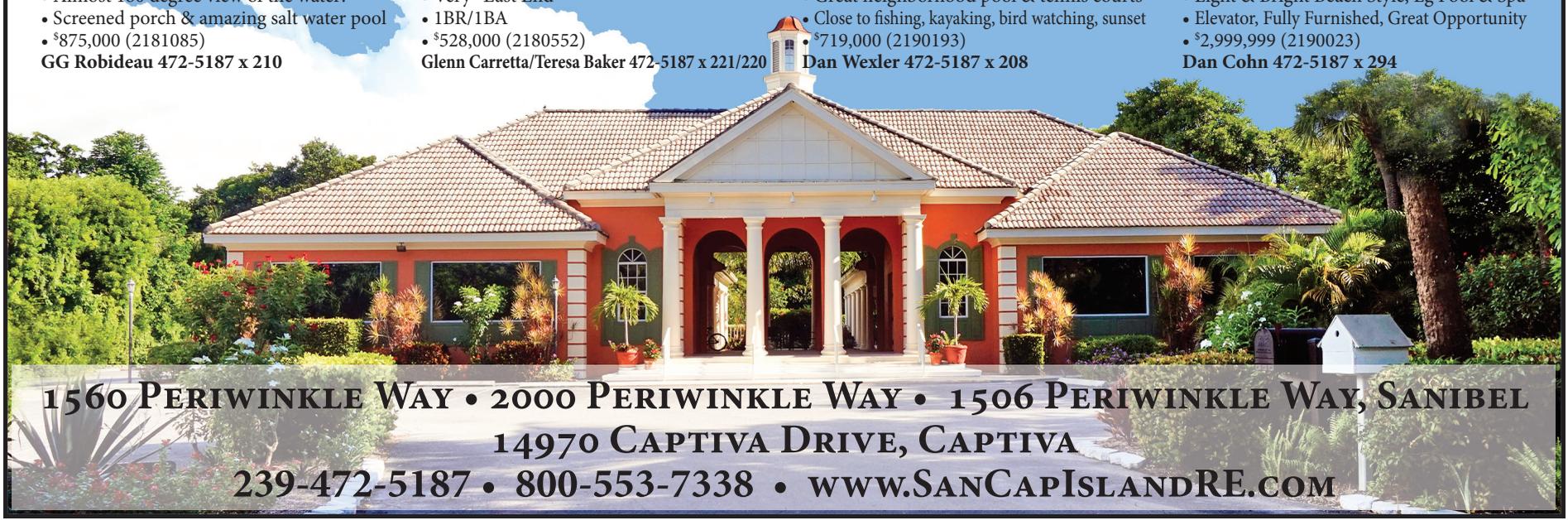
Dan Wexler 472-5187 x 208



Spectacular Bayfront Home

- Walls of glass offer Bay views from every floor
- Multiple terraces, private sandy beach
- Light & Bright Beach Style, Lg Pool & Spa
- Elevator, Fully Furnished, Great Opportunity
- \$2,999,999 (2190023)

Dan Cohn 472-5187 x 294



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SUNDAY, MARCH 3 • ALL DAY • 10 AM – 4 PM

Surfside 12 A1 - 545 E Gulf Dr

Gorgeous gulf views from spacious 3/2. Low density condo on desirable East end. \$799,000

White Pelican 133 - 651 E Gulf Dr

Penthouse condo w/ private rooftop sundeck plus cabana! 3BD/3BA +den, chef's kitchen, upscale appointments. Small 11-unit compound, pool, tennis, beach walk-over. \$1,785,000

784 Limpet Dr - Shell Harbor

Amazing 4/3 on direct access sea-walled canal. Only minutes to the Gulf! \$1,789,000

Yacht Haven 2 - 800 Sextant Dr

Amazing Bay View - 3BD/2BA - Private Boat Lift & Slip on Direct Canal Access to Gulf - Extra Deep 2-Car Garage \$1,079,000

823 Birdie View Point - Beachview Estates

4BR/3BA + Pool + Spa, Southern Exposure, Best Location, Over 2,500 sq. ft. Living Space, Open Floor Plan. Lake & Golf Course Views. \$949,000

Island Beach Club 240F - 2265 W Gulf Dr

2 BR, 2 BA, Totally Updated, Great Gulf Views, Weekly Rentals, Pool, Shuffleboard, & Shelling Beaches. \$769,000

Pointe Santo D21 - 2445 W Gulf Dr

2BD/2BA offering at Pointe Santo. Corner unit, private location, lovely views of the water & preserve across the street. On site resort programs, pool, clubhouse, tennis, AND weekly rentals. \$675,000

218 Daniel Dr - Seagull Estates

3BR/2.5BA lakefront furnished home, water views. Community pool, tennis, clubhouse & beach access. \$849,000

Kings Crown 112 - 2721 W Gulf Dr

Gulf views from this 2BR & 2BA with Den corner unit condo. Amenities: Pool & Tennis. \$699,000

Atrium 207 - 2929 W Gulf Dr

Exquisite direct Gulf front 2 bed 2 bath tastefully decorated and updated unit. \$1,550,000

4143 West Gulf Dr

Own a part of Sanibel history & International architectural icon; 1.7 acre Gulf front on prestigious W. Gulf Drive. \$6,795,000

10 AM – 12:30 PM

325 E Gulf Dr - Sanibel Estates

Close to Beach & Old Sanibel Shops. "Little Palm Cottage", small home - big opportunity on hottest stretch of Sanibel. Lot 100x150. \$528,000

Moonshadows 1F - 1350 Middle Gulf Dr

3BR/3BA Townhouse, Sanibel River Views, Community Pool, Tennis, Across from Beach. \$835,000

1478 Albatross Rd - The Dunes

Beautifully remodeled 3BR/2BA with large den/media room. Large fenced backyard w/ pool. \$669,000

9448 Cotten Ct - Gumbo Limbo

Private 3 Bedroom, 2 Bath Home. Open, spacious floor plan, amazing pool - extensive upgrades. \$875,000

3050 W Gulf Dr - Palm Lake

Remodeled, 3BR/2.5BA, Near Beach Home, Great Room with Fireplace, Lake Views. \$824,900

686 E Rocks Dr - East Rocks

3BR/2BA pool home on quiet cul-de-sac, new roof and elec shutters, heated pool. Furnished! \$889,000

1 – 4 PM

735 Sand Dollar - Shell Harbor

Sanibel Canal-Front 3BD/3BA plus den. Century-old wood floors, pool, and 13,000 lb lift. Tropical oasis close to the beach. \$1,179,000

1212 Sand Castle Rd - Dunes

Delightful updated 3 bed 3 bath pool home with metal roof, impact windows and so much more. \$724,000

510 Sea Oats Dr - Seagull Estates

3BR/2.5 bath lakefront pool home, Wood flooring, fenced yard, 3-stop elevator, updated kitchen. \$999,000

702 Durion Ct - East Rocks

Fabulous 3 BR, 2 BA remodeled beach home. Quartz counter tops, new wood flooring, salt water pool, new appliances and more. Open water views. \$849,900

5303 Umbrella Pool Rd - Sanibel Bayous

1p - 3p 3+den/2.5BA fully furnished home. Split floor-plan w/ 2 masters. Community pool & tennis. Close to fishing, kayaking, bird watching, sunset. \$719,000

5606 Baltusrol Ct - The Sanctuary

Expansive Golf Estate, 4BR/6BA, guest house, lavish master, gourmet kitchen, new roof, all impact glass, 3-car garage & more! \$1,795,000

6123 Starling Way - Betts

3BR, 2.5BA on over half acre with dock. Lg master suite w/ office. Wood floors, wet bar, screened lanai & pool. Enclosed lower level. \$999,000

MONDAY, MARCH 4 • ALL DAY • 10 AM – 4 PM

Surfside 12 A1 - 545 E Gulf Dr

Gorgeous gulf views from spacious 3/2. Low density condo on desirable East end. \$799,000

784 Limpet Dr - Shell Harbor

Amazing 4/3 on direct access sea-walled canal. Only minutes to the Gulf! \$1,789,000

772 Birdie View Point - Beachview Estates

Expansive Golf Course & Lake Views from this custom 3BR, 3.5BA pool home. Sold Furnished. \$1,295,000

Island Beach Club 240F - 2265 W Gulf Dr

2 BR, 2 BA, Totally Updated, Great Gulf Views, Weekly Rentals, Pool, Shuffleboard, & Shelling Beaches. \$769,000

Pointe Santo D21 - 2445 W Gulf Dr

2BD/2BA offering at Pointe Santo. Corner unit, private location, lovely views of the water & preserve across the street. On site resort programs, pool, clubhouse, tennis, AND weekly rentals. \$675,000

Kings Crown 112 - 2721 W Gulf Dr

Gulf views from this 2BR & 2BA with Den corner unit condo. Amenities: Pool & Tennis. \$699,000

Atrium 207 - 2929 W Gulf Dr

Exquisite direct Gulf front 2 bed 2 bath tastefully decorated and updated unit. \$1,550,000

4143 West Gulf Dr

Own a part of Sanibel history & International architectural icon; 1.7 acre Gulf front on prestigious W. Gulf Drive. \$6,795,000

1973 Wild Lime Dr - Sanibel Bayous North

Traditional Sanibel "island" living home with a separate two story guest quarters. A great family retreat. \$674,000

2564 Wulfert Dr - The Sanctuary

Lakefront on the 17th hole of the Sanctuary Golf Course. 4 large ensuite bedrooms, 5.5 baths, large office, pool, and spa. Indoor/Outdoor family rooms, ground level master suite. \$1,999,500

10 AM – 12:30 PM

325 E Gulf Dr - Sanibel Estates

Close to Beach & Old Sanibel Shops. "Little Palm Cottage", small home - big opportunity on hottest stretch of Sanibel. Lot 100x150. \$528,000

Yacht Haven 2 - 800 Sextant Dr

Amazing Bay View - 3BD/2BA - Private Boat Lift & Slip on Direct Canal Access to Gulf - Extra Deep 2-Car Garage \$1,079,000

651 Donax - Sanibel Shores

Excellent investment! Near beach duplex, 2BD/1BA each side. Front porch, storage, laundry. Easy on-off island. \$539,000

1747 Jewel Box - Sanibel Isles

Direct Access Canal Home. Dock w/ 13,000lb lift. Very private, tile throughout. 2 Car garage, enclosed lower level. Impact windows & doors. \$989,000

218 Daniel Dr - Seagull Estates

3BR/2.5BA lakefront furnished home, water views. Community pool, tennis, clubhouse & beach access. \$849,000

3050 W Gulf Dr - Palm Lake

Remodeled, 3BR/2.5BA, Near Beach Home, Great Room with Fireplace, Lake Views. \$824,900

510 Sea Oats Dr - Seagull Estates

3BR/2.5 bath lakefront pool home, Wood flooring, fenced yard, 3-stop elevator, updated kitchen. \$999,000

686 E Rocks Dr - East Rocks

3BR/2BA pool home on quiet cul-de-sac, skylights, master suite with office & sitting area, new roof and elec shutters, heated pool. Furnished! \$889,000

1 – 4 PM

734 Pyrula Ave - Bayshore Village

Stunning home near beaches, shopping, golf, & causeway. Open floor plan, hardwood floors, oversized pool. Enclosed lower level. Fully furnished. \$1,195,000

1212 Sand Castle Rd - Dunes

Delightful updated 3 bed 3 bath pool home with metal roof, impact windows and so much more. \$724,000

White Sands 25 - 2311 W Gulf Dr

2-BR/2-BA with cabana and garage, large lanai, beautiful gulf views, pool. \$999,000

5303 Umbrella Pool Rd - Sanibel Bayous

1p - 3p 3+den/2.5BA fully furnished home. Split floor-plan w/ 2 masters. Community pool & tennis. Close to fishing, kayaking, bird watching, sunset. \$719,000

**HAVE QUESTIONS ABOUT THE RENTAL POTENTIAL OF ANY OF THESE PROPERTIES?
CALL OUR VACATION RENTALS DIVISION AT 239-472-1613!**



Mary Laser receiving Captain of the Year and Angler of the Year awards at the Sanibel Island Fishing Club annual awards banquet and Christmas party. Presenting the awards were Warren Tiegen, club president, left, and Gary Biltgen, club secretary. photo provided

Fishing Club Captain And Angler Of Year

Capt. Mary Laser won both the Captain of the Year and Angler of Year awards for the 2017-18 Sanibel Island Fishing Club season.

One of the cornerstones of the club is the monthly member fishing outings. The outings are instructive, fun, a little competitive and also offer ways to share knowledge of local fishing. Over the last 30-plus years, the club angler with the most outing points becomes the Angler of the Year.

During the 2017-18 season, the club developed a new award to recognize

the captain who takes home the most outing points on their boat. The club's member captains, who enter their boat, are the key to the success of outings. Besides sharing their boat for the day, these captains go out of their way to provide knowledge of local waters and methods of catching fish in a safe and conservation minded manner.

Laser won both Angler and Captain of Year awards in a landslide by winning four out of the five outings. Second place in the captain awards went to Capt. Duane Thurow and third to Capt. David Lewis. In the Angler of the Year finals, Gary Biltgen came in second and David Lewis placed third.*

Human Resources Manager Hired

Lee County Electric Cooperative (LCEC) has appointed Sandy Thompson as its new human resources manager. In this position, Thompson will provide strategic and operational leadership to ensure that LCEC is continually acquiring, engaging and developing talent to support current and future business performance requirements and operating culture.



Sandy Thompson

Thompson comes to LCEC from Illinois where she worked in human resources for over 20 years. Most recently, Thompson served as the director of human resources for the Performance Food Group.*

Nonstop Flights To Gulfport This July

Sun Country Airlines will inaugurate seasonal service between Fort Myers and Gulfport, Mississippi on July 19, 2019. Sun Country will operate nonstop flights twice weekly on Monday and Friday between Gulfport-Biloxi International Airport (GPT) and Southwest Florida International Airport (RSW).

For more information or to book a flight, visit www.suncountry.com.*

From page 1B

Classic Car Show

other refreshments will be provided by the Blue Giraffe Restaurant.

This month's cruise-in will likely be the busiest, so if you are planning to attend with a show car, arrive early to secure your space. For those who are viewing, there is plenty of parking in the rear of the shopping center.

The club meets the first Saturday of every month at Periwinkle Place from 9 to 11 a.m. For more information on upcoming events or to join the club, call Scot Congress at 472-4177 or email scot@scongress.com.*

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From left, Friedrich Jaeger, Samira K. Beckwith, Daniela Jaeger and Jim Sievers at the benefit dinner and auction photo provided

Hope Healthcare Holds Dinner And Auction Benefit

Friends of Hope hosted a Denim & Diamonds benefit at Bonita Bay Club, raising \$150,000 for Joanne's House at Hope Hospice in Bonita Springs.

Committee members Barbara Caccese, Joyce Kozlowski, Claire McMahon, Patt Suwyn, Adele Waddell and Carol Wood coordinated the evening, which included dinner, dancing and silent

and live auctions featuring wine, dining, jewelry and unique travel opportunities to Italy and Costa Rica.

The evening was sponsored by Brown & Brown/Florida Blue, Crowther Roofing and Sheet Metal of Florida, Louis and Najla Lafaif Foundation, Berneda Meeks, McGriff Insurance Services, Northern Trust, Medline, Mr. and Mrs. Thomas Wynne, and TWC Services.

Hope Healthcare is a not-for-profit health care organization dedicated to providing care and comfort to every individual and their loved ones as they fulfill life's journey. For more information, visit www.hopehcs.org.

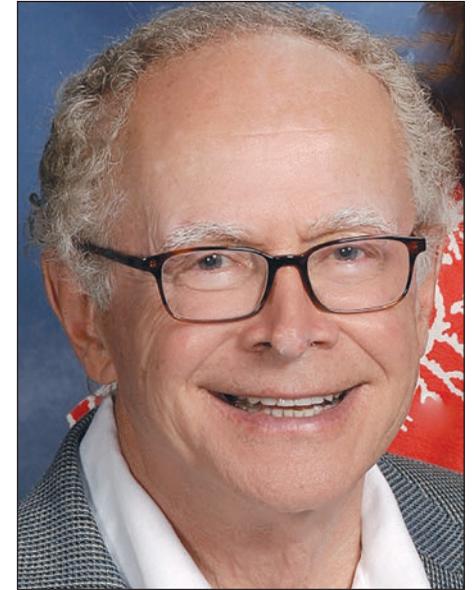
Presentation On Aging And Mental Health

The Health Ministry at Sanibel Congregational United Church of Christ will host a Lunch and Learn program by Dr. Marcel Saghir on Sunday, March 17. In his talk, entitled *We Are Older, Now What?*, he will speak about aging and associated major mental health disabilities, with an emphasis on dementia and depression.

The program will be held in Fellowship Hall. A luncheon will be provided at 12:15 p.m. and Dr. Saghir's presentation will begin at 12:45 p.m. There is no charge to attend.

While the lunch and talk are free, sign-up is required, with a deadline of March 14. Anyone who wishes to attend may register either on the sign-up sheet in Fellowship Hall or by calling the church office at 472-0497.

Dr. Saghir is a retired psychiatrist who practiced adult psychiatry at the prestigious Barnes Hospital in St. Louis for more than 40 years. He was involved in patient care, teaching medical students, training psychiatry residents, and research. He is board certified and is a life fellow of the American Psychiatric Association. He was trained at Washington University and the Maudsley Hospital in London,



Dr. Marcel Saghir photo provided

England, and is an emeritus professor of psychiatry at Washington University School of Medicine in St. Louis.

Dr. Saghir's relaxed demeanor, extensive experience in working with the elderly, and his humor will contribute to a meaningful session for all who attend.

Sanibel Congregational United Church of Christ is located at 2050 Periwinkle Way, across from the Periwinkle Place shops on Sanibel. Fellowship Hall is on the second floor, and elevators are available.*

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Sissi Janku with *Spirit of Sanibel*, the painting that will grace the cover of the 2019 Peek booklet, and of which a giclee will be offered in a sealed-bid auction on Peek day photos provided

Final Zonta Peek House Is An Artist's Haven

submitted by Sue Denham

The sunlit, tropical art produced by Sanibel resident Sissi Janku is well-known to most islanders, as well as many enthusiasts in locations ranging from Hawaii to the Far East. Janku's one-of-a-kind home in Sanibel Bayous – a veritable gallery of the artist's work with much more besides – is the fourth and final home to be announced for Zonta's Peek at the Unique, the renowned home tour that raises funds to help empower women. Organizers are thrilled to be offering this one-time opportunity to showcase the home of a Sanibel icon.

The 18th annual Peek is set for Saturday, March 16 and tickets are available at www.EventBrite.com. Scroll down for choice of afternoon departures – mornings are sold out. The \$100 cost (plus a small service fee) is tax-deductible

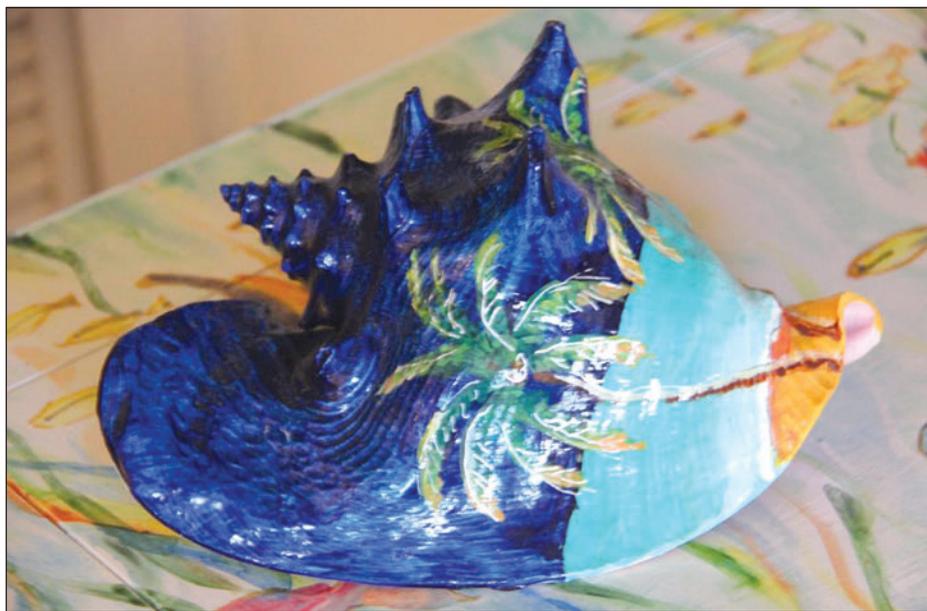
within IRS rules; more importantly, all proceeds are awarded in grants to local nonprofits whose programs aim to improve the lives of women and girls, and to Zonta International for its global initiatives. More information is available at www.zontasancap.com.

Before boarding an air-conditioned bus for the three-hour guided tour, Peekers enjoy taste treats from Sanibel's finest restaurants and caterers. Don't miss this sought-after opportunity for a rare and delightful experience that also helps women seeking safety and economic independence.

Before moving to Sanibel, Janku lived in Honolulu, Hawaii, satisfying a long-held dream, where she studied with renowned Hawaiian artist John Young. Initially she focused on tropical landscapes and nature, and as her reputation grew, she widened her artistic interests to include metalwork, painted furniture and esoteric art. The results of her adventures fill her fabled home, which she shares with her musician husband, Chris van der Baars. He added his trove of musical instruments, many collected during the couple's travels and



How many Sanibel homes have a model railway at the entry? We know of one!



Hand-painted shell, one of many artifacts created by Sissi Janku

stays in locations such as China, Europe, Egypt and Mexico. On an open deck, Janku created an outdoor studio, nestled under native trees, where she loves to paint.

"Peekers" will enjoy a variety of treats, from a working, model railway at the entry, to collections of glassware, pottery and wood carvings, to her trademark oils and pastels on every inch of wall space. A Kayonan shadow puppet from Bali catches the eye, as does a silver-framed

mirror in the Mexican "repujado" technique, and an armoire Janku painted with wild cats, alligators and elephants. From the screened lanai, there's a glimpse of the bayou, a secluded stretch of water.

This is a home that is a true reflection of the creative, diverse lives of the inhabitants, and a truly unique offering on the tour.

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Tickets Sales Open For Artwork By Ikki Matsumoto

The Sanibel-Captiva Conservation Foundation (SCCF) will hold a drawing for Ikki Matsumoto's silk screen *Six Dolphins* on Earth Day, April 22. Matsumoto was posthumously awarded the SCCF JN "Ding" Darling Brush of Excellence Environmental Art Award at SCCF's annual meeting in December. Drawing tickets are available at \$10 each or three for \$25 at the nature center, the Native Landscapes & Garden Center and online at www.sccf.org. Click on Programs, then education; or visit www.donorbox.org/sccf-brush-of-excellence-drawing.

To date, the largest single ticket purchase has been \$2,500 by Phaidra McDermott of Kingfisher Vacations & Realty, Inc. SCCF appreciates the support of all ticket buyers: all proceeds will be invested in SCCF's Conservation Education Fund, an endowment created by the late Kip Koss, Darling's grandson and the standard-bearer of his legacy.

There will be a drawing at SCCF's Earth Day celebration for the print. Program details to come.

The SCCF JN "Ding" Darling Brush of Excellence Environmental Art Program was created to provide a continuing tribute to Darling's legacy and an annual recognition of environmental artists following in Darling's footsteps. This is



From left, Phaidra McDermott, Valerie Tutor, Kara "KC" Cuscaden, Kate Stone, Mary Bondurant, Ely Paulson, Sarah Brent and Brooke Haas of Kingfisher Vacations & Realty, Inc. with their check for a single ticket purchase in support of the SCCF JN "Ding" Darling Brush of Excellence Environmental Art Program photo provided

the fourth presentation. The program is administered by SCCF's Brush of Excellence Committee, headed by Sandy Gross, with members Janie Howland, Diane Neitzel, Ran Niehoff, Carol Strange and Peter Zell.

SCCF is dedicated to the conservation

of coastal habitats and aquatic resources on Sanibel and Captiva and in the surrounding watershed through environmental education, land acquisition and stewardship, Native Landscapes & Garden Center, Marine Laboratory, natural resource policy, sea turtle and

shorebird conservation, and wildlife and habitat management. Community support through membership dues and tax-deductible contributions, in addition to grants and staff-generated revenue, makes this work possible. For more information, call 472-2329.*

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COTI President Mike Miller and board member Barbara Joy Cooley, right, listen to the views of an attendee at the COTI Conversation on February 11

photo provided

Collective Wisdom Shared At COTI Forum

submitted by Jan Holly

A capacity crowd offered a wide array of viewpoints and much collective wisdom at the Committee of the Islands' second COTI Conversation, held February 11 at The Community House. The forum, led by COTI President Mike Miller and board member Barbara Joy Cooley, prompted lively discussion – and debate – on a wide variety of topics.

Cooley opened the discussion with a summary of concerns surrounding gasoline-powered leaf blowers, which she described as a health and safety problem. “Fuel-powered leaf blowers contribute ozone-damaging emissions to the environment, and ozone-contributing pollutants from small gas engines may exceed emissions from vehicles by 2020,” she said.

Cooley also decried the noise pollution caused by the blowers. She pointed to the experience of the Village of Key Biscayne, which banned the fuel-powered blowers in 2017. “The discussions held in village council chambers clearly included concerns about the loud noise pollution produced by this kind of leaf blower,” she said, adding, “Council members noted that the village received many complaints about noise from leaf blowers.”

Cooley reported that battery-powered leaf blowers cost between \$300 and \$900, with batteries lasting approximately 12 hours per charge. “Since the ordinance took effect this past February, there have been practically no complaints from contractors or others in Key Biscayne,” Cooley said.

During open discussion, one attendee remarked on “the absurdity of blowing leaves. Leaves are a natural

part of forest ecology. (They) provide phosphorus nutrients to lawns,” he said. “Leaves create soil beds for grass. If you blow leaves, then you must supplement with fertilizers that fall into the canals and beaches. Air quality, water quality, they all connect.”

Another attendee came armed with information from the World Health Organization (WHO). “The WHO set the gold standard for capping safe noise at 55 decibels,” she said. “Noise louder than this has been correlated with significant risks to cardiovascular health, increased stress, impaired sleep, and can increase risk of diabetes.”

Concurring with the majority, a third attendee noted a contradiction between blowers and the efforts of islanders to protect wildlife. “We protect turtles. We rope off beaches for snowy plovers, we have signs that protect owls. Then we have this noise,” he said. “It is absurd. I would ban them totally.”

Cooley encouraged all attendees to support the ban at the Sanibel City Council March meeting. “It is important for all of you to be there when it is on agenda,” she said.

Miller reported on the Sanibel Recreation Center's fiscal status. “For the most recent fiscal year, the recreation department reported \$720,000 in revenue, but expenses, at \$2.3 million, made for a \$1.6 million deficit, exceeding the general fund subsidy cap of \$1.4 million,” he said. “The resulting shortfall of approximately \$180,000 is despite cutting expenses, reducing staff by two full-time positions and increasing user fees.

“As membership rates have gone up, revenue hasn't. The recreation department includes the Center 4 Life, but it generates no revenue and has some expenses,” Miller said, adding, “During the current fiscal year, city staff is performing a complete study of recreation operations and programs.”

An attendee remarked that a conversation about the future of the rec center has not occurred since the facility

was built in 2007. “No one knew until two years ago that we don't have a sustainable economic model,” he said.

Another commented that the city runs the rec center “like a community service. We taxpayers paid for the building. We could reach a place where we have a building but not much programming,” he said, adding, “The city has talked about a new Center 4 Life facility, but it has no revenue source. Why would taxpayers support another building with no revenue coming in?”

Cooley turned the discussion to the proposed Eden Oak development project near Shell Point. She reported that, in 2010, the developers pushed a project encompassing 158 acres. “It didn't go over well, so they regrouped in 2018, with a 36-acre project, including 55 residential lots, plus boat slips,” she said.

Cooley weighed in forcefully against the project, “because it would adversely impact mangroves that protect against storm surge, because it would increase traffic congestion, and because it would damage the environment. (Developers) are not entitled to increase density, and not entitled to harm the habitat that is critically important for endangered species,” she said.

Cooley urged the group to attend the Eden Oak project hearing at 9 a.m., April 23 in the county examiner's office. “When it goes to the county commission, only those having testified at the examiner's hearing will be allowed to testify before the commission,” Cooley said.

Miller reported that Gov. Ron DeSantis asked all nine members of the South Florida Water Management District to resign. He has filled one of the now-vacant seats with outgoing Sanibel City Councilman Chauncey Goss. “This is a step in the right direction,” Miller said.

“COTI supports accelerating the EAA (Everglades Agricultural Area Storage) Reservoir and keeping the C43

Reservoir project on track,” Miller said. “We also support the bill mandating five-year inspections of septic systems.”

Miller reported that the Army Corps of Engineers has started work on new operational guidelines for the Lake Okeechobee water releases. “The guidelines will take four years to complete. We need to accelerate that,” he said.

Miller also reported on the need for an optimal amount of freshwater in the estuary for the health of tape grass. “This issue went to court in November. A decision has not been announced,” he said. “If we win, the WMD will be required to redo its regulatory process. If we don't win, we must keep pressing our case.”

Cooley reported on a grant-funded study, through Florida Gulf Coast University, that will help Sanibel understand its vulnerability to sea level rise. “There are two aspects, the first is community involvement, the second is documenting the history of coastal habitat change since 1970,” she said. “Later there will be modeling of the shape that the coast line will take with sea level rise and increased storminess.”

A discussion of the shared-use path concluded the program. Miller reported on a shared-use path plan update funded by the Metropolitan Planning Organization. The study involves extensive community outreach, including an online survey of the path's efficacy. It is available to complete through April 30.

An attendee raised concerns about the dangers of electric bikes, “because of speed. In Europe e-bikes sales have doubled in recent years,” she said.

Other recommendations included “educating visitors” and “remaining open-minded about assisted-use vehicles” for individuals with infirmities.

The final comment of the afternoon came from an attendee who praised COTI's longstanding efforts on behalf of Sanibel. “You guys are doing great work!” he said.✪



From left, The Island Water Association Production Manager Pat Henry, Operator Jarrod Adkins and Assistant Chief Plant Operator Brandon Henke receive the Drinking Water Plant Excellence Award from FDEP South District Director Jon Iglehart photo provided

Island Water Receives Award Of Excellence

For the third year in a row, The Island Water Association (IWA) received the Drinking Water Plant Operations Excellence Award from the Florida Department of Environmental Protection (FDEP). The award was presented on February 18 at the 2019 FOCUS on Change seminar held in

Punta Gorda. The prestigious award is given to one medium-large sized utility in the state of Florida each year in recognition of outstanding treatment plant operation, maintenance and compliance.

"For IWA to be awarded this honor in a single year is a testament to the high-quality operations and professional staff at the utility," said Brandon Henke, IWA assistant chief plant operator. "To receive the award for three consecutive years shows that our critical water systems are being operated, maintained

and managed by the best in the industry."

The Island Water Association, Inc. is a nonprofit, member owned water utility governed by an unpaid board of directors. IWA employs a staff of 30 in production, distribution, maintenance,

engineering and administration. The utility sources water from deep aquifer wells and uses reverse osmosis treatment technology to produce and distribute potable water to serve over 5,000 accounts on Sanibel and Captiva islands.*

Trust Company Hosting Florida Domicile Program

The Sanibel Captiva Trust Company is offering a round table seminar on how to establish Florida Domicile on Thursday, March 14 from 3 to 4:30 p.m. at the Sanibel office board room, located 2460 Palm Ridge Road.

The seminar will be hosted by Robin L. Cook, executive vice president, The Sanibel Captiva Trust Company and David M. Platt, wills, trusts and estates attorney, SanCap Law. Cook will explain the importance of understanding the definition of "Florida Domicile" and why it is critical for new residents to follow steps to establish it. "So often, new residents to the area believe that purchasing a home here and spending part of the year means they have 'domiciled,' which provides them with the privileges and benefits of Florida estate tax laws and protections," said Cook, "but that is not the case. There is much more to it and this is what we address at our seminar."



Robin L. Cook photo provided

Seating is extremely limited in this round table format, designed to maximize time with the advisors. Reservations are required; \$2 million investable assets and higher. RSVP to 472-8300 or fsteger@sancaptrustco.com.*

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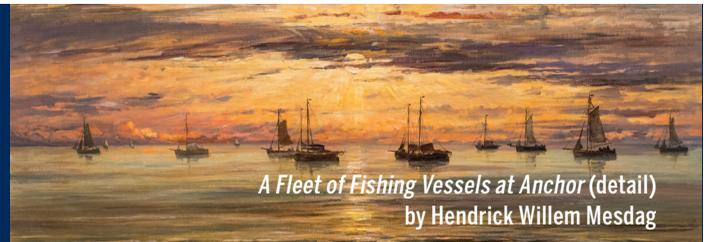
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A Fleet of Fishing Vessels at Anchor (detail)
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15831 CAPTIVA DRIVE (THE ARK)

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Redfish Pass Tides				
Day	High	Low	High	Low
Fri	12:35 pm	4:15 am	9:19 pm	2:51 pm
Sat	12:52 pm	5:01 am	10:21 pm	4:04 pm
Sun	1:09 pm	5:40 am	11:10 pm	4:54 pm
Mon	1:23 pm	6:12 am	11:51 pm	5:33 pm
Tue	1:33 pm	6:40 am	None	6:08 pm
Wed	12:29 am	7:04 am	1:42 pm	6:43 pm
Thu	1:04 am	7:26 am	1:52 pm	7:18 pm

Point Ybel Tides				
Day	High	Low	High	Low
Fri	11:40 am	4:17 am	8:24 pm	2:53 pm
Sat	11:57 am	5:03 am	9:26 pm	4:06 pm
Sun	12:14 pm	5:42 am	10:15 pm	4:56 pm
Mon	12:28 pm	6:14 am	10:56 pm	5:35 pm
Tue	12:38 pm	6:42 am	11:34 pm	6:10 pm
Wed	12:47 pm	7:06 am	None	6:45 pm
Thu	12:09 am	7:28 am	12:57 pm	7:20 pm

Punta Rassa Tides				
Day	High	Low	High	Low
Fri	11:55 am	3:54 am	9:38 pm	3:44 pm
Sat	12:00 pm	4:46 am	10:34 pm	4:37 pm
Sun	12:10 pm	5:31 am	11:15 pm	5:21 pm
Mon	12:29 pm	6:09 am	11:48 pm	6:00 pm
Tue	12:52 pm	6:44 am	None	6:35 pm
Wed	12:17 am	7:15 am	1:17 pm	7:11 pm
Thu	12:45 am	7:42 am	1:41 pm	7:47 pm

Cape Coral Bridge Tides				
Day	High	Low	High	Low
Fri	2:45 pm	7:31 am	11:29 pm	6:07 pm
Sat	3:02 pm	8:17 am	None	7:20 pm
Sun	12:31 am	8:56 am	3:19 pm	8:10 pm
Mon	1:20 am	9:28 am	3:33 pm	8:49 pm
Tue	2:01 am	9:56 am	3:43 pm	9:24 pm
Wed	2:39 am	10:20 am	3:52 pm	9:59 pm
Thu	3:14 am	10:42 am	4:02 pm	10:34 pm

Island Seniors At Center 4 Life

Meet your friends and make some new ones at the Center 4 Life. Browse through the following activities, then stop by to sign up **Page Turners with Louise Fitzgerald and Ann Hartman** – If you are not on the Page Turners list and wish to be, email ocean@comcast.net or contact the center.

The book for discussion on Wednesday, March 13 at 2:30 p.m. will be *The Alice Network* by Kate Quinn.

“In an enthralling new historical novel from national bestselling author Kate Quinn, two women – a female spy recruited to the real-life Alice Network in France during World War I and an unconventional American socialite searching for her cousin in 1947 – are brought together in a mesmerizing story of courage and redemption. In the chaotic aftermath of World War II, American college girl Charlie St. Clair is pregnant, unmarried, and on the verge of being thrown out of her very proper family. She’s also nursing a desperate hope that her beloved cousin Rose, who disappeared in Nazi-occupied France during the war, might still be alive. So when Charlie’s parents banish her to Europe to have her ‘little problem’ taken care of, Charlie breaks free and heads to London, determined to find out what happened to the cousin she loves like a sister.”

– *Guardianbookshop*
Sanibel’s Got Talent Hosted by Island Seniors – Thursday, February 28 at 5:30 p.m.

Dinner will be served at 5:30 p.m. and the talent show will follow. Due

to the popularity of this program, it will be held at the Sanibel Recreation Center, located at 3880 Sanibel-Captiva Road. Sign up early. Bring a covered dish to share such as a vegetable, salad or casserole. The main entree, drinks and desserts will be provided by Island Seniors.

Morikami Museum and Japanese Gardens Private Tour – Tuesday, March 12. Cost is \$48 for member and \$58 for non-members.

Discover a century-old connection between Japan and south Florida. It is here that a group of young Japanese farmers created a community intended to revolutionize agriculture in Florida. In 1904, Jo Sakai, a recent graduate of New York University, returned to his homeland of Miyazu, Japan to organize a group of pioneering farmers and lead them to what is now northern Boca Raton. With the help of the Model Land Company, a subsidiary of Henry Flagler’s East Coast Railroad, they formed a farming colony they named Yamato, an ancient name for Japan.

Take an in-depth look at the current exhibits in the museum galleries, the Seishin-an Tea House, the Donald B. Gordon Memorial Library, as well as a brief introduction to the gardens. After the private tour, lunch will be on your own at the Morikami’s Cornell Café. After lunch, tour Roji-en: The Garden of the Drops of Dew.

Depart Sanibel by bus at 7 a.m. and return at 6 p.m. Minimum 35 participants required.

ECHO Tour – Monday, March 18. Cost is \$15 for members and \$25 for non-members.

ECHO’s Global Farm tour is a fascinating guided walking of a creative working farm. Along the way, you

will see demonstrations, plants, and techniques useful to farmers and urban gardeners in developing countries. Experience the seven settings of the global farm which feature crops and animals from around the world including goats, chickens, ducks, fish and rabbits. The farm is also home to one of the largest collections of tropical food plants in the United States. There will be demonstrations in the Urban Garden, a perennial favorite, which features some unusual, yet effective ways to grow crops where there is little or no soil.

Lunch is on your own at Farmers Market Restaurant in downtown Fort Myers. Carpool arrangements available. Depart from Sanibel at 8:30 a.m.

Line Dancing Classes – Tuesday, March 5 and 12 at 1:30 p.m. Cost is \$2.50 for members and \$5 for non-members. Join the group for an hour of fun. The instructor will review dance steps then turn up the music for dancing. Bring a friend.

Games
Cost for all games is \$2.50 for members and \$5 for non-members. Prizes will be awarded.

Bridge – Monday and Wednesday. Registration begins at 12:30 p.m.; the game begins at 1 p.m.

Mahjongg – Thursday at 12:30 p.m.

Hand & Foot – Thursday at noon.

Hearts – Friday at 12:30 p.m.

Kayaking on Tuesdays and Thursdays – March 12 and 14 at 8:30 a.m. (weather permitting). There is space for 16 people on eight two-person kayaks and limited space for those who own their own kayaks. Island Seniors, Inc. will provide kayaks, paddles and life jackets. Bring water, a small snack, sun screen, bug spray, sunglasses, towel, hat and change of clothing. Cost is \$5 for

members and \$20 for non-members. Advance registration is required.

Fitness Classes – Island Seniors, Inc. members pay \$4 per class, visitors pay \$10 per class. Annual membership is \$20. Sanibel Recreation Center members must show their membership card to attend. Fitness class schedule is as follows:

Happy Hour Fitness – Monday, Wednesday and Friday at 8 a.m. Keep your brain fit and your heart, lungs and muscles strong. Hand weights, stretch cords and your body weight will be used. The format is 40 minutes of cardio, 20 minutes of balance exercises, core strength, flexibility exercises and mat work. Athletic footwear is required. Connie DeCicco is the instructor.

Essential Total Fitness – Monday, Wednesday and Friday at 9:30 and 11 a.m.

Cardio, muscle strengthening and flexibility training with hand weights, stretch cords, chairs and stability balls. Athletic footwear is required. Mahnaz Bassiri is the instructor.

Power Hour Fitness – Tuesday and Thursday at 8 a.m. Hand weights, stretch cords, stability balls and mats are used. Improve core strength and balance. Athletic footwear required. Mahnaz Bassiri is the instructor.

Gentle Yoga – Tuesday and Thursday at 9:30 a.m. Stretch, tone and strengthen while improving flexibility, proper alignment and circulation. Bring a towel. Kim Kouril is the instructor.

Chair Yoga – Tuesday and Thursday at 11 a.m. Similar to gentle yoga but all poses are done in a chair. Kim Kouril is the instructor.

For more information, call 472-5743 or stop by the Center 4 Life, located at 2401 Library Way on Sanibel.✪



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From left, Brooke Haas, Sarah Brent, Mary Bondurant, Kara "KC" Cuscaden, Kate Stone, Valerie Tutor, Phaidra McDermott and Ely Paulson photo provided

Kingfisher Real Estate and its associates recently made its monthly donation to the Sanibel-Captiva Conservation Foundation (SCCF) to further assist with the foundation's efforts to protect the waterways and delicate ecosystems on the islands.✱



Stephen Brown



Donna Clarke



David Collins



Therese Everly

photo provided

Officers Re-Elected To Lee Health Board

Lee Health recently re-elected officers for its board of directors for 2019. Stephen R. Brown, MD, will continue to serve as board chairman for 2019. He is a retired radiologist and was first elected to the board in 2008. Dr. Brown was a member of the Sanibel City Council for nine years and served as mayor of Sanibel in 2002-03. He is a member of the Sanibel Captiva Kiwanis Club and serves on the boards of Sanibel Community Housing and Resources (CHR) and Sanibel Captiva Charitable Foundation of the Islands.

Donna Clarke will continue to serve as vice chairman. She is a former Florida state representative and has served as an adjunct professor with State College of Florida. Clarke earned a master's degree in industrial management from Georgia Institute of Technology, and previously owned and operated an environmental consulting firm. She currently is co-president of the Fort Myers Kiwanis Club and has served as vice-chair of the STARS Advisory Board. She has also volunteered as a math tutor at the PACE Center for Girls of Lee County.

David F. Collins will continue to serve

as treasurer. He has been a mortgage banker for over 20 years and has served as a board member for PACE Center for Girls of Lee County and as treasurer for the PACE Capital Campaign. In 2018, Collins served on the Junior Achievement Hall of Fame Committee. He serves on the De LaSalle Academy Finance Committee, was on the executive leadership team for American Heart Association Heart Walk and was an AHA Red Tie Society member.

Therese Everly will continue to serve as secretary. She is a registered respiratory therapist and licensed Florida realtor who also serves on the board of the Lee County Homeless Coalition and the advisory board for Catholic Charities, Diocese of Venice, Inc. Everly has served as a member of the City of Cape Coral Financial Advisory Board and is a former adjunct professor at Florida SouthWestern State College. She has over 30 years of health care and management experience accompanied by a degree in health care administration.

"We appreciate the officers' level of commitment and we are thankful to have such an accomplished group working to further our dedication to provide the highest quality care," said Lee Health President and CEO Larry Antonucci, MD, MBA.

In addition to the officers, other board members include Sanford Cohen, MD; Diane Champion; Jessica Carter Peer; Chris Hansen; Nancy McGovern, RN, MSM; and Stephanie Meyer, BSN, RN.✱

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Will Power

My Dad's In The ICU, And He Needs An Estate Plan



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

Several times a year, I receive a telephone call that goes something like this: "Hello, my friend gave me your name and I really need your help," the caller says.

"What can I do for you?" I begin.

"My dad needs a will... and a Durable Power of Attorney. And while I'm thinking of it, he should also have a Health Care Surrogate."

"So, it sounds like your father needs a complete estate plan. Does he have any of those documents now?"

Sometimes the answer is "No." Other times the answer is "Well, his documents were done 20 years ago, so I'm not sure they're relevant anymore."

So, my next question is, "When would he like to come in to go over his estate?"

It's usually followed by an answer that I never want to hear.

"Well, that's the problem... Dad's in the Intensive Care Unit at HealthPark. He suffered a massive heart attack and we don't know how much longer he'll be with us."

"Oh my! I'm sorry to hear that. Is he competent to discuss his estate plan with an attorney? Is he on any medications that might alter his state of mind?"

There's usually a long pause on the line before caller says, "Well, he does have lucid moments when he knows that we're in the room with him."

I feel sorry for people who get trapped in this type of situation, but honestly it falls under the category of too little, too late. Procrastination can be extremely detrimental, especially regarding something as important as creating the legal documents necessary to take care of yourself in the event of a health problem or distributing your assets to your loved ones at your death.

While not one of us likes to consider the possibilities of our decline in health or even our own demise, these are realities of life that will happen to all of us. It's not a matter of if these sorts of things will happen, but instead it is a matter of when they will happen.

The hospital ICU ward is not the ideal place to make these types of decisions. A major problem when working with a client who has recently been traumatized with a major health event is in determining whether they are legally competent to sign anything.

To create a will, for example, one must be able to understand the extent and scope of one's assets and how those assets are to be distributed under the terms of the will. It sounds like a low standard, but someone who is on morphine or other pain medications probably lacks capacity, at least at that time. And for those who suffer strokes or other brain issues, they may never recover to the point of having capacity.

Undue influence is another concern. When a patient is surrounded by particular loved ones when creating a will, there's the chance that others who were not present and who may not benefit (or benefit as much as someone else does) under the will can claim that the patient was unduly influenced, and therefore the will should be overturned. The law may actually favor the challenger as it presumes undue influence in these types of situations.

Another problem is that not all estate plans are equal. The client may need a will or they may need a trust. That depends on a variety of factors including the types and amounts of assets that they own. When you create a will or a trust, there are many sub-issues that should be carefully thought through, including who is going to serve as your personal representative, trustee, agent under a durable power of attorney and health

care surrogate. Distribution issues must be considered, beneficiary forms conformed to the estate plan, as well as life insurance, estate tax and income tax planning issues, to name a few.

Sometimes one can successfully navigate these issues while in the hospital, or even under hospice care. It's likely going to cost a lot more in professional fees since everything is on a rush basis and the attorney and their team are going to have to travel to the hospital to review documents and obtain signatures.

In short – dealing with this scenario is a nightmare for the patient and for his family.

Do yourself a favor – make sure that you don't find yourself in this situation. If you or a loved one has procrastinated completing your estate plan, hopefully this column will jump start you into getting it going.

©2019 Craig R. Hersch. Learn more at www.sbshlaw.com.✱

Lee Health Initiative To Treat Opioid Addiction

Lee Health has launched a pilot program to treat opioid addiction and address the opioid crisis in Southwest Florida. The initiative includes implementing medication-assisted treatment (MAT) for patients with endocarditis, a potential deadly heart infection.

The opioid crisis has induced a marked increase in endocarditis patients, a heart valve infection that often stems from intravenous drug use and results in multiple surgeries and hospitalizations.

Over the last two years, more than 8,000 inpatients were discharged with a substance abuse diagnosis other than alcohol or tobacco. Of these patients, nearly 340 were admitted with infective endocarditis for more than 6,000 total inpatient days and a 29.1 percent readmission rate. This is nearly double the health system's average readmission rate for all inpatients.

MAT is an evidence-based treatment that uses medication to block the effects of opioids and helps users effectively maintain sobriety and recovery. MAT works by activating opioid receptors in the brain to provide relief from withdrawals and cravings without providing the euphoria that comes from using opioids.

To make the program possible, hospitalists and emergency department doctors have applied for and received waivers to administer and prescribe buprenorphine, an opioid-like medication used to treat opioid addiction.

To date, a handful of patients have entered into the pilot program which involves the following steps:

1) Treatment of the endocarditis

infection

2) Voluntary enrollment by patients with substance use disorder, including signing a patient code of conduct agreement

3) Patient begins MAT treatment with closely monitored doses of buprenorphine

4) Patients are seen weekly by the licensed clinical social worker from Spiritual Care Services for drug addiction counseling

5) Peer specialist support from individuals with personal experience in addiction recovery that are trained to support patients on their recovery journey. Lee Health is collaborating with its community partner Operation Par to arrange for these specialists.

6) Upon discharge, patients will be given a prescription for continuing MAT and have the option of being transported to the outpatient community resource that will be providing their continuation of care

Brian Hummel, MD, a cardiothoracic surgeon at Lee Health's Shipley Cardiothoracic Center, convened an interdisciplinary team of caregivers to find a solution after seeing cases of endocarditis skyrocket. "I was alarmed by the number of patients returning to my care when they relapsed after trying standard addiction treatment. MAT has been proven to be the most effective treatment for opioid abuse, and we believe it will lead our patients to healthier lives," he said.

According to a report from the U.S. Department of Health & Human Services, MAT is the only viable treatment for opioid-addicted patients. Research shows the treatment reduces relapses, reduces risky behaviors that lead to other diseases, including HIV, and decreases the criminal behavior often associated with addiction.

"Detoxification and abstinence fail too

continued on page 28B

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Mixed Flight Champions, from left, Howard and Margaret Dwyer with Linda and Jack McCormick

Golf Scramble Proceeds Benefit Cancer Research

The 2019 Play for PINK golf scramble to benefit the Breast Cancer Research Foundation was held on February 9 and once again was a huge success with record attendance. The annual fundraiser, sponsored by Estee Lauder and held at The Dunes

Golf and Tennis Club, brought in over \$30,000.

There were 30 teams (120 players) that competed in the three flights; Mixed, Ladies and Men's. There was one winner from each flight.

Organizers thank everyone who participated and donated to the cause. A special thanks to The Sanibel Captiva Trust Company for again underwriting the luncheon.

One hundred percent of the funds raised will go toward breast cancer research. ✨



Ladies Flight Champions, from left, Carla Brosy, Rudi Hamer, Cheryl Haight and Jillian Grossenbaugh



Men's Flight Champions, from left, John Wilson, Jim Ison and Steve Greenstein. Not pictured, Paul Munns.



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Shell Point Hosting Free Seminar On Retirement

Sanibel-area residents will have the opportunity to learn about local retirement options during Shell Point Retirement Community's Shell Point Retirement Roadshow, a free informational seminar taking place at The Community House on Wednesday, March 20 from 9 to 11:30 a.m.

During this educational presentation, Shell Point's retirement counselors will

offer guests an opportunity to learn about the comprehensive lifecare options and resort-style retirement offerings available in this nationally recognized retirement community in Fort Myers near Sanibel Island.

The presentation will also provide an overview of the Shell Point community and will discuss the benefits of becoming a resident. Once the presentation is complete, guests will have the chance to ask specific questions and schedule a visit to the community for a personal tour.

"For residents that may want to learn more about the community before crossing the bridge, we're excited to travel to Sanibel and educate people on

the many benefits that Shell Point has to offer," said Ronette Ico, vice president of sales and marketing. "By bringing the presentation closer to their current homes, they can determine if it is an option they would like to consider for their life planning and, if it is, they can take the next step to come for a tour of our beautiful campus and see it for

themselves."

There is no admission charge and refreshments will be served. Seating is limited, so reservations are required.

The Community House is located at 2173 Periwinkle Way on Sanibel. For more information or to RSVP, call 466-1131 or visit www.shellpoint.org/roadshow.

Insurance Tip

What You Should Know About Renting A Home



by Angela Larson Roehl

Thinking of renting your home through vacation rentals by owner? Or how about sharing your home through Airbnb?

If so, you could be voiding out

your insurance coverage by renting or sharing your home with others

if you haven't discussed with your insurance agent beforehand. Your policy declaration will not specifically show whether you have coverage or not, so you will need to refer to the actual policy wording to determine coverage. If you don't want to waste a beautiful island day reading your insurance policy, contact your insurance professional.

There are carriers that will specifically provide coverage to homes that are a part of the Vacation Rentals by Owner and Airbnb. You just need to let your agent know so they can pair you with an insurance policy tailored to fit your needs.

Angela Larson Roehl is a local Sanibel-Captiva insurance agent with over 20 years of insurance experience. She can be reached at info@rosierinsurance.com.

FISH Hosting Seminar On Financial Health

FISH of SanCap, along with Fifth Third Bank, is offering a community presentation, Taking Charge of Your Financial Health, on Thursday, March 7 from 5:30 to 7 p.m. at the Saint Michael & All Angels Episcopal Church, located at 2304 Periwinkle Way. This workshop will help individuals and families learn how to do basic budgeting, slash their debt and boost their credit score.

Kathy Y. Monroe, FISH facilitator and program director, said, "This session will help individuals develop a plan for budgeting and saving which can lead to boosting their credit score while helping to eliminate debt. Financial health is just as important as physical health, because lacking the first can have an impact on the latter. The presenter, Ruben Perales, financial relationship manager at Fifth Third Bank, will introduce this information in an interesting and interactive manner. Persons will leave this session knowing



Ruben Perales photo provided

how to create a budget, interpret a credit score and manage debt."

This seminar is open to the community and snacks will be provided. For more information and to RSVP, contact Kathy Y. Monroe at 472-4775.

For additional information, visit www.fishofsanacap.org.

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Wimbledon Trip Up For Bid At Fundraising Gala

It's a chance to savor a once-in-a-lifetime tennis experience and help children suffering from cancer at the same time. Trips for two to Wimbledon and the Italian Open as well as a custom-designed pendant by award-winning jewelry designer Denny Wong are among the items up for bid at the 2019 Madisen's Match VIP Gala and Auction at Miramar Lakes Beach & Golf Club on Saturday, March 16. The fundraiser will begin at 6 p.m.

Decorated tennis pros will be on hand, and jazz-infused pianist and singer Danny Sinoff will evoke memories of Frank Sinatra as guests enjoy cocktails and dinner. Among those in attendance will be former U.S. Open mixed doubles champion Tom Gullikson, whose support of the event is in memory of his twin brother, Tim, who succumbed to brain cancer in 1996.

"It's a fabulous evening and a chance to celebrate a sport we love," Madisen's Match founder Duane Chaney said. "Most of all, it's an opportunity to make a real difference in the lives of children suffering from cancer."

Madisen's Match has raised more than \$1 million since it began in 2009. Chaney's niece Madisen Abramson was diagnosed with an inoperable brain



Karen Bell, and Dan and Sharon Schuyler, center, were among the guests at Madisen's Match VIP Gala and Auction last year

photo provided

tumor at age 3, but she endured the challenges to emerge as a relatively healthy teenager. Madisen will be at the gala, as well as 11-year-old Cali Trepkowski, a courageous brain cancer survivor from Cape Coral.

"Cali came dangerously close to losing her young life, but now she is a brilliant sixth-grader and an inspiration to us all," Chaney said. "I can't wait

for everyone to meet her and Madisen at the gala and see why all of us pour so much effort into supporting cancer treatment programs in Southwest Florida."

Proceeds from Madisen's Match go to the Brain Tumor Navigator Program at the Lee Health Regional Cancer Center and Barbara's Friends: The Golisano Children's Hospital Cancer

Center Fund.

Tickets are selling quickly at www.madisensmatch.com. The site includes a list of players appearing at two other Madisen's Match premier events: the Golisano Children's Hospital Pro Tennis Classic and the Madisen's Match Legends Tennis Camp, both of which are scheduled for Monday, March 18.✪



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Here's Who Las Vegas Predicts Will Win The 2019 World Series



by Ed Frank

With Spring Training in full swing, it's always fun to look how the Las Vegas oddsmakers predict the outcome of the 2019 season.

This reporter is going to keep these odds as a reference and look back at the end of the season to see just how accurate these predictions were. A complete listing of each team and its odds can be found online at www.vegasinsider.com.

I wouldn't bet the bank on these predictions. There are too many variables in baseball such as injuries and trades.

The following are some of the teams odds to win the 2019 World Series:

- New York Yankees – 6/1
- Boston Red Sox – 7/1
- Minnesota Twins – 50/1
- Miami Marlins – 1,000/1
- Tampa Bay – 30/1

Odds to win the American League Pennant

- New York Yankees – 11/4
- Boston Red Sox – 3/1
- Minnesota Twins – 25/1

Odds to win the American League Central Division

- Cleveland Indians – 1/5
- Minnesota Twins – 7/2

The 100 Best Baseball Players:

Sports Illustrated recently listed the 100 best players in Major League Baseball.

Not surprisingly the Red Sox and the Yankees lead the pack.

- Red Sox – Mookie Betts, 2; Chris Sale, 6; JD Martinez, 18; Xander Bogaerts, 49; Andrew Benintendi, 57; David Price, 94; Jackie Bradley, Jr., 96. Total – Eight
- Yankees – Aaron Judge –10; Luis Severino, 28; Giancarlo Stanton, 29; James Paxton, 56; Gleyber Torres, 70; Aaron Hicks, 78; JA Happ, 70; Total – Seven.
- Twins – Nelson Cruz – 65; Jose Berrios, 95.

And who was ranked the No. 1 player in baseball? Mike Trout of the Los Angeles Angels.

Following are home Spring Training schedules for the week of March 1 through 8:

Minnesota Twins – Hammond Stadium

- Friday, March 1 – Boston Red Sox versus Minnesota Twins – 1:05 p.m.
- Sunday, March 3 – Philadelphia Phillies versus Twins (split squad) – 1:05 p.m.
- Monday, March 4 – Baltimore Orioles versus Twins – 1:05 p.m.
- Tuesday, March 5 – Tampa Bay Rays versus Twins – 1:05 p.m.
- Friday, March 8 – Tampa Bay versus Twins – 1:05 p.m.

Boston Red Sox – JetBlue Park

- Thursday, February 28 – Washington Nationals versus Boston Red Sox – 1:05 p.m.
- Saturday, March 2 – Baltimore Orioles versus Red Sox – 1:05 p.m.
- Sunday, March 3 – Minnesota Twins versus Red Sox (split squad) – 1:05 p.m.
- Wednesday, March 6 – Pittsburgh Pirates versus Red Sox – 1:05 p.m.
- Thursday, March 7 – Minnesota Twins versus Red Sox – 1:05 p.m.*



Jim Boughton photo provided

Bob Janes Memorial Golf Outing April 10

The Lee Coast Chapter of MOAA (Military Officers Association of America) will be holding the 6th annual Bob Janes Memorial Golf Outing at Shell Point Golf Club on Wednesday, April 10. The goal is to continue support of veteran scholarships at Florida Gulf Coast University and Florida SouthWestern; Lee County JROTC scholarships and local veteran service projects. There will be a silent auction at the conclusion of the outing.

This year's honorary chair is Master Chief Terry Moy, a member of the Navy SEAL Frogman team that retrieved *Apollo 17*.

Player entry deadline is April 1 or whenever 144 entry forms are received. Registration forms are available at www.leecoastmoaa.com. Sponsorships are between \$150 and \$5,000 for a hole sponsor.

For more information on participation and donations, email leecoastmoaa@gmail.com with "Golf Outing" in the subject line.*

Hole In One

Jim Boughton had a hole in one at The Dunes Golf and Tennis Club on February 22. This is his fourth hole in one, which was shot on the 80 yard hole #2 with a 50-degree wedge and a Titleist ball. It was witnessed by Dunes members Jack Roberts, Paul Nichols and Clark Rambo.*

From page 24B

Opioid Addiction

often to be a viable option for people with substance use disorder. Opioid addiction is a disease, and we must treat it as we would any other disease, by using proven medical techniques and treatments to provide the most effective care for our patients," said Dr. Aaron Wohl, a Lee Health emergency department physician and advocate for

addiction treatment reform.

"Our goal is to provide patients with the support they need through the entire recovery process. Through progressive MAT treatment, collaboration with our outpatient community partners and compassionate emotional support, we are confident we can continue to help lead Southwest Florida's response to the opioid crisis," said Dr. Hummel.

For more information, visit www.leehealth.org.*

SPORTS QUIZ

1. Which major-league team was the first to win championships in three different divisions?
2. In 1955, a rookie pitcher led each league in strikeouts for the season. Name either pitcher.
3. Name the last non-SEC team before Troy in 2017 to beat the Tigers in LSU's Tiger Stadium.
4. In 2018, Philadelphia's Markelle Fultz became the youngest player (19 years, 317 days) in NBA history to record a triple-double. Who had been the youngest?
5. Who was the first player in NHL history to have at least 50 assists in 10 consecutive seasons?
6. What was the last NASCAR race won by Dale Earnhardt?
7. How many times has tennis great Roger Federer finished a season in the top three of the ATP rankings?

ANSWERS

1. Houston won division titles in the N.L. West, N.L. Central and A.L. West. 2. Cleveland's Herb Score (245 strikeouts) and Sam Jones of the Chicago Cubs (198). 3. UAB, in 2000. 4. Lonzo Ball (20 years, 15 days) of the Los Angeles Lakers in 2017. 5. St. Louis' Bernie Federko (1978-79 through 1987-88 seasons). 6. He won the Winston 500 at Talladega in 2000. 7. Fourteen.

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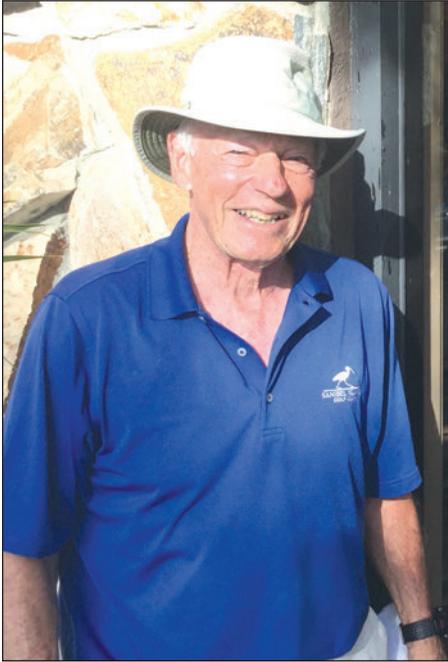
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Sanibel Island Golf Club News



Jack Tukey photos provided

The Sanibel Island Golf Club members congratulate Jack Tukey for once again shooting his age. Tukey fired an 87 during a recent men's



From left, Fred Zimmer, Roger Cogswell, Chape Whitman and Dave Bugby

league event. Unfortunately, his team didn't keep pace and finished out of the top three.

The Sanibel Island Golf Club Men's League results from Saturday had the team of Fred Zimmer, Roger Cogswell, Chape Whitman and Dave Bugby run away from the field in the One & One format. Using one best gross score and one best net score from each team, the winners were a full 10 strokes ahead. Coming in second were Jim Mulka, Chuck Bennett, Don Maurer and Gary Biltgen (blind draw). ✨



From left, Jim Mulka, Chuck Bennett and Don Maurer

Spring Training Study Shows Fan Expenditures

Spring training has a substantial impact on the Lee County economy, but it also draws fans who might not otherwise visit, who spend outside the ballpark and who plan return trips largely due to baseball.

The 2019 Major League Baseball spring training season is approaching for the two teams Lee County hosts – the Boston Red Sox at JetBlue Park and the Minnesota Twins at CenturyLink Sports Complex. In order to understand how hosting these teams benefits Lee County's economy, the

Lee County Sports Development office contracted for survey-based research of spring training attendees during the 2018 season.

- Among the findings:
- Spring training attendees spent \$68.9 million while visiting; \$56.7 million of that was spent outside the ballpark;
- 41 percent of spring training attendees only visit Lee County during spring training;
- 50 percent of attendees say that spring training is the primary reason for their visit to the area;
- On average, attendees stay in the area for five nights, and 71 percent stay in paid accommodations;
- 63 percent of visitors say they intend to return for spring training the following year. ✨

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Superior Interiors

Wonderful World Of Fabrics



by Barb Cacchione

What fabrics will make the best choice for your needs in window treatments and furniture? With the multitude of man-made and natural fibers available from which to select, it

pays to do a little homework.

Beginning with natural fibers, cotton has always been the number one choice of designers and homeowners alike. It dyes well, has unlimited styling potential, has a "soft hand," does not pill or fuzz, is durable and can be blended with other fibers in a textile. Cotton makes into beautiful, full-bodied fabrics and has long been the favorite of upholsterers. A drapery made from 100 percent cotton fabric will be crisp or flowing, depending upon the type of weave.

Wool fibers are springy, resilient, soft and extremely durable. After bleaching, wool may be easily dyed, and the fiber will retain the color depth for a long period of time. It is also expensive and not used extensively in decorative fabrics. Wool is used more in upholstery than draperies, and even then, rarely.

Silk, undeniably the most beautiful of

fibers, is known for its natural luster. There are many grades of silk from the finest organza to tussah, which is wild and has a rough quality. Direct light tends to discolor silk and disintegrate the fiber, but the proper linings can avoid these problems. Although a bit of an investment, luxury is evident in silk fabric.

Of the man-made fibers, polyester is the most often used in decorative textiles. The fiber is inherently strong, but perhaps its best characteristic is the ability to stand up under strong sunlight. Textiles of polyester are also abrasion-resistant, have a soft, warm "hand" and take dye well. It is best used as a component in drapery fabric, rather than for upholstery.

Probably the most often used textile is a combination of polyester and cotton. The best characteristics of both fibers are incorporated to produce an extremely versatile and moderately priced fabric.

Each season, we are seeing more and more "performance" fabrics being introduced into the market for both residential and commercial use. The colors and patterns are broadening quickly in this segment as are the enhanced durability and cleanability properties. These fabrics are terrific for families with young children or pets.

There are many other fibers used in decorative textiles, but the preceding includes the most common. As you become familiar with the characteristics of fibers in decorative textiles, choosing the right fabric for your needs becomes clear.

Barb Cacchione is an interior designer on Sanibel/Captiva Islands. She can be reached at barb@coindceden.com.✪

Doctor and Dietician

General Tso's Tofu



by Ross Hauser, MD
and Marion Hauser, MS, RD

If you like General Tso's chicken at Chinese restaurants, give this a whirl at home! It's a healthier version of the take-out favorite. We both loved it and hope you do too.

What you need:

2 16-ounce packages of extra firm, organic tofu, cubed, drained and blotted
2 Tbsp soy sauce or Tamari
2 Tbsp rice vinegar or apple cider vinegar

6-plus Tbsp cornstarch (varies)
Oil (grapeseed is a good choice)

For the sauce:

1 Tbsp minced garlic
2 to 3 cloves minced fresh ginger (or powder)
6 Tbsp soy sauce or Tamari
6 Tbsp rice vinegar or apple cider vinegar
6 Tbsp water or vegetable broth

6 Tbsp cane, coconut, or brown sugar (adjust to your taste)

2 to 3 Tbsp cornstarch (adjust as needed)

¼ tsp cayenne powder (or red pepper flakes)

Garnish: scallions, sesame seeds, red pepper slices

What to do:

Mix the soy sauce/Tamari and vinegar in a bowl and add the tofu cubes and let rest for at least 5 minutes.

Drain the tofu and 1/3 at a time, add to a plastic baggie with 2 Tbsp or so of cornstarch, tossing to coat. Repeat for all the tofu, adding more cornstarch as needed.

Heat oil in the bottom of a wok or pan on medium-high heat. Cook tofu cubes until all sides are golden brown. Remove from pan and set aside.

Add garlic to pan and cook for a few minutes, stirring frequently so it does not burn.

Add the remaining sauce ingredients to a bowl, stir to combine, then pour into the cooked garlic pan. Stir until sauce thickens. Taste and adjust as needed.

Add the cooked tofu and gently toss in the sauce. Remove from heat. Garnish and serve over rice.

This information is not intended to treat, cure or diagnose your condition. Caring Medical Regenerative Medicine Clinics has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@caringmedical.com.✪

Beautifulife:

Just Say It

by Kay Casperson



Why is it so hard for some people to say what they really feel? Do you speak what is indeed on your mind all the time, or do you say what you think people want to hear? Why

is it that some people tend to shy away from speaking the truth but instead either remain silent or fill the gap with words that don't really shadow their true feelings or thoughts?

There may be a few reasons that people tend to hold back, and one of them just might be that there are individuals who have over time learned to suppress their true feelings for one reason or another. There are also individuals who are so nice, they don't want to disappoint or hurt someone's feelings.

When I was a young girl growing up, I remember times that I knew my Mom was mad or upset with us, her kids, or whatever she was upset about, yet she would hold it in, maybe walk outside or walk away and would never really let it out, get mad or let us know how she was really feeling. I would say to her, "Mom, tell us how you really feel, don't be afraid to express yourself and voice your feelings!"

Now, there is a fine line that you need to pay attention to so that you are not saying things that will hurt people's feelings, but at the same time you are being honest, sincere and full

of integrity when you are talking to or with people. So, how do you keep that delicate balance so that you are not holding things in, but also feel good about your conversations?

Focus on the person you are talking to and try not to be distracted by other people, thoughts or tasks so that you can have genuine conversations.

Know that it is good to be honest and sincere with your feelings, after all, the person you are talking to may just need to hear the truth.

Keeping things bottled up inside is not healthy for your mind and your body and saying what you feel can give you an overall sense of peace, confidence and satisfaction.

Make sure you listen carefully to others so that when you speak, you say the right things, answer the right questions and speak your truth from the heart.

Remember, there is a time and a place to address certain things, so make sure you are sensitive to the conversations you have as well as when and where to have them.

My hope is that you say what you feel, mean what you say and always strive to speak the truth in love every day of your lives.

My affirmation for you this week is:

"I am learning to speak only truth and know that my words come from the depths of my heart."

Kay Casperson is a beauty and lifestyle expert, founder and CEO of Beautifulife by Kay Casperson. She owns resort spas on Sanibel and Captiva islands and manufactures beauty and lifestyle products sold across the country. To stay inspired, visit www.kaycasperson.com or follow on social media @kaycasperson.✪

Learn The Latest On Alzheimer's At Free Symposium

National experts will share information about mind and brain maintenance, healthy aging and memory care during the 7th annual Symposium on Alzheimer's Disease and Related Dementias at Florida Gulf Coast University (FGCU) on Monday, March 4 from 8 a.m. to 12:15 p.m. The free symposium, held in Cohen Center Ballroom, is presented by Florida Gulf Coast University and the Alvin A. Dubin Alzheimer's Resource Center.

"The symposium is planned for family caregivers, health care professionals and others interested in the care of memory-impaired persons," said Mitch Cordova, PhD. "However, this is a valuable chance for our community to learn from world-class scientists and practitioners. We invite everyone to join us for an interesting, enlightening and useful morning." Cordova serves as president of the Dubin Center board of trustees and vice president for student success and enrollment management at FGCU.

Three speakers will be featured: Ken Sharlin, MD; Dominic D'Agostino, PhD; and Cameron Camp, PhD.

Sharlin is a board-certified neurologist who practices general neurology, conducts clinical research and directs his functional-medicine program, Brain Tune Up!, in Ozark, Missouri. He will share information from his recent best-seller *The Healthy Brain Toolbox: Neurologist-Proven Strategies to Improve Memory Loss and Protect Your Aging Brain*. Sharlin is a three-time Ironman Triathlon finisher who shifted from a conventional neurology practice to a holistic, lifestyle-medicine-oriented approach.

D'Agostino is a University of South Florida research scientist focusing on metabolic-based outcomes and therapies, including ketogenic diets, that advance the treatment and prevention of neurological disorders and other medical conditions. He will discuss targeting brain energy metabolism and inflammation for healthy aging.

Camp is an applied gerontologist with the Center for Applied Research and Dementia in Solon, Ohio. He has retooled a teaching method traditionally used with young children to help people

continued on page 31B

Got A Problem? Dr. Connie Is In



by Constance
Clancy

Q: I find that I am always comparing myself to others. Why do I do this?

A: I believe that most of us have a tendency to compare ourselves to others. It's a

natural part of being human. At some level, comparisons can be healthy as you may feel motivated to or inspired to emulate those whom you admire. When it gets tricky is if you compare yourself to others in a judgmental way such as fear, scarcity, jealousy. Yes, we all do it time to time, however, you want to see everyone on equal ground as opposed to someone is better or worse than you. The problem is that society condones this. It can be addictive as your insecurities fuel it, and the habit becomes hard to break.

Remind yourself that it doesn't matter how much money someone makes or how perfect their life seems

to be. We all have something – humanness. We all go through various trials and tribulations regardless of what it seems to be like with someone else. When you don't put yourself above or below another, rather see yourself as an equal because your life is uniquely designed for you, a special, unique you. Remember, this takes practice, but with every situation you encounter, you will feel stronger. Be sure to work on shifting your mindset to focus on yourself and all of your unique gifts.

Select someone to whom you compare yourself and make this person your test case before you go onto others. Be sure to appreciate them and their unique gifts, and let them know you value them.

Learn from their positive points. What you admire can become a part of your own life.

Wish this person well. It will help you to value yourself and attract more success.

Constance Clancy, EdD, LMHC, LPC, NCC is a licensed mental health therapist, hypnotherapist, author and holistic stress management instructor. If you have a question, email Constance at drconstanceclancy@gmail.com or visit www.drconstanceclancy.com.✱

Health Care For Medicaid

Southwest Florida residents seeking urgent medical care now have more access to health care with Lee Health Convenient Care. Lee Convenient Care urgent care clinics are now accepting 95 percent of Medicaid plans in the region, including Vivida Health, bringing high-quality care to low-income residents enrolled in a Medicaid health plan.

Medicaid is a joint state and federal government program that provides health coverage for low-income adults, children, pregnant women and people with disabilities.

"Many Medicaid participants aren't aware their health plan covers walk-in clinics and instead choose the emergency department for nonlife-threatening treatment. We're proud to now offer more options for patients," said Kris Fay, chief administrative officer of Lee Physician Group. "Convenient Care are a great option for patients who don't have a primary care physician and are a great alternative to using the emergency department – especially during season."

Plans now accepted include: Aetna Better Health; Children's Medical Services (CMS) through Wellcare of Florida; Florida Community Care (FCC); Humana Medicaid; Molina Healthcare Of Florida; Sunshine State Health Plan, Inc.; Vivida Health; and WellCare (Staywell) Medicaid HMO.

Urgent care clinics are appropriate when:

You have a nonlife-threatening medical emergency; you're unable to make an appointment with your primary care doctor; you don't have a primary care physician.

No appointment is necessary.

By knowing the best place to go for

your medical care, you can get in and out of the doctor's office faster and avoid a busy emergency room. If you have a life-threatening illness or injury, remember always to call 911 to seek immediate medical attention.

Lee Health offers four walk-in clinics. Convenient Care locations include:

16230 Summerlin Road, Fort Myers – 7 a.m. to 7 p.m. daily

4771 S. Cleveland Avenue, Fort Myers – 7 a.m. to 7 p.m. daily

13340 Metro Parkway, Fort Myers – 8 a.m. to 8 p.m. daily

1682 NE Pine Island Road, Cape Coral – 7 a.m. to 7 p.m. daily

Kids Urgent Care, located in the Golisano | Nicklaus Children's Health Center, 3361 Pine Ridge Road in Naples, is open from 11 a.m. to 11 p.m. daily.

For more information, visit www.leehealth.org, or call 481-4111.✱

From page 30B

Free Symposium

with Alzheimer's disease regain skills lost to their illness. Camp will talk about a new model of memory care in resident-driven communities.

The symposium is offered at no charge to the public. Call 437-3007 for registration. Three CEUs are available for nurses, nursing home administrators, professional guardians and social workers; the CEU fee is \$50.

The symposium is presented by FGCU's Marieb College of Health & Human Services and the Alvin A. Dubin Alzheimer's Resource Center, a United Way partner agency. The featured speakers sponsor is Grant Fridkin Pearson Attorneys and Counselors at Law.

FGCU's Cohen Center Ballroom is located at 11090 FGCU Boulevard North in Fort Myers. For more information, visit www.alzheimerswfl.org.✱

dearPharmacist

Sarsaparilla Herb Good For More Than Root Beer



by Suzy Cohen, RPh

Dear Readers: Cowboys drank sarsaparilla soda in the Old West. When you first hear "sarsaparilla," you might think of soda. This herb comes from the roots of a woody vine called

Smilax, which belongs to the Lily family. It still is used as a popular flavoring of cola and root beer in some countries. If you want to pronounce it out loud, just say "Sass-Parilla" to keep it easy.

Another cola flavoring was the coca leaf, which gives us cocaine. In 1885, Coca Cola was initially put into marketplaces with trace amounts of cocaine, about 1/400 of a grain of cocaine per ounce of flavoring syrup. Coke wasn't totally free of cocaine until 1929. That's how they got the name, from its two medicinal ingredients, which were coca leaves and kola nuts.

Sarsaparilla has nothing to do with cocaine. It is considered good liver support and helps protect the liver from damage. Your liver is under tremendous assault and works 24/7. It has to filter out the toxins from our environment, and all the chemicals from the food you eat, as well as your medications and alcohol or nicotine if you consume that.

Liver –The liver is your detoxification organ, and sarsaparilla can definitely help you. Several animal studies have shown that rats fed a diet containing sarsaparilla herb have significantly less damage to their

liver as compared to control rodents.

Skin – Psoriasis is a chronic inflammatory skin disease, which can be very frustrating and painful. Irritated skin has a tendency to get infected, because it has lost its normal epidermal barrier, so getting a bad infection in an area of active psoriasis or eczema is unfortunately quite common. Sarsaparilla reduces risk of these infections and improves the inflammation associated with the condition thanks to "astilbin," a biologically active compound in sarsaparilla. People apply topical poultices, creams, salves or take the herb internally.

I write to millions of people a week, so be sure you check with someone in-the-know about your individual case before taking this because I cannot medically advise.

Some of our boomers will remember "sarsaparilla" soda, but it's not available in the U.S. anymore. Even still, the root beer or sodas that ARE still available do not contain actual sarsaparilla, only man-made flavorings that mimic the taste of the natural herb.

The best way to take this herb is by tea, capsule, extract, cream or tincture. Sometimes, lower quality formulas contain a completely different herb called "Indian Sarsaparilla" (from Hemidesmus), which is not related to true sarsaparilla, despite the similar name. So look for "smilax" or "smilacaceae" as the genus name on the "Supplement Facts Box" or product label while shopping.

There are very few reported side effects of sarsaparilla, but that doesn't mean there are none. They're just not reported. I think the most common reactions might be allergic reactions or perhaps indigestion, itchiness or rash.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.SuzyCohen.com.✱

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Naples Philharmonic	597-1111
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Sanibel Music Festival	336-7999
Sanibel-Captiva Art League	sancapart.com
SW Florida Symphony	418-0996
Symphonic Chorale of SW Florida	560-5695

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Audubon Society	472-3744
CHR Community Housing & Resources	472-1189
Community Foundation of Sanibel-Captiva	274-5900
COTI Committee of the Islands	coti@coti.org
CROW - Clinic For The Rehabilitation of Wildlife	472-3644
Democratic Club of the Islands	Demclubislands@gmail.com
Disabled Am Vets #108 (San-Cap Rep Ted Tyson) Help 211	984-5920
FISH OF SANCAP Neighbors Helping Neighbors	472-4775
FISH. OF SANCAP 24-hr service	472-0404
Sanibel Island Fishing Club	472-8994
Horticultural Society of the Islands	472-6940
Horticulture and Tea Society of Sanibel and Captiva	472-8334
Kiwanis Club	677-7299
League of Women Voters	sanibelLWV@gmail.com
Lions Club, Jeff MacDonald	302-521-1158
Master Gardeners of the Islands	472-6940
MOAA - Military Officers Assc. of America, Alex MacKenzie	395-9232
Newcomers	472-9332
Notre Dame Club of Southwest Florida	768-0417
Optimist Club	472-0836
PAWS	472-4823
Rotary Club	472-7257 or 472-0141
Sanibel Bike Club	sanibelbicycleclub.org
Sanibel Beautification Inc.	470-2866
Sanibel-Captiva Orchid Society	472-6940
Sanibel-Captiva Power Squadron	www.sancapboating.club
Sanibel-Captiva Republican Caucus	395-0819
Sanibel-Captiva Shell Club	facebook.com/sancapshellclub 267-7291
Sanibel Youth Soccer	www.sanibelsoccer.org 395-2040
United Way of Lee County	433-2000
United Way 211 Helpline 24 hour	211 or 433-3900
Zonta Club	728-1971

ISLAND ATTRACTIONS	
Bailey-Matthews National Shell Museum	395-2233
JN "Ding" Darling National Wildlife Refuge	472-1100
Sanibel Historical Museum & Village	472-4648
SCCF Sanibel-Captiva Conservation Foundation	472-2329

To be listed in calling card email your information to: press@islandsunnews.com

PETS OF THE WEEK

photos provided

Lee County Domestic Animal Services

Axle And Molly



Axle ID# A765993

Hi, my name is Axle. I am told I am one of the brightest students in our training classes. I am a 4-year-old male pit bull mix who has learned sit, down, roll-over (almost!), respect for the gate and doorways and leash manners. If you go to LCDAS' Facebook page, you can find videos of my training and see not only how smart I am, but how much fun I have while learning. Come to the shelter and let the staff and volunteers show you all I have learned and make me a part of your family today.

My adoption fee is \$50 and may be reduced to \$25.

Hi, I'm Molly. I am a 1-year-old female domestic medium hair who is a sweet girl that needs someone that will allow me to come out of my shell and be my constant companion. Once you gain my trust, I will curl up next to you and nudge your hand to let you know it time for more



Molly ID# A768401

loving. I am a stunning girl with a petite stature. The adopt-one-get-a-feline-friend at no additional charge would be great for me as I would do well with a friend at home.

My adoption fee is \$50 and may be reduced to \$25.

For the month of March, all adoptions will be reduced to \$50 with an approved application. Adopters will also get the chance to pick a lucky shamrock during "Lucky Charm" month to reduce the reduction fee to just \$25.

The adoption package includes spay or neuter, microchip, up-to-date vaccinations, county license and a 10-day health guarantee. This is a \$500 package. Volunteers and staff are waiting to introduce your new family member.

The shelter is open to the public Monday through Saturday at 5600 Banner Drive in Fort Myers. Adoptions are available 10:30 a.m. to 3:30 p.m. Monday through Saturday. For information, visit Lee County Domestic Animal Services at www.leegov.com/animalservices or call 533-7387.*

Haven on Earth Animal League

Lily And Sylvia



Lily

Hi, I'm Lily! I'm a beautiful 2-year-old female tabby with a white bib. I have been fully vetted and brought up to date on all vaccines. My adoption fee is \$100. Come see me at Petco in Gulf Coast Town Center.

Hello, I'm Sylvia. Aren't I just adorable? I'm



Sylvia

only 6 months old and a very sweet little girl. I'm currently staying with a foster family and would really like a home to call my own! My adoption fee is \$100 which includes vaccines and spaying.

We are being cared for by Haven on Earth Animal League. For more information, call Diane at 860-833-4472 or email havenonearthanimalleague@yahoo.com.*

PUZZLES

Answers on page 39B

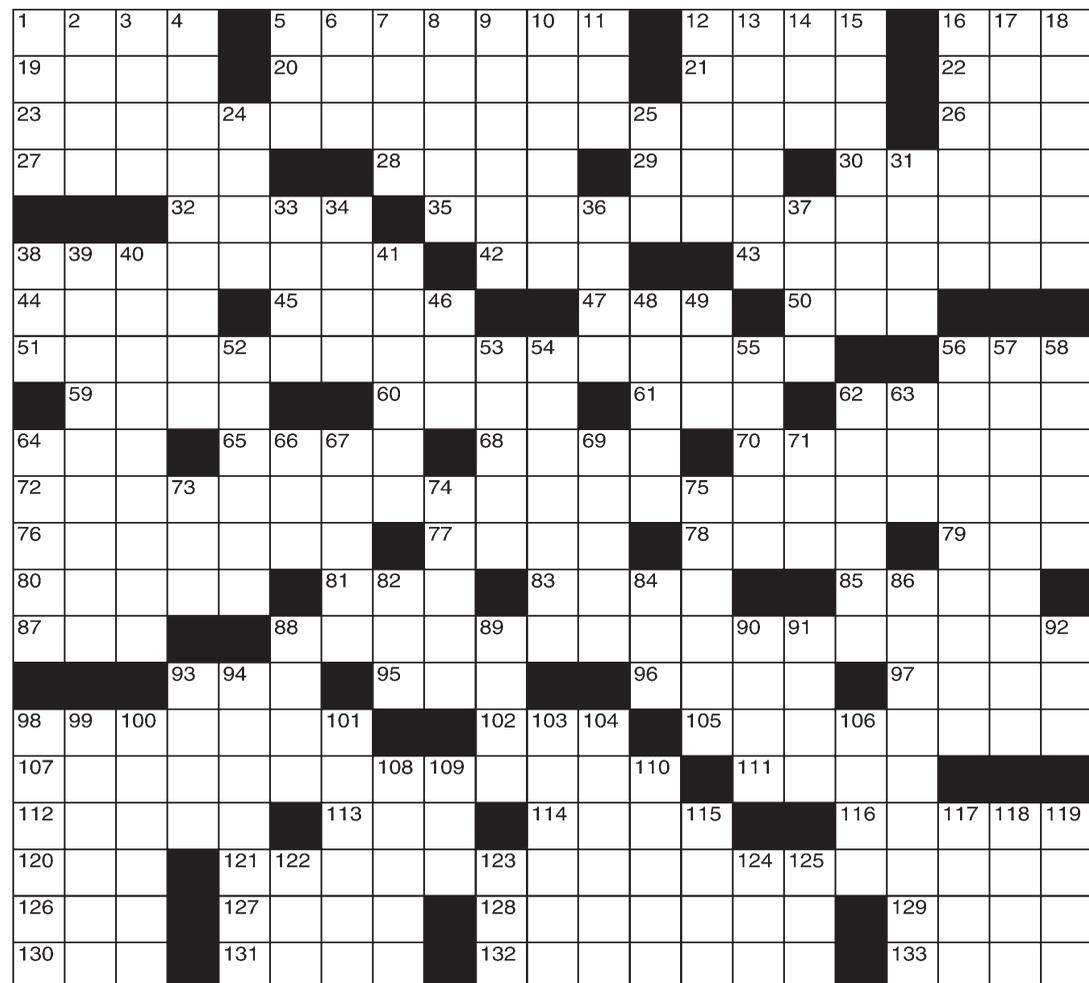
Super Crossword

"SO THERE!"

- ACROSS**
- 1 Mrs., in Munich
 - 5 Spa offering
 - 12 Tartan wearer
 - 16 Second afterthought in a letter, for short
 - 19 Work for
 - 20 Barber's tool
 - 21 Made cloth
 - 22 Arena cry
 - 23 Ghost of a bricklayer?
 - 26 A bit more than zero
 - 27 Kitchen range brand
 - 28 "— never fly"
 - 29 Toronto's prov.
 - 30 Fall bloomer
 - 32 Passport stamp
 - 35 Put herbs and spices on a James Bond actor?
 - 38 Greek vowels
 - 42 Mr., in Mysore
 - 43 Ideal
 - 44 Deicing stuff
 - 45 Stable baby
 - 47 JFK's veep
 - 50 Suffix with final or novel
 - 51 Comfort given by the last Stuart monarch?
 - 56 Sponge (up) and the Swan
 - 60 Tyne of TV
 - 61 108-card party game
 - 62 Gray shade
 - 64 Weaken
 - 65 609-homer Sammy
 - 68 Lovers' deity
 - 70 Person hugging, say
 - 72 Has an affinity for people who are calming influences?
 - 76 Food, archaically
 - 77 "— it a pity?"
 - 78 "Cheerio!"
 - 79 "Norma —" (1979 film)
 - 80 Pencil wood
 - 81 Lilt syllable
 - 83 Backpack fill
 - 85 Fine spray
 - 87 Naval acad. grad
 - 88 More rational hunch?
 - 93 Decide on, with "for"
 - 95 See 64-Down
 - 96 Henchman helping Hook
 - 97 Blogger Klein
 - 98 Grassland
 - 102 Certain hosp. test
 - 105 Most meager
 - 107 Hasty, sloppy application of talc?
 - 111 Arduous walk
 - 112 Taunting remarks
 - 113 Eternally, to bards
 - 114 Post-op areas, often
 - 116 Qdoba dip
 - 120 Year, to Pedro
 - 121 Stupefying someone with liquor
 - 126 Sea, to Pierre
 - 127 Gloomy
 - 128 Entered furtively
 - 129 Ohio or New York county
 - 130 'Zine team
 - 131 Modern "Seize the day!" for short
 - 132 Gives a nod
 - 133 Performs like Kanye West
- DOWN**
- 1 Cheese that crumbles
 - 2 Chicago mayor — Emanuel
 - 3 Territory
 - 4 Like surprise guests
 - 5 "Siesta Key" channel
 - 6 Shapiro of radio
 - 7 "Yes, yes!," to Pedro
 - 8 "24: Legacy" actor Jimmy
 - 9 Saunters
 - 10 Actress Sarah Michelle —
 - 11 Poetic "prior to"
 - 12 Football player Lynn
 - 13 Sam's Club alternative
 - 14 — -lacto-vegetarian
 - 15 Lessees
 - 16 For the time being
 - 17 Chain of bakery-cafés
 - 18 Singer Crow
 - 24 Finger part
 - 25 Bovine noise
 - 31 Sulky mood
 - 33 Den fixture
 - 34 After a while
 - 36 Grain tower
 - 37 Sheriff Taylor's kid
 - 38 Atty.'s name follower
 - 39 He co-founded Microsoft with Bill Gates
 - 40 Sominex and Nytol, e.g.
 - 41 Light shoe
 - 46 Grassland
 - 48 Pink wine
 - 49 Mo. #1
 - 52 Suez Crisis figure
 - 53 Tons
 - 54 Serum injector
 - 55 Winter drink
 - 56 Really big
 - 57 Collect-call connectors
 - 58 In itself
 - 62 Dojo mat
 - 63 Gray shade
 - 64 With 95-Across, wide keyboard key
 - 66 Fess (up to)
 - 67 Brief quarrel
 - 69 River romper
 - 71 Ton
 - 73 Singer Sumac
 - 74 Forest vine
 - 75 Does some harping?
 - 82 Polish, e.g.
 - 84 Stubborn equine
 - 86 Rink athlete
 - 88 Move slightly
 - 89 Attracted
 - 90 Mo. #9
 - 91 Bosc, e.g.
 - 92 Rebellion figure Turner
 - 93 Seine feeder
 - 94 Study of poetic rhythm
 - 98 Minecraft, e.g.
 - 99 Wrecked
 - 100 Shady spots
 - 101 Impressive sight
 - 103 Mandates
 - 104 Some lizards
 - 106 Repose
 - 108 — -Canada (oil biggie)
 - 109 Bruins great Bobby
 - 110 Russian money
 - 115 Not masked
 - 117 Turkish money
 - 118 Cut, as hair
 - 119 Many years
 - 122 Egg — yung
 - 123 Simile center
 - 124 Grab a chair
 - 125 Put- — (deceptions)

King Crossword

- ACROSS**
- 1 Beavers' structure
 - 4 Second letter
 - 8 Wild and crazy
 - 12 Indivisible
 - 13 Mideast airline
 - 14 Sheltered
 - 15 Gin, e.g.
 - 17 Grad rags?
 - 18 First murderer
 - 19 Iron
 - 20 Suitor
 - 22 Paddock parent
 - 24 Long-running Broadway musical
 - 25 Pheasant or grouse
 - 29 Fuss
 - 30 Dental filling
 - 31 Ultramodern (Pref.)
 - 32 Backyard attraction
 - 34 Somewhere out there
 - 35 Feedbag fodder
 - 36 Surprise big-time
 - 37 Engine
 - 40 Unwanted email
 - 41 On in years
 - 42 Morning garb
 - 46 Entreaty
 - 47 "Super-food"
 - berry
 - 48 Grecian vessel
 - 49 Transmit
 - 50 Group of cattle
 - 51 Despondent
 - 8 Capital of Croatia
 - 9 Shaving cream additive
 - 10 Information
 - 11 Longings
 - 16 Speaker's spot
 - 19 Quarry
 - 20 Wound cover
 - 21 Gully
 - 22 Soda shop orders
 - 23 Asian nurse
 - 25 Summertime pest
 - 26 Notorious
 - 27 Caboose's place
 - 28 Collegian quarters
 - 30 Construction piece
 - 33 Gizmo
 - 34 Winged Garden intruder
 - 37 3-Down's creations
 - 38 Leering look
 - 39 Adolescent
 - 40 Luminary
 - 42 "Humbug!"
 - 43 Expert
 - 44 Lingerie item
 - 45 Conclusion
- DOWN**
- 1 "What's up, —?"
 - 2 Literary collection
 - 3 16th-century cartographer
 - 4 Start
 - 5 Verve
 - 6 Highland hat
 - 7 Brewery prod-

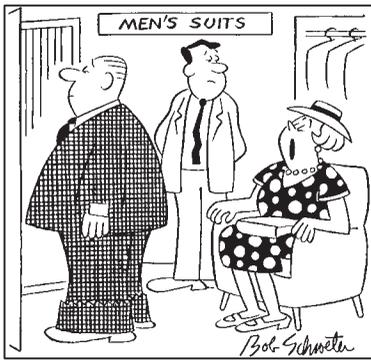


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 R P I D N L J H A R T F T D B
 Z O T O D X V T E N S S R Q O
 M R K S B **L U T E N I S T I** H
 F G E D I O E B S L N S Z Y W
 D A V M T P R R A I I Q T O N
 L N K I M H R B E S L F D C A
 Z I A U X U M A S P O L W V U
 S S R B R Y R A H Q I O E N M
 K T J I C H B D F E V P D C B

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

- Bassist
- Fiddler
- Oboist
- Trumpeter
- Cellist
- Flutist
- Organist
- Tubist
- Cymbalist
- Harpist
- Pianist
- Violinist
- Drummer
- Lutenist
- Piper



"Better get a size larger—don't forget, you haven't had _____ yet."

answer on page 38B

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Grasp
RENAL

Revise
DEMAN

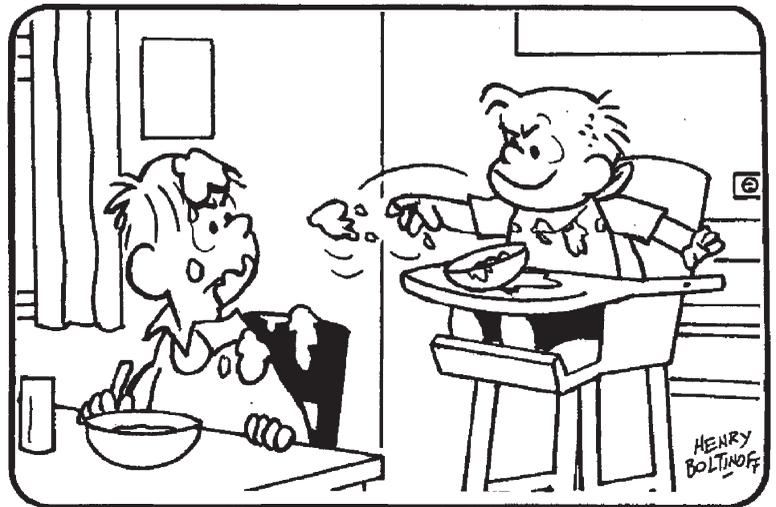
Steal
ATREPI

Assist
EVERS

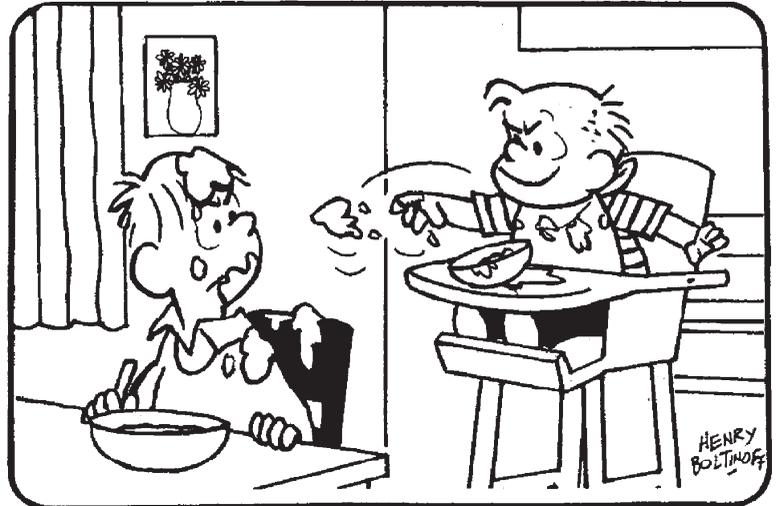
TODAY'S WORD

HOCUS-FOCUS

BY HENRY BOLTINOFF



FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS



Differences: 1. Baby's shirt has stripes. 2. Picture is different. 3. Curtain covers window. 4. Boy's bowl is larger. 5. Wall outlet is missing. 6. Boy's glass is missing.

		8	5			3		
9					7			6
	5			1				7
		4	7	6		1		
6					5			3
	3		9					4
	7		6					1
4				3		2		
		2			8			9

SUDOKU

To play Sudoku: Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

answer on page 39B

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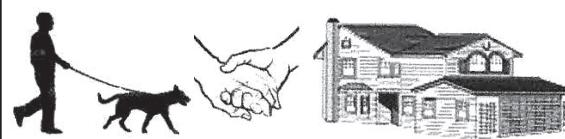
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FOR WEEK OF MARCH 4, 2019

Aries (March 21 to April 19) Your efforts in behalf of a colleague do not go unnoticed, let alone unappreciated. Meanwhile, arrange to spend more time investigating that troubling fact you recently uncovered.

Taurus (April 20 to May 20) Devoting a lot of time to a current career move means having less time for those in your private life. But once you explain the circumstances, they should understand and be supportive.

Gemini (May 21 to June 20) Organizing

your many duties in order of importance should help you get through them pretty quickly. Additional information puts that still-to-be-made decision in a new light.

Cancer (June 21 to July 22) Lingering bad feelings over a recent misunderstanding should fade as reconciliation efforts continue. Meanwhile, vacation plans might need to be revised because of new developments.

Leo (July 23 to August 22) Love dominates the Lion's heart this week, with Cupid shooting arrows at single Leos and Leonas looking for romance. Partnered pairs also enjoy strengthened relationships.

Virgo (August 23 to September 22)

"Getting to Know You" should be the single Virgo's theme song as you and that special person discover more about one another. That workplace situation needs looking into.

Libra (September 23 to October 22) You might be upset at having your objectivity questioned in the handling of a dispute. But it would be wise to re-examine your feelings to make sure you're being fair with both sides.

Scorpio (October 23 to November 21) A family dispute creates mixed feelings about how you hope it will be ultimately resolved. Best advice: Stay out of it and let the involved parties work it through by

themselves.

Sagittarius (November 22 to December 21) Making an effort to smooth over even the smallest obstacles now will go a long way to assuring that things run smoothly once you're set to move on with your plans.

Capricorn (December 22 to January 19) A challenge to your authority can be upsetting, but your longtime supporters want you to defend your position so you can win over even your most adamant detractors.

Aquarius (January 20 to February 18) Being unable to get involved in a friend's problem calls for an honest approach. Provide explanations, not excuses. Another

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friend might be able to offer support for your decision.

Pisces (February 19 to March 20) You find yourself swimming in circles, looking for some way to get back on a straight course. But things get easier once you're able to refocus your energies.

Born This Week: You're known for your charm and your wisdom, and there's no one who wouldn't want you to be part of his or her life.

STRANGE BUT TRUE

• It was French-German physician, philosopher and humanitarian Albert

Schweitzer who made the following sage observation: "In everyone's life, at some time, our inner fire goes out. It is then burst into flame by an encounter with another human being. We should all be thankful for those people who rekindle the inner spirit."

- You might be surprised to learn that famed lover and heartbreaker Casanova eventually became a librarian.
- In parts of Illinois, it was once illegal to put a cake in a cookie jar.
- If you've ever yelled out a warning in panic - "Stop!," "Run!," "Don't!" - you've used a monepic sentence; that is, one that is complete with just a single word. Of course,

at the time you probably weren't concerned about the grammatical nature of your utterance.

- If you're like the hypothetical average person, your mouth will create 10,000 gallons of saliva over the course of your lifetime.
- It's been reported that the country's first pizza parlor was in New York City - naturally. It opened in 1885, but barely got by. In 1895, it was sold for a mere \$200 - small change even in those times.
- The bearded vulture is the only known animal whose diet is made up almost exclusively of bone.

• It's a well-worn trope that men refuse to stop and ask for directions when they're lost. That point of view might seem to be supported by the results of a survey conducted by the American Automobile Association, which found that just 34 percent of male drivers admit to stopping to ask for directions. However, the same survey found that only 37 percent of women did the same.

THOUGHT FOR THE DAY

"It is no measure of health to be well adjusted to a profoundly sick society."
- Jiddu Krishnamurti

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SCRAMBLERS

1. Learn; 2. Amend;
3. Pirate; 4. Serve
Today's Word
DINNER

To advertise in the *Island Sun*
Call 395-1213

ROGER NODRUFF ELECTRIC
Dock Lighting, affordable LED conversion. FPE panel replacement, Landscape Lighting. Generator Sizing, etc, etc, etc.
Call or text Roger 239-707-7203
State License #13002788
4/20 * TFN



Just Reduced

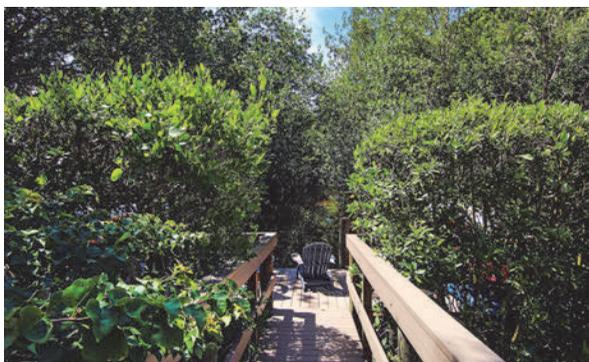
Gulf-Front Residence in Moonshadows
 Expansive views from beachside home in small unique community with shared pool & tennis. ~3,100 sq. ft. of living space. \$1.549M



Stunning Renovation in Shell Harbor
 With 140' on deep-water canal with dock/lift. Big waterside pool. Remodeled inside & out. Great room plus den, 3 suites, & loft. \$2.495M



Gumbo Limbo Lot Backing to Preserved Land
 One of last vacant parcels in popular mid-island community, convenient to causeway, beaches, bike paths, & shopping. \$249K



East-End Residential Captains Walk #B2
 Cozy easy-living ground-level 1 bedrm with carport. Updated bath, HVAC, & appliances; upgraded windows. Canal access too. \$239K



Lot at 9270 Kincaid Ct in Belle Meade
 Midway down private sandy road, away from San-Cap Rd, handy to Refuge, Rec Center, school, bike path, & shopping. \$149K



Pointe Santo Penthouse With Roof-Top Deck
 Rare 3 bedrm with expansive views over tropical lagoon to gulf. Enjoy vacationing at this mini-resort & great income too. \$1.035M



Beach-Front Walk-Out Sanibel Arms West #E2
 This view plus expanded open kitchen, washer/dryer, 2 bedrms with updated baths, & easy on-site rentals with low fees. \$874K



Investors' Delight at Signal Inn #4
 Cozy remodeled gulf-peek 1 bedrm in beach-front pet-friendly complex off the beaten path. Easy income, makes financial sense. \$499.9K



Steps to Gulf Shores Beach Access
 Easy-living ground-level remodeled split-plan 4 bedrm 3.5 bath with central great room, pool, spa, outdoor kitchen, & more. \$899K



Bay-Front Beauty in Sanibel Harbour
 1238 Isabel Dr, offered during transformation. Over 5,000 sq. ft., 3-car garage, bayside beach & pool, plus dock/lift in boat basin. \$3.495M



Rare Ground-Level 3 Bedrm on Bay
 Lighthouse Point #128 is private corner location with light water views from side windows. Great rm & master face bay. \$699K



472-HOME (4663)
 888-603-0603

2242 Periwinkle Way, #3

More info & real estate
 blog at SanibelSusan.com